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Baked Beans

## Smoky & Sweet Baked Beans – A Flavorful Twist on a Classic

There's nothing like a hearty plate of baked beans alongside steak, baby back ribs, or a backyard favorite like hot dogs and hamburgers. This recipe puts a flavorful spin on traditional Boston Baked Beans with the addition of rich tomato sauce, while still delivering that deep, smoky goodness from bacon and a touch of molasses. Packed with spices and slow-cooked to perfection, these beans are comfort food at its finest. Give them a try—they're sure to be a hit at your next meal or cookout!

## Serves: 2-4

## Ingredients:

- 16 oz navy beans (canned, drained or pre-soaked overnight if using dried)
- 2 slices bacon, cut into 1" pieces
- 1 small yellow onion, diced
- 1 clove garlic, minced
- 1 (8 oz) can tomato sauce (no salt added)
- 1/4 cup molasses
- 1 tbsp Worcestershire sauce
- 1/2 tsp granulated onion
- 1 tbsp paprika
- 1 tsp dried mustard
- 1 tsp ground cumin
- 1 tsp kosher or sea salt
- 1/2 tsp black pepper
- 1/3 cup light or dark brown sugar
- 1 tsp honey
- 3/4 cup reserved bean liquid or water

#### Instructions

## 1. Cook the Bacon & Aromatics:

In a large saucepan or Dutch oven, cook the bacon over medium heat until just crispy. Add the diced onion and cook until softened, about 5 minutes. Stir in the garlic and cook for another 30 seconds until fragrant.

- 2. Combine the Sauce Ingredients: Lower the heat and stir in the tomato sauce, molasses, Worcestershire sauce, brown sugar, honey, and all the spices (granulated onion, paprika, mustard, cumin, salt, pepper). Mix well to combine.
- 3. Add Beans & Liquid: Gently fold in the beans and the reserved bean liquid or water. Stir until everything is evenly coated.
- 4. Simmer or Bake:
  - Stovetop Option: Cover and simmer on low heat for 1.5 to 2 hours until beans are tender, stirring occasionally until the sauce thickens and flavors deepen.
  - Prefered Oven Option: Preheat oven to 325°F (160°C). Transfer the mixture to a baking dish or leave it in your Dutch oven, cover with a lid or foil, and bake for 1.5–2 hours until beans are tender, stirring occasionally.

#### 5. Finish & Serve:

Taste and adjust seasoning if needed. Let cool slightly before serving. These beans are amazing with steak, ribs, grilled meats, or just with a slice of warm bread.

*important:* Check the level of liquid periodically in saucepan or Dutch oven and add more as needed.

**Tip**: Make them a day ahead! The flavors deepen even more overnight. Reheat gently before serving.