Resolutions Rooted in Faith

# Seeking God



A MICRO-JOURNAL FOR FAITH-CENTERED GOALS

Casandra Pardine



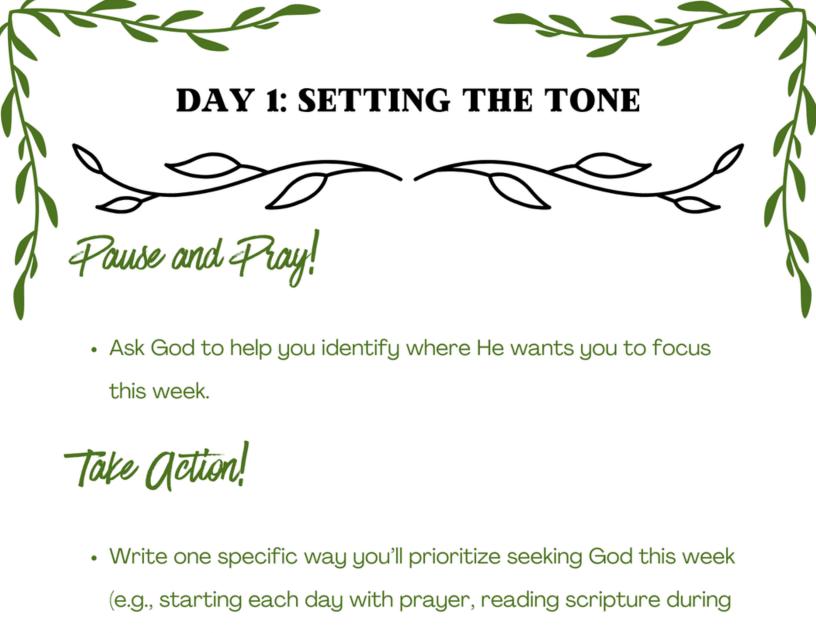
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## **DAY 1: SETTING THE TONE** · What does it mean to "seek God first" in your life right now? · In what areas do you find it challenging to put God's priorities ahead of your own? www.coffeewithcasandra.com



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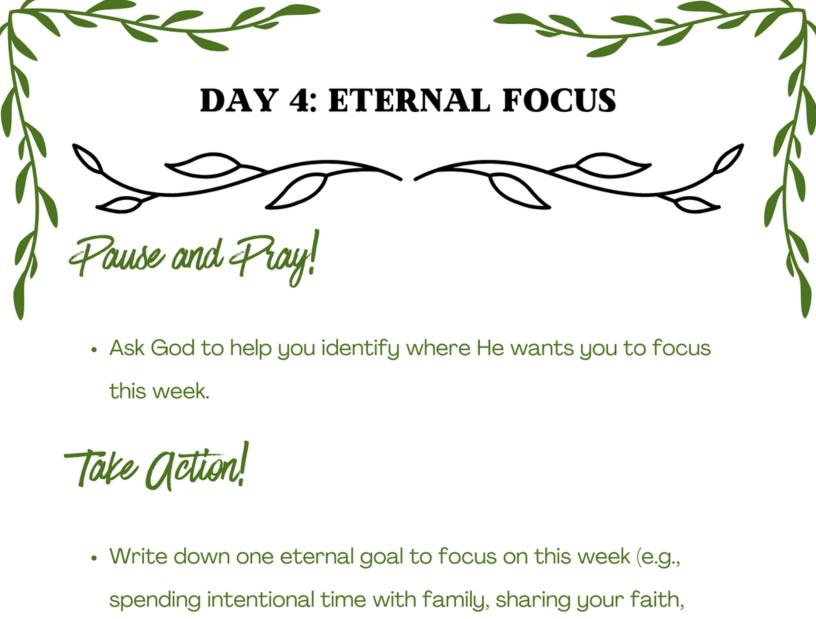
### DAY 2: ALIGNING GOALS WITH GOD'S WILL · Think about a goal you've set recently. How does it align with God's will? · What steps could you take to bring this goal closer to His purpose for your life? www.coffeewithcasandra.com



## **DAY 3: TRUSTING GOD'S PLAN** · Reflect on a time when your plans didn't work out, but God's plan turned out better. · How can that experience encourage you to trust Him this week? www.coffeewithcasandra.com

#### DAY 3: TRUSTING GOD'S PLAN Pause and Pray! · Thank God for His faithfulness in guiding your life, even when the path is unclear. Take action! · Identify one area where you're struggling to trust God and commit to surrendering it to Him. www.coffeewithcasandra.com

## **DAY 4: ETERNAL FOCUS** · Are you focusing on temporary achievements more than eternal priorities? · What would it look like to shift your focus toward eternal goals this week? www.coffeewithcasandra.com



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	spending intentional time with family, sharing your faith,							
	serving someone in need).							
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# **DAY 5: STAYING CONNECTED TO GOD** · How do you stay connected to God throughout the day? · What distractions pull you away from Him? www.coffeewithcasandra.com

#### **DAY 5: STAYING CONNECTED TO GOD** Pause and Pray! · Ask God to help you remain aware of His presence, no matter how busy life gets. Take action! · Plan a "check-in" time with God today—set aside five minutes to pause, pray, or reflect on scripture. www.coffeewithcasandra.com

# **DAY 6: GRATITUDE AND GROWTH** · What blessings has God provided this week? • How have you seen Him work in your life? www.coffeewithcasandra.com

#### DAY 6: GRATITUDE AND GROWTH Pause and Pray! · Spend time in thanksgiving, listing specific ways God has shown His faithfulness. Take action! · Write down three things you're grateful for and one lesson you've learned this week. www.coffeewithcasandra.com

## DAY 7: WEEKLY REFLECTION · How did you see God guiding you this week? · In what ways did you grow spiritually? · What could you improve on as you move into the next week? www.coffeewithcasandra.com









About the Author

Casandra Pardine is a dedicated pastor's wife, mother, and Bible teacher with a heart for ministry. With 35 years of experience serving in children's and women's ministries, she has been a guiding influence in her local church in New Jersey. Casandra spent two decades as a missionary in Peru, South America, sharing the gospel and mentoring others. A devoted homeschool mom of four, she finds joy in preparing Bible studies that inspire and equip others to grow in their faith.