






01.10.25

Risk Management Quick Reference

 In an Emergency <ol style="list-style-type: none"> 1. Imminent risk of harm to client/others → Call 999. 2. Contact client's emergency contact (if appropriate). 3. Inform the Practice Director ASAP. 	 Remember to: <ol style="list-style-type: none"> 1. Document clearly in Cliniko. 2. Confirm risk level with supervisor/Practice Director. 3. Review regularly — risk levels can change.
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 RED – High Risk	 AMBER – Moderate Risk	 GREEN – Low Risk
Criteria: Active suicidal ideation + some intent, AND Clear plan, OR Vague plan + history of attempts, OR Attempt in last 12 months.	Criteria: Suicidal ideation. No current intent. Vague plan. History of attempt >1 year ago.	Criteria: No current suicidal ideation. May have past thoughts. No history of attempts.
Actions: <ol style="list-style-type: none"> 1. Complete Risk Assessment + Safety Plan in session → give copy to client. 2. Inform client GP may be contacted. 3. Contact Practice Director immediately. 4. Draft GP Risk Letter in Cliniko → send to Practice Director with risk assessment, safety plan & session summary. 5. Once approved, send letter to GP + confirm receipt. 6. Monitor risk at every session. 7. Update Practice Director weekly until downgraded. 	Actions: <ol style="list-style-type: none"> 1. Complete Risk Assessment + Safety Plan in session → give copy to client. 2. Discuss in peer supervision. 3. Email Practice Director with session summary, risk assessment & safety plan. 4. Monitor risk closely in future sessions. 5. Keep records up to date. 	Actions: <ol style="list-style-type: none"> 1. No immediate action. 2. Continue to monitor risk during sessions. 3. Record any relevant observations in Cliniko