



## Daily Schedule

Time	Activity
7:00 AM - 8:00 AM	Arrival & Welcome: Quiet activities like toys or books.
8:00 AM - 8:30 AM	Breakfast: Healthy meal with assistance as needed.
8:30 AM - 9:00 AM	Educational Time: Counting, shape sorting, or color learning.
9:00 AM - 9:30 AM	Sensory Play: Bubbles and water play.
9:30 AM - 10:00 AM	Music and Movement: Songs, instruments, and dancing.
10:00 AM - 10:30AM	Outdoor Time: Playground exploration and group games.
10:30 AM - 11:00 AM	Creative Art: Expressive activities with various materials.
11:00 AM - 11:30 AM	Library/Quiet Time: Reading or storytelling.
11:30 AM - 12:00 PM	Lunch: Nutritious meal with assistance as needed.
12:00 PM - 1:00 PM	Nap Time: Peaceful environment for rest.
1:00 PM - 1:30 PM	Snack Time: Light snack to recharge.
1:30 PM - 2:00 PM	Social-Emotional Learning: Activities like role play or group discussions.
2:00 PM - 2:30 PM	Educational Time: Hands-on activities like letter tracing or puzzles.
2:30 PM - 3:00 PM	Outdoor Play: Free exploration or group games.
3:00 PM - 3:30 PM	Free Play: Independent or group play with toys and puzzles.
3:30 PM – 4:00 PM	Music and Movement: Songs and instruments for motor skills.
4:00 PM – 4:30 PM	Quiet Play: Drawing, puzzles, or looking at books.
4:30 PM – 5:00 PM	Pick-Up: Prepare children for departure.