

Nada Yoga (Sound Healing)

30 Plus

Ancient Instruments
Including Didgeridoo,
Djemebe, Gongs, Singing
Bowls & more

Originating from
Java Tribe Indonesia,
Australian Aborigine Tribe
& Indian Tribes

Session Duration 2.5 Hour

Individual: 1.5k Aed

Couple: 2.5k Aed

Group (Min 5): 700 Aed/person

Discounts available for multiple sessions,
We suggest minimum 3 Sessions for deeper healing experience

Benefits

**Relieve Stress, Pain & Emotions Release.
Enhance Focus, Mental Clarity & Achieve Balance.**

Experience:

**Transform through Sound Healing with 30+ Ancient
Instruments & enter a deep state of healing.**

**Release Natural DMT which fosters spiritual growth &
personal transformation.**

Facilitators:

**Sagar Dugani & Sanket Dugani
Globally Recognised Sound Therapists**

**The sound healing session duration is 60-90 minutes rest 60-90
minutes is to understand the issue and work towards the same
before and after the session.**

MEET THE INSTRUCTORS

ACHIEVEMENTS

- Worked with more than 15000 people through the world
- Worked with 5000+ people in Dubai in two years.
- World Leaders Award by "H.H Sheikh Obdulhakim Obaid Suhail Buti Al Maktoum"
- Awarded Outstanding Sound Healing Therapist, Dubai Mastermind Awards 2024
- Featured in multiple news channels, India & Dubai
- Interviewed in Lovin Dubai Channel for the Sound Modality
- Nominated for best artist by Musivv Dubai 2023

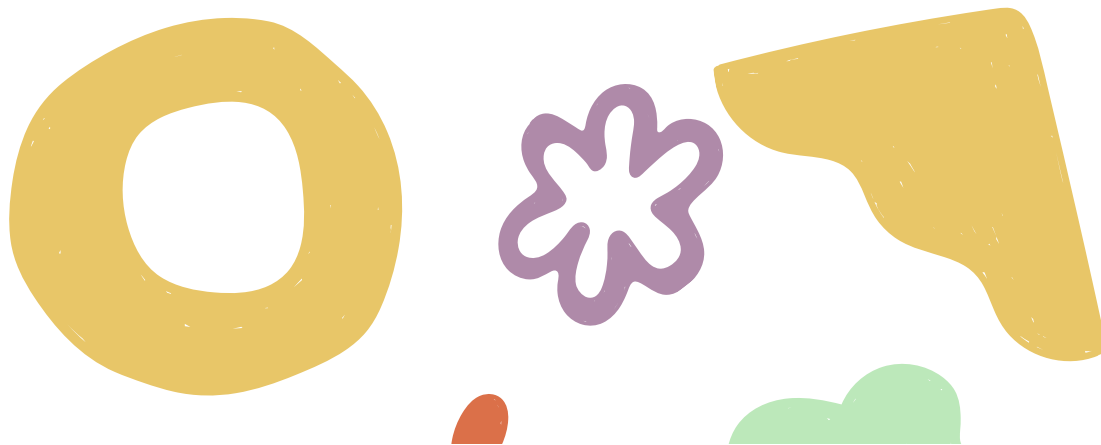


SAGAR DUGANI



SANKET DUGANI

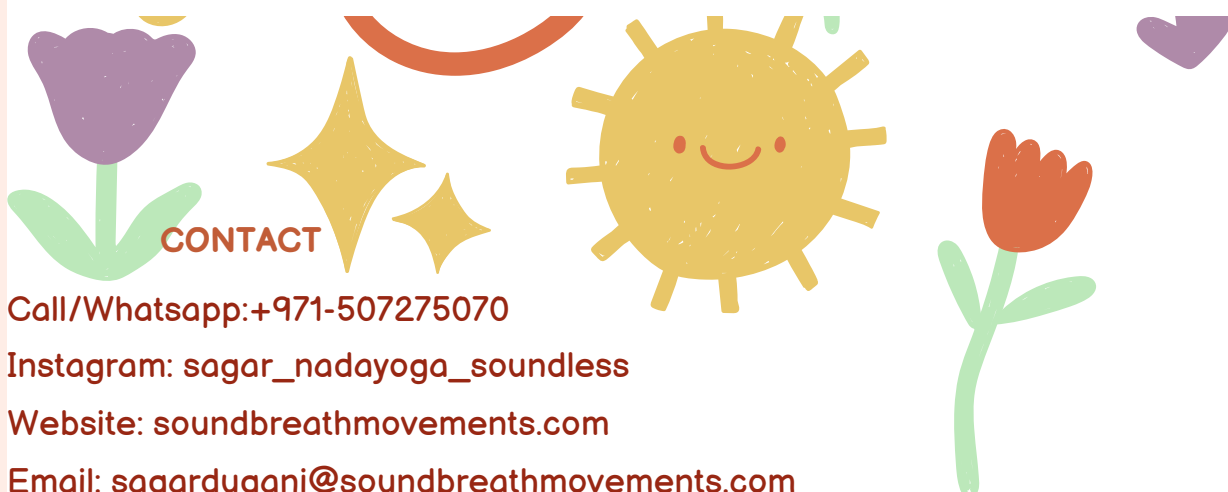
MORE ABOUT SAGAR DUGANI



I Have done Bachelor's & Master's in Business Management with a specialisation in Human Behaviour, Psychology, Economics, Marketing & Finance. I have worked with Corporate for 11 years as a Senior Data Analyst now transitioning into the journey of self.

I have been into fitness for more than 15 years of my life which pushed me to start a new chapter.

In my present I practice sound, breath & movement modalities & how they function in our body. I play more than 15 instruments attended more than 50 sessions from different shamans, practicing each instrument for more than 1000 hours & devised methods to raise the awareness of self. Sharing the practices forward with Kindness, Clarity & Strength



CONTACT

Call/Whatsapp: +971-507275070

Instagram: [sagar_nadayoga_soundless](#)

Website: soundbreathmovements.com

Email: sagardugani@soundbreathmovements.com



Reviews

Sagar's Sound Healing Therapy truly stands out as something extraordinary. His remarkable skill in using these instruments with a special purpose shines through, gently dispelling any negative beliefs and states within the body, mind, and soul. Sagar's immense support has played an invaluable role in my healing journey, guiding me from a life-threatening illness to a place of near-perfect functionality. He has skillfully created an environment brimming with unconditional love, compassion, empathy, and a magical intention to aid in my recovery. I wholeheartedly recommend Sagar's therapy to anyone experiencing any form of discomfort or hindrance. Whether it's about overcoming obstacles or simply seeking rejuvenation, his transformative approach can work wonders.

Warmest regards, Theo

"I have done 4 sessions with Sagar on sound healing and it's been a powerful therapy for me. I didn't know anything about sound healing before and I found it just by chance. The first session was so powerful to me that I knew I had to continue. I was working on emotional traumas, trying to understand myself and heal, as well as on a physical level trying to correct certain deficiencies.

During the sessions I could see my emotions taking shape and my internal organs moving. On my personal experience, these sessions have changed my life. I have learnt the power of sound and vibration and how it affects your body in a molecular level, it's fascinating! Sagar is very knowledgeable and explains everything in a very understandable way. He is such a kind and warm person, he cares about those seeking healing and makes you feel comfortable so the healing happens. I'm telling all my friends to try it as it can help in so many ways.

- Marea Tudela

"Sagar is a very special soul! His sessions are so powerful and yet delivered with a gentle and kind touch to it. I like to say that sound healing takes you on a journey, but Sagar has the ability to take you on multiple journeys in one session! I have attended Sagar's sessions and also done a second sound healing course with him as I felt there was so much more to explore, we went on this journey and I found answers to questions I didn't think I had. I left feeling like a treasure box with all the learnings but even more from my time spent with this magical soul. Thank you Sagar ♥ shine bright my beautiful friend ✨"

- Micaela Arruda

Sagar_Nadayoga_Soundless: [Instagram](#)
Website: www.soundbreathmovements.com
Reviews: [Trustpilot](#)
Reviews: [Google](#)

