

**"Do you know?  
I love you  
as much as I love myself and the sky."  
— My Conversations with the Instruments**

# *Tales Under a Purple Sky*



**Details Of The Instruments Used In The  
Sessions!**



# PRAYER JOURNAL

JOURNEYING WITH **FAITH**,  
**ONE PRAYER** AT A TIME.

## List Of The Instruments

1. Ancient Bells
2. Ancient Indian Instrument Gejji
3. Cajon
4. Bongo
5. Ancient Rattlers & Shakers 10 different kinds
6. Shamanic Flute
7. Three Ancient frog instruments
8. Ancient Ocarina
9. Storm Sound
10. Bird Sound
11. Two Wind Pipes
12. Russian Vargan
13. Ancient Danmoi
14. F-Frequency Mouth Harp
15. Personalized DNA instrument  
only one of its kind in the entire world.
16. Fire Element Wind Chime
17. Water Element Ocean Drum
18. Two Ancient Bells



# Source Of Sound?

## List Of The Instruments

19. Three sets of handmade (7 Singing Bowls). Full Moon, Mid Moon & New Moon.

Personalised & unique to my practice made by a sound healer/master/guru who learnt Nada Yoga (Sound Healing) from his grand mother He is one of my Guru & Master as well where I learnt Nada Yoga.

20. Personalised and the only one of its kind handpan made by a handpan player & a practitioner for 10 plus years.

21. D Frequency Didgeridoo 2 in numbers.

22. C Frequency & multiple Frequencies Carbon Fibre Didgeridoo from Europe

23. F Frequency Ancient Didgeridoo Made by another another Guru/Master/shaman who practices Didgeridoo since more than 15 years.of his life, he is my other guru as well where I spent 3 years of my life under his practice & this didgeridoo has had a significant impact in mine and 1000's of peoples towards the journey of self.

24. E Frequency Didgeridoo which is can shift into 5 different Frequencies.

25. One Ancient Handmade Djembe from African Nation

26. The Only Gong of it's Kind personalised towards my practice hand beaten again by the same Guru who made the Singing Bowls.

27. The only one of its kind ancient Gong which is small but can handle more than 250 people which was given to me by another master, who is doing sound healing sessions since 30 plus years, He is 50 plus years Old.

28. Neptune Planetary Paiste Gong from Europe.

29. One Indian Ancient Ghanti.

30. Dream Ball from Java Tribe, Bali.

31. Wooden Chime from Java Tribe, Bali.

32. Bells, Shakers & Wooden Percussion instruments from Java Tribe, Bali.

33. Shamanic Drum from Java Tribe, Bali.



# BREAKING BOUNDRIES



The instruments I use are a unique collection, each one personalized for my practice by various practitioners, Gurus, Masters and shamans from around the world. I have dedicated months and even years to learning under their guidance, immersing myself in their teachings for 24 hours a day. For the entirety of my life, I worked entirely for free as part of my community service and Guru Seva, committing wholeheartedly to my growth and learning.

These instruments have played an immense role in my personal healing journey, not only physically but also in my emotional well-being. They have impacted my entire family, which includes more than 1,000 members. Today, despite years of conflicts and disagreements, I am connected to each one of them—thanks to these instruments and the wisdom of the Gurus, Masters, shamans, and practitioners who have shaped my path.

The value of these instruments and the people behind them is priceless. After more than 15 years of self-practice and community service, three years ago, I stepped away from my Gurus, Masters, and shamans to begin sharing these practices with the world.



# BEYOND THE BLUE HORIZON

In just 18 months of being in Dubai, my brother and I have offered sessions to more than 5,000 people. For the first six months, we worked for free and by donation, serving the community. This approach stems from what I've learned from multiple masters: that the first step in life is to give everything you have to the land and its people, without attaching a price.

It's been only a year since I began charging for sessions, and I am 36 years old. Since the beginning of our journey, we have worked with around 15,000 people, helping them with physical healing and emotional well-being.

These same instruments have been with me since the start of my Nada Yoga (Sound Healing) practice. They are priceless, and I hold them in the highest regard, treating them with the utmost respect. Together, my brother and I have provided sessions to over 10,000 people in the last six years across India and Dubai.

An illustration of a young girl with brown hair in a ponytail, wearing a light blue shirt, a brown skirt, and brown shoes. She is carrying a large orange backpack. The background is a soft, teal and yellow gradient with a faint sunburst pattern.

THE GIRL  
WHO  
TOUCHED  
THE SKY



# my personal diary

I have been featured on multiple news channels and in newspapers globally and have received several awards in both India and Dubai for my individual contributions to society.

You can find more details, including my website, reviews, Instagram, and a video of the session, through the link below:

[Website](#)

[Instagram](#)

[Session Video](#)

