

OCTOBER 2024 & APRIL 2025,
IQUITOS, PERU



RETREATS
WITH SUNNI

Change Everything Retreat


A 14 day transformational journey in
the Amazon jungle.

This intensive 14 day retreat includes:

- Master Plant Dieta (Rapeh, Tabacco purge & 3 Ayahuasca ceremonies)
- Deep therapeutic processing
- Psychic readings
- Energy healings
- Water therapy
- Yoga & Meditation
- Integration

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A holistic experience

Before coming on the retreat we will go through an interview process with you which will include finding out about your intentions, goals, whether you can meet the diet requirements, any medications and health issues.

This intensive retreat is for warriors! Those that want to go deep and be held in a safe space to go deep.

You will be supported before, during and after the experience with therapeutic guidance, psychic readings, yoga, energy healings, meditations and much much more.



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Day 1 - Settle & Connect

12noon - Arrive to the first hotel in Iquitos

1pm - Welcome & intentions

2pm - Energy cleanse, focus & messages

7pm - Dinner



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Day 2 - Breath & Focus


9am - Gentle Yoga

11am - Brunch

1pm - Psychic reading

4pm - Parts Work / Therapy session

7pm - Dinner



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Day 3 - (Days 3 - 10 Master Plant Dieta with Fia)

The Master Plant Dieta will be run by Fia, an expert Curandera from Peru. The agenda will be subject to change.

9am - Gentle yoga

11am - Brunch

12pm - Meet with group & travel to
jungle location for Dieta

7pm - Dinner

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Day 4 (Days 3 - 10 Master Plant Dieta with Fia)

Dieta commences. Silence is maintained for the rest of the Dieta with Fia.

9am - Tabacco Purge

3pm - Master Plant medicine is served by Fia

7pm - Dinner



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Day 5 (Days 3 - 10 Master Plant Dieta with Fia)

9am - Breakfast

10am - Take Master Plant

12noon - Lunch

7pm - 1st Ayahuasca ceremony



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Day 6 (Days 3 - 10 Master Plant Dieta with Fia)

9am - Breakfast

10am - Take Master Plant

12noon - Lunch

1pm - Integation

7pm - Dinner



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Day 7 (Days 3 - 10 Master Plant Dieta with Fia)

9am - Breakfast

10am - Take Master Plant

12noon - Lunch

7pm - 2nd Ayahuasca ceremony



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Day 8 (Days 3 - 10 Master Plant Dieta with Fia)

9am - Breakfast

10am - Take Master Plant

12noon - Lunch

1pm - Integation

7pm - Dinner



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Day 9 (Days 3 - 10 Master Plant Dieta with Fia)

9am - Breakfast

10am - Take Master Plant

12noon - Lunch

7pm - 3rd Ayahuasca ceremony

A large, dark brown wooden sculpture of a hand holding a plant, set against a background of trees and sunlight. The sculpture is highly detailed, showing the texture of the wood and the veins of the hand. The background is a lush green forest with sunlight filtering through the leaves, creating a bright, natural setting.

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Day 10 (Days 3 - 10 Master Plant Dieta with Fia)

9am - Breakfast

10am - Take Master Plant

12noon - Lunch

1pm - Integation

7pm - Dinner

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Day 11 (Days 3 - 10 Master Plant Dieta with Fia)


9am - Break Dieta

10am - Group Breakfast

12noon - Leave jungle location

2pm - Integration & therapy session

7pm - Dinner

A woman with a tattoo on her back is walking away from the camera on a dirt path in a tropical setting. She is wearing a grey dress with a black bralette underneath. In the background, a man in a red and white patterned shirt is also walking away. The path is surrounded by lush greenery and palm trees.

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Day 12 - Come home to you

9am - Gentle Yoga

11am - Brunch

2pm - Water therapy session

7pm - Dinner & discussion


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Day 13 - Excursion

9am - Day trip (includes discussion & integration)

6pm - Dinner



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Day 14 - Completion

9am - Gentle Yoga & Channelling
Session

11am - Brunch

12noon - Forward focus

2pm - Retreat ends

There will be 2 post retreat integration
calls with Sunni (Day after and 7 days
after).