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Homemade Chicken Broth

There's something so comforting about the aroma of homemade chicken broth simmering away. It's like a warm hug from the kitchen!

Using a **whole chicken** gives you tender meat for other dishes, (<u>like my Italian</u> <u>Wedding Soup</u>) while **chicken parts (like wings, thighs, or carcasses)** create a rich, deeply flavored broth. Try it both ways and you decide your favorite!

Keeping it **uncovered** allows the liquid to reduce and concentrate, making for a more flavorful end result. And sticking to that **4-hour limit** when using a whole chicken, ensures the broth doesn't develop any bitter or overcooked flavors.

Ingredients

- 1 whole chicken (about 3–4 lbs) or 2–3 lbs of chicken parts (wings, thighs, drumsticks, or bones)
- 10 cups water
- 1 large onion, quartered
- 3 large carrots, cut into chunks (if using fresh carrots include some of the tops)
- 3 large celery stalks, cut into chunks (include the leaves, they add flavor!)
- 4 cloves garlic, smashed
- 2 bay leaves
- 1 tsp black peppercorns
- 1 tsp Kosher or sea salt (adjust to taste)
- 1 tbsp dried thyme (or a few fresh sprigs)
- 1 tsp poultry seasoning
- 1 pinch saffron (adds depth and color, but optional)
- 1 tbsp apple cider vinegar (helps extract nutrients from the bones)

Instructions

1. Prepare the Ingredients

- Rinse the chicken and remove any excess fat or organs if using a whole bird.
- Chop the vegetables into large chunks.

2. Simmer the Broth

- In a large pot, add the chicken, water, onion, carrots, celery, garlic, bay leaves, peppercorns, thyme, poultry seasoning, saffron (if using) and apple cider vinegar.
- Bring to a gentle boil, then reduce to a low simmer. Skim off any foam that rises to the top.
- Let it simmer uncovered for 2-4 hours (or longer for deeper flavor). If using just bones, you can simmer for up to 8 hours.

3. Strain the Broth

- Remove the chicken and strain the broth through a fine-mesh sieve or cheesecloth into a clean pot or bowl.
- Discard the solids or pick the meat off the bones to use in soup or other dishes.

4. Cool & Store

- Let the broth cool to room temperature.
- Store in airtight containers in the fridge for up to 5 days or freeze for up to 3 months.

Tips for the Best Chicken Broth

- ✓ For extra richness, roast the chicken bones at 400°F (200°C) for 30 minutes before simmering.
- ✓ Want a clearer broth? Avoid stirring too much and skim off excess foam.
- √ Freeze in portions for easy use—ice cube trays work great for small servings!

This homemade broth adds incredible depth to any recipe. Enjoy!