



# Your Self-Awareness Journey

## 1. Childhood Symbols of Success

Think back to what success meant to you as a child.



- ✿ What did you want to be when you grew up?
- ✿ What “symbol” of success did you imagine (like a briefcase)?
- ✿ What do you think that symbol really meant to you? (e.g., freedom, confidence, visibility)

## 2. Adult Reality Check

Reflect on your entrepreneurial efforts or any dream you've pursued in adulthood.

CURRENTLY  
AVOIDING  
ADULTHOOD

- ✿ What dreams or ventures have you tried so far?
- ✿ What did you learn about your strengths or preferences in the process?
- ✿ What parts of the journey lit you up? What parts drained you?





### 3. Unexpected Detours Can Be Sacred Pauses

Think of a time when life didn't go as planned—but it taught you something powerful.



- ✿ What was your “detour”?
- ✿ How did you feel in that moment?
- ✿ What did that season of discomfort or isolation reveal about what matters most to you?

### 4. What dream or pursuit are you being gently redirected toward now?

(What's calling you forward in this new season?)

**PURPOSE**

