

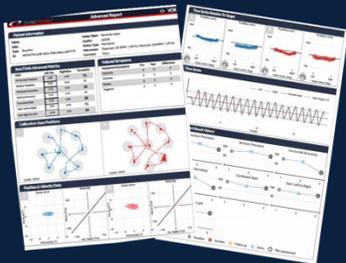
# Quantified, Objective Data for mTBI Patients



Proprietary Technology



Extensive Provider Network



Custom, Objective Reports

# Helping Patients in Need with **Best in Class** Clinical Solutions for mTBI



Fast and easy  
scheduling process



Simple, non-invasive  
test procedures



Experienced and  
qualified providers



Detailed reports and  
interpretation of results



Diagnostic and therapeutic  
recommendations



**BRAIN HEALTH  
CENTERS of AMERICA™**

# Comprehensive Examination for Concussion/mTBI

A Resource for Patients



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To learn more, visit  
[brainhealthcentresofamerica.com](http://brainhealthcentresofamerica.com).

# Frequently Asked Questions (FAQ's)

Prepare for your examination by reviewing what to expect prior to and after testing is completed.

## 1 What is the BHCA Comprehensive Exam?

The BHCA comprehensive exam is a detailed, objective clinical evaluation of key areas of function that may be disrupted after concussion/mTBI. It includes aspects of cervical, ocular, vestibular, and cognitive function while also evaluating severity of headache, mood displacement, and sleep disturbance. The exam also accounts for personal details shared about the accident and the physical, mental, and emotional changes you have observed since your injury.

## 2 How long does the exam take?

While each exam may vary based on the patient's unique circumstances, the average time to complete the comprehensive exam is about 60 minutes.

## 3 What can I expect during my exam?

During your exam, you will be asked to perform a series of assessments. Some may involve the physical movement of your body by you, and some may involve the physical movement of your body by the clinician. For ocular testing, you will be asked to place on your head a device used to capture and record your eye movements. You will be given the opportunity to rest at any point during the exam, as some procedures may provoke your symptoms or induce mild fatigue.

## 4 How do I prepare for my exam?

While no advanced preparation is required, it is recommended that you get a good night's rest prior to the day of testing. Please arrive wearing loose, comfortable clothing. Female patients are also encouraged to refrain from wearing makeup on the day of the test.

## 5 What happens if I cannot finish the testing?

If for some reason you are not able to complete all aspects of comprehensive exam, you may be asked to return at another date to complete the remaining components.

## 6 After I complete the exam, what are the next steps?

After the testing is completed, the results will be compiled, interpreted and provided to your attorney in a detailed report. After they receive it, your attorney will contact you directly regarding the next steps. In the rare cases that an urgent issue arises after testing is completed, the clinician or their representative will contact you directly regarding next steps.

## 7 Is it safe to drive after testing?

While most patients are fit to drive themselves to and from their appointment, it is recommended they be driven when possible.

## 8 When will I receive my results?

On average, the detailed report is provided to your attorney within 3-5 business days.

## 9 Who will contact me to review my results?

Your attorney will contact you directly to confirm receipt of the detailed report and review the findings with you.

## 10 Can my condition be improved with treatment? If so, how will I receive it?

Often, deficits from a concussion/mTBI can be improved with focused, targeted treatment. If further testing or treatment is recommended, you may see another specialist to properly treat your condition. However, you may also return to the clinician who performed the exam, provided they are the appropriate provider to assist in your recovery.

## 11 How do I determine where to go for treatment after my exam?

Your attorney will work closely with you to determine the best course of action for your recovery.

## 12 Do I need to return for follow up testing in the future?

Depending on the type and severity of your injury, you may be asked to return to undergo follow up testing. This is often completed to evaluate progress in your recovery and determine next steps for your care.

## More Questions? Contact Us:

Email: [patients@bhca.health](mailto:patients@bhca.health)

Phone: 855.455.8500

Web: [brainhealthcentersofamerica.com](http://brainhealthcentersofamerica.com)

