

#### CONTACT ME AT

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#### QUALIFICATIONS:

- RGN: Registered General Nurse
- RM: Registered Midwife
- IBCLC: International Board Certified Lactation Consultant
- CIMI: Certified Infant Massage Instructor
- Certified Gentle Birth Instructor

#### PERSONAL PROFILE:

I am a Belgian Nurse, Midwife,
Lactation Consultant, Infant Massage
Instructor and mother of 3 children. I
studied and qualified for Nursing &
Midwifery in Belgium in 2000. I have
been living in Ireland since 2001
where I have worked in the different
areas of the Irish Maternity Sector. I
have great interest and passion for
guiding, supporting and caring for
women and their families throughout
their journey of pregnancy, birth and
beyond. I am always honored,
delighted and dedicated to be the
midwife alongside of a mother in
need of maternity, midwifery care
and support.

## LISELOTTE HILL

(maiden name: Liselotte Lemahieu)

RGN, RM, IBCLC, CIMI

EDUCATIONAL HISTORY

**Secondary School:** 

Stage 1: 1989 - 1993: General Modern Studies

Koninklijk Atheneum Sint-Pieters-Woluwe Grote Prijzenlaan 59 1150 Sint-Pieters-Woluwe Belgium

Stage 2: 1993 - 1995: Social and Human Science
Technical Secondary School
Sancta Maria Instituut
Ch. Deberiotstraat 14
3000 Leuven
Belgium

### Non-Universital Higher Education (College):

KHL Department Verpleegkunde en Vroedkunde (Catholic Highschool of Leuven, department Nursing and Midwifery)

- 1995 1996: General Nursing
- 1996 1997: General Nursing
- 1997 1998: General Nursing, option Paediatric Nursing

June 1998: **QUALIFIED GENERAL NURSE, OPTION PAEDIATRIC NURSING** -passed with honours-

KDG Katholieke Hogeschool Antwerpen Departement Gezondheidszorg (Catholic Highschool of Antwerp department Health Care)

- 1998 1999: individual adapted study year: 1st & 2nd year of Midwifery
- 1999 2000: 3rd year of Midwifery

June 2000: **QUALIFIED MIDWIFE** -passed with honours-

#### STUDENT NURSING & MIDWIFERY PLACEMENT PRACTICE:

5th year of secondary school: -Créche: Baby Home (Leuven)

6th year of secondary school: -Créche: De Kikker (Kessel-lo)

1st year of nursing: -University Hospital U.Z. Gasthuisberg, Leuven:

**Traumatology** 

-University Hospital U.Z. St. Pieters, Leuven:

**Geriatrics** 

2nd year of nursing: -University Hospital U.Z. Gasthuisberg, Leuven:

Endocrinology, allergy and General Internal Patology

-University Hospital U.Z. Gasthuisberg, Leuven:

<u>Urology</u>

-University Hospital U.Z. Gasthuisberg, Leuven: Paediatrics: toddlers (children aged 1-5 years)

3rd year of nursing: -MPI: A.V. Regina (Lovenjoel) (option Paediatrics) <u>Medical Pedagogical Institute</u>

-University Hospital U.Z. Gasthuisberg, Leuven: <u>Paediatrics:</u> Youth Department (children aged 6-18)

Paediatrics: Infectious Diseases

Paediatrics: Infants (children aged 0-1)

Individual adapted year of midwifery:

KLINA campus Vesalius, Brasschaat, Antwerp:

Postnatal Department

General Hospital Sint Jozef, Mortsel, Antwerp:

<u>Delivery Unit</u>

General Hospital Sint Augustinus, Antwerp:

<u>Antenatal & Postnatal Department</u>

3rd year of midwifery: General Hospital Sint Augustinus, Antwerp:

**Delivery Unit** 

KLINA campus Vesalius, Brasschaat, Antwerp:

**Neonatal Unit** 

General Hospital Jan Palfijn, Merksem, Antwerp:

**Delivery Unit** 

General Hospital Sint Vincentius, Antwerp:

<u>Consultation of Pregnant Woman & Antenatal</u>

**Education** 

General Hospital O.L.V. Midelares, Antwerp Delivery, Postnatal & Homebirth on-call unit

#### POSTGRADUATE JOBS

Postgraduate summer job: -July 2000: General Hospital Sint Jozef, Mortsel,

Antwerp: Postnatal & Neonatal ward

Aug. 2000 - Dec. 2000: -General Hospital Sint Jozef, Vilvoorde, Brussels

Part-Time (1/4) Postnatal & Delivery Unit

Part-Time (3/4) Paediatrics

Jan. 2001 - Nov. 2001: -General Hospital Sint Jan, Brussels

Postnatal & Delivery Unit

Dec. 2001 - July 2002: -National Maternity Hospital, Holles Street, Dublin

Postnatal Ward

Nov. 2002 - August 2003: -Nursing Agency "Nurse On Call", Dublin. Worked in National Maternity Hospital, Coombe Hospital and Mount Carmel Hospital. Mixed

shifts: Antenatal Ward, Delivery Ward, Theatre and Postnatal Ward

August 2003 - Jan. 20019: -National Maternity Hospital, Holles St., Dublin

Postnatal Ward, with the exception of 10 months

on Delivery Ward in the year of 2006.

Since 2009 I have been working part-time in the National Maternity Hospital in combination with running my own business "Little Miracles" <u>teaching antenatal classes</u>, <u>baby massage classes</u>, <u>providing postnatal home care</u>, <u>maternity night care and lactation consultations</u>.

Since Jan. 2019 I have left my hospital-based job and continued running full-time my own business "Little Miracles".

In 2020 I also started working as a pediatric nurse providing home care for children with the "Jack & Jill" foundation.

May 2021 - Nov. 2021: Nursing agency "Nurse On Call" Coombe hospital: antenatal & postnatal units

October 2023 - August 2025: Staff Midwife with "'Private Midwives" providing private, independent community midwifery service, including home birth

currently: Working full-time for "Little Miracles" my own company, providing preand postnatal home care, lactation consultations, antenatal classes and maternity night care service.

#### **OTHERS:**

- -3 years of leadership in a youth organization in Brussels
- -Voluntary Work in Costa Rica: Turtle Conservation Project (Sept. Nov. 2002)
- -Maternity Night Nurse for the agency "Nanny Solutions" and "Nurture Mum"
- -"Starting Your Own Business Course" and "Business Management Course" in 2007
- -Voluntary work: setting up and running the Wicklow Babywearing Meetings (2013 -2015)
- -Home care for children with special needs through the Jack n' Jill Foundation (since 2020)

#### LANGUAGES:

Native language: Dutch

Fluent: Dutch, English and French

Basic: Spanish

#### POSTGRADUATE EDUCATION AND QUALIFICATIONS:

-Infant Massage Instructor Training in 2006: Qualification:

**CIMI**: Certified Infant Massage Instructor

-IBCLC-exam passed in Oct. 2012: Qualification:

**IBCLC**: International Board Certified Lactation Consultant

Certified hypno birth / GentleBirth instructor since 2022

# MOST RECENT CONTINUOUS EDUCATION: (RECORD OF LAST 3 YEARS)

- -Annual ALCI Conference ~ Friday 27th and Saturday 28th September 2019
- -Mental Health First Aid for the Perinatal Care Provider, four 1 hour modules, Feb. 2020
- -All-Ireland Maternity & Midwifery Festival 2020 at Croke Park, March 2020
- -GOLD Learning Webinar: Caring for Our Community During COVID-19: How Perinatal/Lactation Workers Can Protect Themselves, Their Clients, and Their Business, March 2020
- -ILCA Webinar presentation COVID-19 & Lactation: Translating Knowledge in a Pandemic, April 2020
- -baby /child First Aid Class, online education by "First Aid For Everyone", June 2020
- -Infant Microbiome Mini-Course, Webinar, June 2020
- -GOLD Learning Webinar: COVID19, Delivery and the Newborn, July 2020
- -February 2021: All Ireland Maternity & Midwifery Festival online
- -February 2021: "Optimal Birth" Biomechanics Of Birth, Molly O'Brien (online course)
- -BLS APRIL 2021
- -K2MS Perinatal Training Programme 2021 2022
- -Baby Reflux Workshop June 2022
- -Microbiome course Sept. 2022
- -"Challenging Practices In Maternity Care" Nov. 2022
- -ALCI's hybrid National Conference 2022
- -ALCI spring study day 2022 (via zoom)
- -"Spinning Babies" 1-day workshop with Fiona Hallinan Nov. 2022
- -Annual memberships to professional magazines and online learning platforms:
- \*"Midwifery Today"
- \*"The Practecing Midwife" & "All4Maternity"
- \*"HSE-Land"
- \*"Mum & Baby Academy" health professional academy UK
- \*"K2MS Perinatal Training Program"
- \*INMO