



## Happy Ducks Daycare Center – School-Age Daily Schedule (Ages 5-12)

### Before & After School Care

<b>Morning Schedule (Before School)</b>
<ul style="list-style-type: none"> <li><b>7:00 - 7:30 AM – Arrival &amp; Check-in</b> <i>Quiet activities such as puzzles, books, or drawing.</i></li> </ul>
<ul style="list-style-type: none"> <li><b>7:30 - 8:00 AM – Homework Help &amp; Enrichment</b> <i>Support with reading, writing, STEM activities, or quiet study time.</i></li> </ul>
<ul style="list-style-type: none"> <li><b>8:00 - 8:30 AM – Breakfast &amp; Morning Social Time</b> <i>Healthy meal with light social interaction.</i></li> </ul>
<ul style="list-style-type: none"> <li><b>8:30 - 8:45 AM – Mindfulness &amp; Stretching</b> <i>A calm start to the day with breathing exercises or light stretching.</i></li> </ul>
<ul style="list-style-type: none"> <li><b>8:45 - 9:00 AM – Prepare for School &amp; Depart for Drop-Off</b> <i>Organizing backpacks, reviewing the day's schedule, and getting ready to leave.</i></li> </ul>
<b>Afternoon Schedule (After School)</b>
<ul style="list-style-type: none"> <li><b>3:00 - 3:30 PM – Arrival &amp; Check-in</b> <i>Snack time and free choice activities like coloring, reading, or quiet games.</i></li> </ul>
<ul style="list-style-type: none"> <li><b>3:30 - 4:00 PM – Physical Activity &amp; Outdoor Play</b> <i>Group games, playground activities, or structured movement exercises.</i></li> </ul>
<ul style="list-style-type: none"> <li><b>4:00 - 4:30 PM – Homework &amp; Study Time</b> <i>Staff-assisted homework help, quiet study, or reading time.</i></li> </ul>
<ul style="list-style-type: none"> <li><b>4:30 - 5:00 PM – Themed Enrichment Activities</b> <i>Rotating activities such as STEM projects, arts &amp; crafts, music, or leadership games.</i></li> </ul>
<ul style="list-style-type: none"> <li><b>5:00 - 5:30 PM – Group Games, Crafts, or Indoor Play</b> <i>Board games, creative projects, or social free play.</i></li> </ul>
<ul style="list-style-type: none"> <li><b>5:30 - 6:00 PM – Wind Down &amp; Pick-Up Time</b> <i>Relaxing activities such as reading, puzzles, or storytelling while waiting for caregivers.</i></li> </ul>