

# Reset & Renew in Mexico.

Private Cenote & Luxury Jungle Retreat

Step into a stunning retreat space in Mexico, complete with its own private cenote, tranquil pool, and lush grounds.

Over three transformative days, you'll be guided through ancient ceremony, deep healing practices, and integration that supports lasting change.



## A Holistic Experience

Your journey begins even before you arrive:

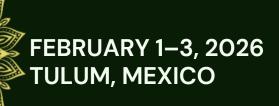
- Personal interview process to understand your intentions, goals, dietary needs, and health considerations.
- Personalized guidance I will tune in prior to the retreat to create individual exercises, suggestions, and a meditation for you to carry into and beyond your journey.
- Ongoing support designed to hold you in a safe, secure space before, during, and after your retreat.



## The Journey Day by Day

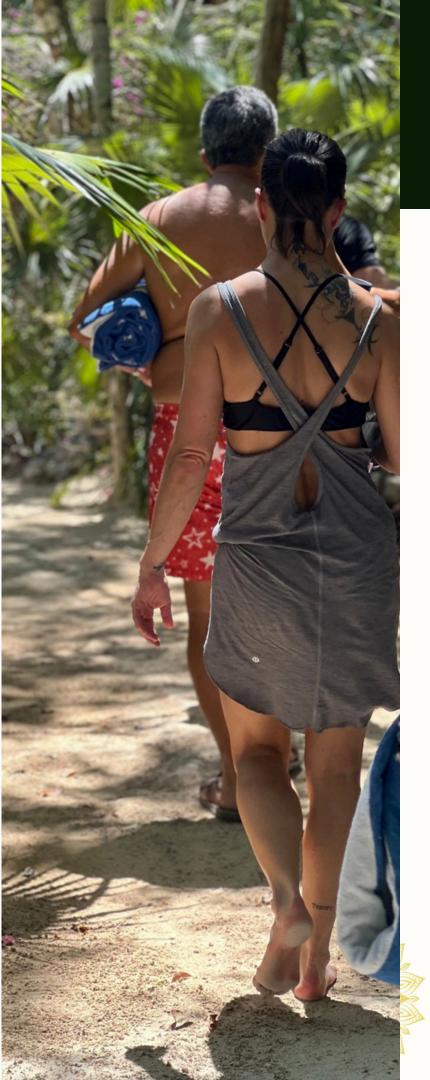
# Day 1 — Arrival & Temazcal Ceremony

- Arrive and settle into the retreat center.
- Welcome circle at the private cenote.
- Afternoon Temazcal ceremony a traditional sweat lodge for purification, renewal, and opening the body and spirit.





- Morning: Gentle yoga, meditation, and time at the cenote or pool.
- Afternoon: 1:1 intuitive guidance with Sunni.
- Evening: Ayahuasca ceremony guided by a highly experienced curandera, Fia from Peru.



# Day 3 — Integration & Closing

- Morning: Integration circle.
- Brunch together and time to swim in the cenote or relax by the pool.
- Closing circle and departure with clarity and renewal.

There will be post retreat online group integration support calls.



## Everything Included

- Temazcal Ceremony (traditional sweat lodge)
- One Ayahuasca Ceremony with full support
- Yoga, meditation & somatic practices
- 1:1 intuitive guidance sessions with Sunni
- Personalized pre-retreat meditation
   & exercises
- Plant-based meals & fresh juices
- Beautiful accommodation with AC, pool & private cenote
- Pre- and post-retreat integration calls

## RESET & RENEW IN MEXICO

#### \* The Value You Receive

- Temazcal Ceremony \$333 value
- Ayahuasca Ceremony with full facilitation \$1,500 value
- Daily yoga, meditation & somatic practices \$300 value
- 1:1 intuitive guidance session with Sunni \$400 value
- Personalized pre-retreat meditation & exercises
   \$150 value
- Plant-based meals & fresh juices \$250 value
- 2 Integration calls after the retreat \$400 value
- Stunning accommodation with AC, pool & private cenote \$800 value

Total Value: Over \$4,000

## RESET & RENEW IN MEXICO

## Total Real Value: \$4,000+

- \*Your Investment
- Shared Room: \$1,497 USD
- Private Room: \$1,997 USD
- Couple's Room (for two): \$3,333 USD

#### **Secure Your Place**

Only 6 rooms available — spaces are intimate and limited.

Secure your place today with a 20% deposit.

#### Your Time to Receive

The jungle, the medicine, and our circle are ready to hold you as you reset and renew in Mexico.

## RESET & RENEW IN MEXICO

#### Voices from the Circle

"Everything was perfect. It felt like family. You see yourself in everybody. It felt safe and comfortable. Sunni knew exactly what I needed when I needed it. Wow! She made it feel like home & safe."

Paola, USA

"The ceremonies, the jungle, and Sunni's guidance created a space where I could finally release what I'd been carrying for years. It was and still is life-changing."

Gisela, Mexico

Por more stories from past participants, visit retreatswithsunni.com/testimonials

#### Is This Retreat for You?

This retreat may be calling you if...

- You're ready to release old patterns and step into clarity.
  - You long for deep healing in a safe and sacred space.
- You want to reconnect with your body, spirit, and truth.
- You feel called to sacred plant medicine and ceremony.
- You desire to be guided, supported, and held while also empowered to rise.
  - → If this resonates, the jungle and our circle are waiting for you.

If your heart feels called, I'd love to welcome you.

Learn more: retreatswithsunni.com or send me a WhatsApp message