

RECONNECT TO ORIGIN

WITH



a First Nations
wellness experience
crafted from
ancient wisdom

Walk away with a renewed sense of calm, clarity,
and connection to what matters most

OUR ORIGINS

Migayn dhuru (Hello) My name is Bel Harvey, a proud Bidjara woman and the founder of Reconnect to Origin. Through cultural storytelling, movement, and connection to Country, I guide individuals and groups on a journey of reconnection to the Earth, to their inner selves, and to ancient knowledge that still lives and breathes today.

This document is designed to support conversations with personnel within tourism, wellness, and community sectors who are seeking impactful, Indigenous-led experiences that align with cultural integrity, visitor transformation, and regional value.



A Gentle Note of Respect

This experience is offered with the blessing and cultural consent of a respected Elder on whose Country we gather. I am deeply honoured to hold this space, and I do so with full recognition that I walk in the footsteps of those who came before me.

While I share this practice through lived experience and cultural training, I do not speak in place of our Elders. They are the knowledge holders, nurturers, trailblazers, and spiritual anchors in our communities. I respectfully encourage all participants to continue seeking connection with Elders to listen, learn, and uphold the wisdom they carry. Their voices remain central to the past, present, and future of our cultural journey.



THE EXPERIENCE:

WAYAPA ON SACRED GROUND

Wayapa on Sacred Ground is a 90-minute cultural wellness session that takes place outdoors on Country in Toowoomba QLD. Rooted in the Wayapa Wuurrk practice, this experience blends:

- A heartfelt Acknowledgment of Country
- Cultural protocol and introductions
- The story of the 14 Wayapa elements
- Guided movement meditation (low to moderate fitness level required)
- Reflection through open yarning
- A take-home cultural gift bag

GUESTS WALK AWAY WITH A RENEWED SENSE OF:

HARMONY

A renewed sense of calm, clarity, and connection to what matters most

MINDFULNESS

Tangible tools for eco-conscious living and reflection

APPRECIATION

Cultural respect and deeper appreciation for Aboriginal wisdom

WELLBEING

A lasting sense of spiritual, emotional, and cultural wellbeing

AWARENESS

Grounded body awareness and emotional balance

WHO IT'S FOR

International travellers seeking authentic connection

Visitors from around the world are increasingly seeking experiences that go beyond sightseeing, they want depth, story, and truth. Reconnect to Origin offers a genuine cultural immersion led by a First Nations woman, allowing travellers to engage respectfully with Aboriginal wisdom, movement, and spirituality in a way that stays with them long after they leave.

Domestic families on healing or nature-based getaways

For Australian families looking to slow down, reconnect, and teach their children the value of Country, this experience offers a grounding pause in nature. It creates space for bonding, mindfulness, and cultural respect in a way that's both gentle and meaningful.

Retreat facilitators and wellness professionals

Retreat leaders and wellbeing providers can enrich their offerings by including a sacred, culturally led session that supports emotional grounding, spiritual reconnection, and alignment with the land. Wayapa on Sacred Ground complements yoga, meditation, and gentle movement practices beautifully.

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Schools, educators, and youth groups

This experience offers students and educators a culturally safe and interactive way to connect with Aboriginal perspectives, land care principles, and embodied learning. It aligns with curriculum goals while nurturing respect, reflection, and reconciliation in practice.

Local community organisations and councils

Reconnect to Origin is a natural fit for local governments, community wellness programs, and cultural events. It provides a way to support First Nations-led initiatives while offering the public a space for healing, education, and deeper community connection.

VALUE TO THE WELLNESS & TOURISM INDUSTRY

- 100% Aboriginal owned and operated
- Certified and insured IICT Member
- Qualified Wayapa Wuurrk Practitioner
- Aligns with Tourism Australia's focus on immersive Indigenous experiences
- Supports Queensland's cultural and eco-tourism growth
- Offers meaningful alternatives to commercialised tourism
- Ideal for regional economic development and inclusive wellness offerings

PARTNERSHIP OPPORTUNITIES

Tourism boards, councils, and organisations are invited to collaborate with Reconnect to Origin through a range of tailored opportunities designed to bring authentic Aboriginal cultural wellness experiences to broader audiences. This includes:

- **Featured inclusion in regional cultural experiences:** Enhance your destination offerings with an immersive First Nations wellness session that aligns with sustainability, storytelling, and cultural integrity.
- **Group session bookings:** Offer Wayapa on Sacred Ground as a powerful team-building or wellbeing activity for schools, corporate groups, wellness programs, and community development projects.



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- **Retreat add-ons and seasonal events:**

Incorporate Wayapa into existing wellness or spiritual retreats, or co-create seasonal community activations grounded in Country and cultural practice.

- **Co-branded cultural education initiatives:**

Partner with Reconnect to Origin to develop culturally respectful, co-branded resources or experiences that support education, cultural awareness, and visitor engagement across sectors.

These partnerships create meaningful, long-term value for communities and travellers alike, strengthening Queensland's position as a leader in authentic Indigenous tourism.



WHY CHOOSE US

1

100% ABORIGINAL OWNED AND OPERATED

Reconnect to Origin is proudly founded and led by Bel Harvey, a Bidjara woman, Wayapa Wuurrk Practitioner, and cultural storyteller. Every session is delivered with cultural integrity, lived experience, and spiritual connection ensuring that participants engage in a practice that is not only healing, but also deeply respectful of First Nations knowledge.

2

AUTHENTIC INDIGENOUS-LED EXPERIENCE

This is not a performance or tourist attraction, it's a sacred offering. Guests are invited to participate in story, movement, and reflection in a way that honours traditional values, respects Country, and encourages embodied learning. It's a rare opportunity for visitors to be guided by someone who lives and breathes what she teaches.

3

CULTURALLY SAFE AND EMOTIONALLY GROUNDING

Wayapa on Sacred Ground is delivered with care and awareness for diverse backgrounds, emotional needs, and spiritual journeys. Each session opens with heartfelt Acknowledgment, creates space for personal reflection, and ends with tangible tools guests can carry forward. The experience gently supports nervous system regulation, self-awareness, and inner calm.

4

VISUALLY RICH, HIGHLY SHARABLE, AND VALUES-ALIGNED

From the storytelling visuals to the eco-conscious gift bags, guests are offered something they want to share with friends on social media, or through word of mouth. The experience aligns with sustainability values, cultural education, and spiritual wellbeing making it highly appealing to conscious travellers and aligned brands.

5

EASY TO HOST, EASY TO BOOK

Sessions are designed to be flexible and accessible for a wide range of venues and programs. Reconnect to Origin provides all materials and guidance needed. With QR-code-based bookings and clear communication, partners can confidently promote and include it in their offerings.

LET'S YARN

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