

A decorative border of light gray line art flowers and leaves frames the page. The flowers are large and five-petaled, with smaller buds and leaves interspersed along the vertical lines.

Guided by God

A FAITH-CENTERED
JOURNAL FOR THE
YEAR AHEAD

Cassandra Pardine



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Welcome!



Set your sights on things above and make this year a journey of faith, growth, and purpose!

This journal is designed to help you keep God at the center of your year, inspired by the themes of seeking Him first, prioritizing spiritual growth, focusing on eternal goals, and letting Him guide your steps. It's a combination of goal-setting, reflection, and prayer prompts that keep your focus on your faith journey throughout the year. Don't let past failures plot your future! Like Proverbs 16:3 says, "Commit your works to the Lord, And your thoughts will be established."

You've got this because God's got you. So start right now to empower your journey with God's help!

Let's Do This!

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How to Use This Planner

Set aside quiet time each month to prayerfully reflect and set goals.

Use scripture to align your plans with God's Word.

Each week review your progress and give thanks to God for His guidance.



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Set your sights on
things above and make
this year a journey of
faith, growth, and
purpose.

Vision Statement

Write your vision for the year in each of the following areas:

God I want to glorify you in...

My family

My health

My work

My finances

My hobbies

My _____

My _____

Goal-Setting Prompts:

What new habit or practice can I begin this month to draw closer to God?

How can I renew my commitment to God's purpose in my life?

What area of my life needs a fresh start, and how can I surrender it to God?

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My Goal Categories for this Month:

Faith Goals: Examples: Bible reading, prayer, scripture memorization.



Personal Goals: Examples: Health, learning, or personal development.



Relationship Goals: Examples: Strengthening family bonds, mentoring, or outreach.



Service Goals: Examples: Volunteering, giving, or participating in ministry



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Goal Alignment with Scripture - briefly express how this month's goals align directly with biblical principles from God's Word.

Action Steps - Break your goals down into practical, achievable steps

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Week 1 - Reflection Questions

___/___ - ___/___

What did I accomplish this week that honored God?

Where did I struggle, and how can I seek God's help?

Answered Prayers - How has God worked in your life this week?

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Gratitude - "What blessings have I experienced this week?"

Prayer Requests

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Week 2 - Reflection Questions

___/___ - ___/___

What did I accomplish this week that honored God?

Where did I struggle, and how can I seek God's help?

Answered Prayers - How has God worked in your life this week?

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Gratitude - "What blessings have I experienced this week?"

Prayer Requests

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Week 3 - Reflection Questions

___/___ - ___/___

What did I accomplish this week that honored God?

Where did I struggle, and how can I seek God's help?

Answered Prayers - How has God worked in your life this week?

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Gratitude - "What blessings have I experienced this week?"

Prayer Requests

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Week 4- Reflection Questions

___/___ - ___/___

What did I accomplish this week that honored God?

Where did I struggle, and how can I seek God's help?

Answered Prayers - How has God worked in your life this week?

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Gratitude - "What blessings have I experienced this week?"

Prayer Requests

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Week 5 - Reflection Questions

___/___ - ___/___

What did I accomplish this week that honored God?

Where did I struggle, and how can I seek God's help?

Answered Prayers - How has God worked in your life this week?

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Gratitude - "What blessings have I experienced this week?"

Prayer Requests

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January Reflections

How has God renewed my spirit this month?

In what ways have I seen His faithfulness as I started new goals?

Wins and Lessons

What goals did I achieve this month?

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What lessons has God taught me?

Prayer of Thanksgiving - express gratitude for God's faithfulness.

Revisiting Goals - Which goals should I continue, adjust, or release to God?

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About the Author



Casandra Pardine is a dedicated pastor's wife, mother, and Bible teacher with a heart for ministry. With 35 years of experience serving in children's and women's ministries, she has been a guiding influence in her local church in New Jersey. Casandra spent two decades as a missionary in Peru, South America, sharing the gospel and mentoring others. A devoted homeschool mom of four, she finds joy in preparing Bible studies that inspire and equip others to grow in their faith.