

Dear Student,

Please keep this paper safely with you and, even if you don't feel like reading it, still read it every single day. Within few weeks, the words on this paper will begin to bring colors into your life.

Struggle is something that you have to face in your life—now it's upon you whether you run from it or accept it as an inseparable part of your life. Those who run from struggle, end up pushing away the golden opportunities that could've helped them to achieve something prominent in life. But those who accept struggle as their companion, learns the art of living and they progressively move step by step towards their goal. If you avoid struggle today and try to move ahead ignoring it, then your future generation will have to suffer the consequences and possibly, will have to struggle even more. In every family, there has to be at least one generation that embraces intense struggle with complete dedication and sacrifice.

"Struggle to be somebody, or struggle in life as nobody."

Every day, spend a small portion of your time understanding someone's story of struggle, someone's success story or failure's, explore business opportunities or the skills required for top-level jobs, analyse your own interests and capabilities—and then set a goal for your life. Without a goal, no human being has ever achieved anything meaningful. If you are a student, your goal can be to top your class; if you are learning a skill, your goal can be to master it. Once you define your goal, life begins to feel more exciting and whatever you're doing automatically becomes more interesting. Boredom and lack of motivation are experienced only by those who don't have any clear goal or purpose. If you dedicate your entire day working towards fulfilling your goal, you won't even have time to feel bored or demotivated.

"Elevate your life in such a way that you are proud of yourself."

Still, if you feel demotivated some day, there's no need to seek motivation from the outside. Just once, take a deep look at your own condition, your parents' situation, your living environment, your family's monthly income—and your eyes will open automatically. The scene in front of you might make you feel ashamed, and that moment could become the greatest source of motivation in your life. Look at your parents—they've done everything possible for you, and in doing so, they've forgotten to live for themselves. Your mother is no longer physically strong enough to do all the housework, but she still does it because there is no other choice. Your father is growing older, yet he continues to work beyond his physical limits. Both are giving their everything with the only hope that one day their child will change their destiny. So, now it is your unsaid duty to work hard and give them the life they truly deserve.

"Parents also need return on their investment."

In the Same way, there is no shortcut to hard work. Running from it is like hurting your own feet with axe. Working with honesty and sincerity can be painful, but it also gives us joy unlike any other. At night, you'll be able to sleep with peace, without any complaints to yourself. You have to train your mind to concentrate. The power of the human mind is unimaginable. But naturally, the mind is not used to work hard. It always wants you to stay in comfort and laziness. You'll have to train your mind through consistent effort and discipline. It may sound tough, but in reality, it's not that hard. If your goal is clear, if you are determined to struggle and work hard, and most importantly—if you have self-belief, then you'll easily be able to bring your mind under control.

"Treat yourself the same way, you would have treated your clone."

It's said that overthinking over an idea often ruins even the best ideas. So whenever a great idea comes to your mind, don't overanalyze it. Just do a basic planning and thinking, take the name of your deity, and start working upon it immediately. Don't wait for the right time (those who wait for right time often miss opportunities). Do Start work or studies first; the rest of the plan can be refined gradually. Gather the resources and materials needed as you progress. Don't waste time in unnecessary planning and overthinking. Yes, challenges will come your way, but facing those challenges is also the part of your job only. Planning and situation will never be completely perfect and favourable before starting anything. Set a goal, enjoy the process, and keep improving the plan as you move forward—you will surely achieve your goal. Making mistakes while working or studying is natural. The great ones are those who don't quit at their mistakes, but learn from them and keep going.

"Even a correct decision is wrong if it is taken late."

There's an invisible demon in today's world that corrupts the mind, distracts people from their goals, and pushes them toward destruction—this demon is none other than unproductive use of TV, watching movies, the internet, and social media. It's okay to use them for work, but it is essential to set strict boundaries. Along with this, spare at least five minutes a day for your deity (Ishta Dev) without fail. By worshipping your god and surrendering all your dilemmas and difficulties to him, you'll feel a new energy flowing within you. Faith and trust in God help us stay grounded and calm. You don't necessarily need to visit a temple to connect with God—you can worship from wherever you are with all your heart. The following mantras, if chanted daily, will help bring mental peace. You may repeat them 1, 3, 5, or 7 times daily as per your convenience.

"ॐ भूर्भुवः स्वः तत्सवितुर्वरेण्यं
भर्गो देवस्य धीमहि। धियो यो नः प्रचोदयात्॥"

"ॐ त्र्यम्बकं यजामहे सुगन्धिं पुष्टिवर्धनम् ।
उर्वारुकमिव बन्धनान्मृत्योर्मुक्षीय मामृतात् ॥ "

"ॐ असतो मा सद् गमय, तमसो मा ज्योतिर् गमय ।
मृत्योर् माम्मतं गमय, ॐ शान्तिः शान्तिः शान्तिः ॥"

"ॐ कृष्णाय वासुदेवाय हरये परमात्मने॥
प्रणतः क्लेशनाशाय गोविंदाय नमो नमः ॥ "

"Success demands people to know what not to be done."

To achieve success, you must put all your focus, power, and energy to your goal. Patience provides energy in life and keeps the mind alert. Results from hard work never appear immediately—you may have to try many times, again and again, but one thing is for sure that your efforts will never go in vain. Whether the world has seen you working hard or not, your deity (God) has witnessed every single effort of yours—and he will never let your efforts fail. One more thing is necessary for success: "letting go of ego". An egoistic person always underestimates everyone to show off his smartness, makes fun of people, criticizes everyone. Such a person is disliked by all. No one wants to be around them. So, try to be loving toward others, help each other, share knowledge, and strive to become a better and ideal human being.

"No-one trusts us until we achieve it; till then, our self-trust is the biggest key."

Very few people truly understand the power of discipline. Everyone has heard the word, but in reality, what this word actually wants to convey, is ignored by many. In the simplest sense, discipline means: once you've chosen your goal, then no matter what, stick to the plan you've made to reach that goal by showing up every single day. Even if your mind resists (procrastinate), even if you absolutely don't feel like doing it—still do it, because it's a question of your goal after all. As mentioned earlier, the mind is naturally averse to hard work. That's why it always wants to delay, avoid, and procrastinate the things. But you must train your mind with discipline. Procrastination gives you short-term pleasure but ends up giving long-term regret. It makes you end your day feeling defeated. Discipline, on the other hand, may feel tough in the short-term but makes the long-term look easier. The choice is yours. Always remember—your success depends on your efforts, not on your destiny.

"Procrastination is the assassination of all destinations."

Read this paper at least once every day. Think deeply on these words. Put a printout wherever you sit the most. Gradually, you will begin to see real changes in your life.

Heartfelt Best Wishes,
CA Ritik Jain
(Director of VH, Founder of TRC Consultants & Author)
08849180372