

Newsletter

VOLUME 3

Developing Project Results

Research tells us that using micro-learning resources is a highly effective strategy for engaging youth workers and young people in learning about the three pillars of sustainability—environmental, economic, and social. The short-bite-sized nature of these resources, requiring only 3–5 minutes per session, enhances accessibility and accommodates the dynamic lifestyles of the target audiences. The brevity of each session allows for flexibility, enabling learners to integrate sustainability education into their daily routines.

30 micro-learning resources, each lasting only between 3 and 5 minutes. We will each develop one animated video, one online quiz, one article or blog, one call-to-action and one infographic. Developed resources will address each of the following pillars of sustainability:

- Economic Pillar
- Social Pillar
- Environmental Pillar

Each resource will be accompanied by a one-page activity plan that will support youth workers to integrate these resources into their youthwork practice. These activity plans will be collated into one Guidebook for Youth Workers, to help them to integrate sustainable practices into their youthwork programmes.

The 30-Day Sustainability Challenge is expected to achieve a positive and lasting impact on both young people and youth workers engaged in the Challenge. For young people, active participation in the challenge is expected to foster a heightened awareness of environmental, economic, and social sustainability. Through daily activities and goals outlined in the microlearning resource toolkit, participants will not only acquire practical knowledge but also cultivate a sense of responsibility toward sustainable practices in their daily lives. This hands-on approach is expected to instil a lasting commitment to ecofriendly behaviours, empowering young people to become advocates for positive environmental change within their communities.

RESULT 1

30-day Sustainability Challenge Toolkit

RESULT 2

Inclusive and Sustainable Gardening Programme for Youth Workers and Young People

Gardening and sustainable agriculture serve as powerful tools to support young people from diverse backgrounds in engaging with sustainability projects by providing tangible and inclusive activities. These practices offer hands-on experiences that transcend cultural and social barriers, fostering a sense of connection to the environment while simultaneously promoting skills development, teamwork, and a deeper understanding of sustainable practices, creating a shared platform for diverse youth to collaborate and contribute to positive environmental and social outcomes.

This Inclusive and Sustainable Gardening Programme provides practical, action-learning resources for young people and youth workers that will teach them about gardening and sustainable agriculture. This will be in the form of workshop-based learning activities, supported by online resources which include quizzes, videos, and infographic resources.

We will develop 6 modules which will address the following topics:

Economic Pillar – Module 1 – Sustainable Agriculture Practices and Module 2 – Entrepreneurship in Green Initiatives.

Social Pillar – Module 3 – Community Green Spaces for Social Inclusion and Module 4 – Cultural Competence in Gardening Initiatives.

Environmental Pillar – Module 5 – Biodiversity Conservation in Urban Gardening and Module 6 Zero-Waste Gardening and Composting.



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