



Preschool Daily Schedule

Time	Activity
7:00 AM - 8:00 AM	Arrival & Welcome: Quiet activities like toys or books.
8:00 AM - 8:30 AM	Breakfast: Healthy meal with assistance as needed.
8:30 AM - 9:00 AM	Circle Time: Calendar, weather, and group discussions.
9:00 AM - 9:30 AM	Literacy Activities: Story reading, phonics, or alphabet games.
9:30 AM - 10:00 AM	STEM Activities: Building, drawing, or simple experiments.
10:00 AM - 10:30AM	Outdoor Play: Playground exploration, group games, or scavenger hunts to explore nature.
10:30 AM - 11:30 AM	Snack Time: Light, nutritious snack for a mid-morning boost.
11:00 AM - 11:30 AM	Social-Emotional Learning: Group discussions or role play to develop teamwork and communication.
11:30 AM - 12:00 PM	Storytime or Quiet Reading: Read books or engage in independent reading with cozy seating.
12:00 PM - 1:00 PM	Nap/Quiet Time: All children rest in a calm, peaceful environment.
1:00 PM - 1:30 PM	Snack Time: A light snack after nap time.
1:30 PM - 2:00 PM	Music and Movement: Singing, dancing, or rhythm instruments.
2:00 PM - 2:30 PM	Multicultural Storytime: Stories from around the world.
2:30 PM - 3:00 PM	Outdoor Play: Another outdoor session for exploration or group games.
3:00 PM - 3:30 PM	Art Activity: End the day with a fun craft
3:30 PM – 4:00 PM	Music and Movement: Singing, dancing, or rhythm instruments.

4:00 PM – 4:30 PM	Reflection Time: Journaling or drawing about the day, paired with affirmations.
4:30 PM – 5:00 PM	Pick-Up: Prepare children for departure and greet caregivers.