

The HDL Workshop

Exploring the Biology and Clinical Utility of High Density Lipoproteins

2026 HDL Workshop

Exploring the Biology and Clinical Utility of High Density Lipoproteins

Co-Hosted by Dr. Marit Westerterp and Dr. Scott Gordon

Hyatt Regency Bellevue

Bellevue, WA

May 16, 2026

The HDL Workshop provides an opportunity for researchers in the HDL community to discuss the latest developments in the field. This highly interactive international forum features short talks and stimulating discussions among the attendees and speakers. All times are in PST.

Session 1: HDL and the Brain

12:00 PM–12:25 PM [Lunch](#)

12:25 PM–12:30 PM [Welcome, and Introduction](#)

Marit Westerterp and/or Scott Gordon (Co-Chairs)

12:30 PM–1:00 PM *Cheryl Wellington, PhD* (Professor, Department of Pathology and Laboratory Medicine, Faculty of Medicine, University of British Columbia, Canada)

1:00 PM–1:30 PM **Sponsor slot**
TBD, (TBD)

1:30 PM–1:45 PM [Early Career Talk](#)
TBD, (TBD)

Session 2: Structure and Function of HDL

1:45 PM–2:15 PM *Amy Shah, MD* (Professor, University of Cincinnati)

2:15 PM–2:30 PM *Rafael Zubiran, MD* (Postdoc, NIH Bethesda)

2:30 PM–3:00 PM **Sponsor slot**
TBD, (TBD)

3:00 PM–3:15 PM [Early Career Talk](#)
TBD, (TBD)

3:15 PM–3:45 PM *Coffee Break*

Session 3: HDL, Inflammation, and Immunity

3:45 PM–4:15 PM *Liam Brunham, MD PhD* (Associate Professor, Department of Medicine, University of British Columbia, Canada)

4:15 PM–4:45 PM *Katie Poholek, MD PhD* (Instructor of Pediatrics, Division of Rheumatology, University of Pittsburgh)

4:45 PM–5:15 PM *Xiangan Li, PhD* (University of Kentucky)

5:15 PM–5:30 PM *Michael Strickland, PhD* (Postdoc, Washington University)

5:30 PM –5:45 PM **Early Career Talk**
TBD, (TBD)

5:45 PM–6:20 PM **Jack Oram Award Winner and Keynote Lecturer**
TBD, (TBD)

6:20 PM–8:20 PM **Poster Presentations and Happy Hour**

Poster Submissions

TBD