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Pizza Dough

There are a thousand pizza dough recipes on the internet—so why not one more? I prefer using grams for measuring, as it ensures consistent results every time.

This recipe makes enough dough for a large 14-inch pizza, perfect for a classic round pizza pan.

Ingredients (Makes one 14-inch pizza)

- 685g bread flour (or 00 flour for a more traditional texture)
- 480g warm water (100– 110°F / 38–43°C)
- 1.5 tsp active dry yeast
- 3 tbsp olive oil
- 8g sea salt or kosher salt
- 1/8 tsp sugar or honey (helps activate the yeast)

#### Instructions

#### 1. Activate the Yeast

- In a small bowl, combine 4 oz warm water (100– 110°F), sugar or honey, 1 tbsp olive oil, and active dry yeast.
- 2. Mix thoroughly and let sit for **10 minutes** until foamy.

#### 2. Mix the Dough

- 3. In the bowl of a **stand mixer**, add the **flour**, remaining **warm water**, and **yeast mixture**.
- 4. Using the **paddle attachment**, mix until just incorporated.
- Add the salt, then switch to the dough hook attachment.
- 6. Knead on low speed for **5 minutes**, or until the dough pulls away from the sides of the bowl.

#### 3. First Proof

7. Remove the dough and pour the remaining olive oil into the bowl.

- 8. Shape the dough into a ball and place it back in the bowl, coating it with oil.
- 9. Cover with a **towel or plastic wrap** and let it proof in a **warm spot** until doubled in size (**1–2 hours**).

### 4. Second Proof (Cold Fermentation)

- 10. Once risen, place the dough on a **lightly floured** surface and knead for 5 minutes.
- 11. Shape into a ball and place it on a **plate or small** sheet pan.
- 12. Cover **tightly** with plastic wrap and refrigerate **overnight or up to 2 days** (*do not skip this step—it enhances flavor and texture!*).

## 5. Storing & Using the Dough

- Use immediately or freeze in a freezer bag for up to 3 months.
- If refrigerated, let the dough come to **room** temperature before shaping.

#### 6. Shaping & Baking

- 13. Stretch the dough to fit your **pan or pizza stone** (*if it keeps springing back, let it rest for 10 minutes*).
- 14. Top with your favorite toppings, but avoid oversaucing or adding too many toppings to prevent a soggy crust.
- 15. Bake at 450°F on the lower oven rack for 15–20 minutes, or until the crust is golden brown.

#### Tips for the Best Pizza

- Never bake cold dough—always bring it to room temperature first.
- Avoid adding hot sauce directly to the dough, as it can affect texture.
- Less is more—too much sauce or too many toppings can make the crust soggy.