

Join me in the Peruvian jungle for a 10-day retreat designed to reset your life from the inside out. Through my channeled guidance, energy work, somatic release, and guided practices—combined with three Ayahuasca ceremonies held by Fia, a gifted Peruvian Curandera—you'll be supported to release what no longer serves you and stepping into clarity, courage, and renewal.

Are you ready to reset, heal, and rise?



### A Holistic Experience

Your journey begins even before you arrive:

- Personal interview process to understand your intentions, goals, dietary needs, and health considerations.
- Personalized guidance I will tune in prior to the retreat to create individual exercises, suggestions, and a meditation for you to carry into and beyond your journey.
- Ongoing support designed to hold you in a safe, secure space before, during, and after your retreat.



### Everything covered

This retreat offers a unique, healing, and restorative experience through:

- Intimate group size very small groups, ensuring the individual attention and care you deserve.
- Three Ayahuasca ceremonies each guiding you through deeper layers of healing and discovery in a cohesive, integrated way.
- Combined modalities sound and energy healing, channeled guidance, meditation, yoga, somatic release, and reflection woven alongside plant medicine for powerful transformation.
- Magical retreat center air-conditioned rooms, a cascading 3-tiered pool, hammocks, lush gardens, birdsong, and the occasional visit from monkeys.
- Nourishment & care fresh, plant-based meals, post-ceremony support, and post-retreat Zoom integration calls.
- Adventure & connection a day exploring the Amazon River, the rainforest, and local sanctuaries.



Arrive the day before the retreat starts.

- Stay in Iquitos town on the Amazon river
- Explore the historic center of Iquitos
- Visit the very popular local markets
- Have a welcome dinner in town

Enquire with Sunni for this optional, highly rated, add on.





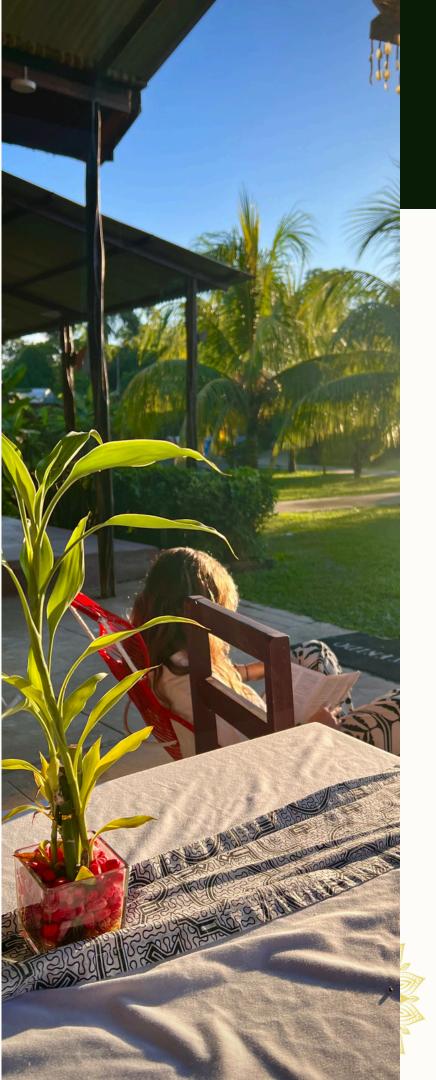
# ➢ Day 1 — Arrival & Fire Ceremony

2pm — Arrive to the jungle paradise and get settled 3–4pm — Welcome & introductions at the pool 6pm — Dinner 7:30pm — Fire Ceremony with guided meditation & journaling with intentions



# Day 2 — Amazon River Day Trip

8am — Breakfast
9am — Day trip up the Amazon
River; connect with indigenous
cultures, visit a monkey
sanctuary, and see pink dolphins
as we travel
6:30pm — Dinner



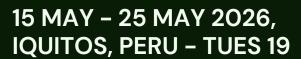
# Day 3 — Cleansing & Preparation

8am — Ceremony Space
9am — Tobacco Purge / Rapeh Circle
2pm — Light lunch
Afternoon — Pool / Hammock /
Journaling time
7pm — Dinner & integration / prep
discussion for Aya ceremonies



### Day 4 — First Aya Ceremony

9am — Gentle Yoga
11am — Brunch
2:30—4:30pm — Intuitive
messages (1:1 with Sunni)
5pm — Ceremony Space
5:30pm — Meditation & intention
setting
7pm — 1st Aya Ceremony with Fia





# ➢ Day 5 — Integrate & Expand

8am — Breakfast & Integration
Circle
3pm — Somatic & Emotional
Release Exercises
Afternoon — Jacuzzi & Sauna / Pool
/ Hammocks / Sunbeds
6pm — Dinner
7pm — Guided Integration:
journaling, meditation & energy
healing



# ✓ Day 6 — Second Aya Ceremony

9am — Restorative Yoga

11am - Brunch

Afternoon - Pool / Hammock /

Journaling time

2:30-4:30pm — 1:1 with Sunni

(intuitive messages, talk, or optional

water therapy)

5pm — Ceremony Space

5:30pm — Meditation & intention

setting

7pm — 2nd Aya Ceremony with Fia



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8am — Brunch & Integration Circle

3pm — Guided Internal Healing

Practice

Afternoon - Jacuzzi & Sauna / 3-

tiered Pool / Hammocks

6pm — Dinner

7pm — Guided Integration Practices:

somatic release & meditation





#### Day 8 — Third Aya Ceremony

9am – Gentle Yoga

11am — Brunch

2:30-4:30pm — 1:1 with Sunni

(intuitive messages, talk, or

optional water therapy)

5pm — Ceremony Space

5:30pm — Meditation & intention

setting

7pm — 3rd Aya Ceremony with Fia



### JJ Day 9 — Cacao, Connection & Song

8am — Brunch & Integration Circle

2pm — Optional activities:

Massage; Jacuzzi & Sauna, 3-tiered

Pool & Sunbeds

6pm — Dinner

7pm — Cacao Ceremony with

music & song



# Day 10 — Closing & Return

8am - 10am - Brunch & Closing Circle

12 noon – Leave jungle paradise to enjoy Iquitos more or further travel

There will be post retreat integration online calls.

#### THE JOURNEY AT A GLANCE

Day	Theme	Experience
🎉 Day 1	Arrival & Fire Ceremony	Settle into your jungle home, welcome circle dinner, fire ceremony with meditation &
🔼 Day 2	Amazon Adventure	Day trip on the Amazon River: pink dolphins, indigenous culture, monkey sanctuary
<mark>ॳ</mark> Day 3	Cleansing & Preparation	Traditional Tobacco purge & Rapeh, integration & preparation for Aya
→ Day 4	First Aya Ceremony	Gentle yoga, 1:1 guidance with Sunni, intention setting, first Aya ceremony
🏅 Day 5	Integration & Expansion	Integration circle, somatic & emotional release, relaxation in nature
→ Day 6	Second Aya Ceremony	Restorative yoga, journaling, 1:1 support, second Aya ceremony
<b>※</b> Day 7	Deepening Integration	Guided internal healing practice, integration circle, somatic release
J Day 8	Third Aya Ceremony	Yoga, reflection, 1:1 support, final Aya ceremony
√ Day 9	Cacao & Song	Cacao ceremony with music & song, optiona massage or pool time
<b>☆</b> Day 10	Closing & Return	Closing circle & brunch, departure, post- retreat online integration calls

# A COMPLETE RETREAT EXPERIENCE FOR YOUR RENEWAL

## Ceremonies & Rituals – Valued at \$3,000+

- → 3 Ayahuasca ceremonies with Curandera Fia
- Traditional Tobacco Purge & Rapeh Circle
- Sacred Fire Ceremony
- Cacao Ceremony

# Healing & Guidance – Valued at \$2,000+

- Channeled guidance sessions with Sunni
- Somatic release & guided healing practices
- Daily meditations & yoga sessions
- Optional water therapy

# Adventure & Nourishment – Valued at \$2,000+

- Day trip up the Amazon River
- All nourishing diet-friendly meals & fresh juices
- Comfortable jungle accommodation with:
- Air-conditioned rooms
- A cascading 3-tiered pool to rest and unwind
- Sunbeds and hammocks for peaceful reflection
- Linen refreshed daily for ease and care
- 🕰 Airport pickup + all transport arranged

## Before & After Support – Valued at \$1,500+

- → Personalized channeled meditation & retreat exercises
- → 1:1 intro call with Sunni
- Preparation guide for Peru
- ☆ Group integration calls after the retreat

All together, this retreat holds a real value of over \$8500...

# A COMPLETE RETREAT EXPERIENCE FOR YOUR RENEWAL



#### \* Your Investment

- Shared Room: \$2,997 USD
- Private Room: \$3,997 USD
- Couple's Room: \$5,555 USD

#### Secure Your Place

This retreat is limited to a small, intimate group of just 8 rooms (once they're gone, the circle is complete).

Secure your place today with a 20% deposit.

Shared rooms are encouraged to honor the intimacy of the circle. A limited number of private rooms are available at a premium for those who feel called to have their own space. Each room includes air-conditioning, with access to the 3-tiered pool, sunbeds, hammocks, and beautiful grounds for renewal and relaxation

#### Your Time to Receive

The jungle, the medicine, and our circle are ready to hold you as you step into clarity, renewal, and truth.

# A COMPLETE RETREAT EXPERIENCE FOR YOUR RENEWAL

#### Voices from the Circle

"Everything was perfect. It felt like family. You see yourself in everybody. It felt safe and comfortable. Sunni knew exactly what I needed when I needed it. Wow! She made it feel like home & safe."

Paola, USA

"The ceremonies, the jungle, and Sunni's guidance created a space where I could finally release what I'd been carrying for years. It was and still is life-changing."

Gisela, Mexico

Por more stories from past participants, visit retreatswithsunni.com/testimonials

#### Is This Retreat for You?

This retreat may be calling you if...

- You're ready to release old patterns and step into clarity.
  - You long for deep healing in a safe and sacred space.
- You want to reconnect with your body, spirit, and truth.
- You feel called to sacred plant medicine and ceremony.
- You desire to be guided, supported, and held while also empowered to rise.
  - → If this resonates, the jungle and our circle are waiting for you.

If your heart feels called, and you'd like to know more...
Find answers on retreatswithsunni.com or send me a WhatsApp message