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"Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms."

1 Peter 4:10

Part 1: Identifying Your Natural Gifts

Think of these as the things you do well without having to try very hard.

1. **The "Time Warp" Test:** What activity are you doing when you look at the clock and realize three hours have passed without you noticing?
2. **The Help Desk:** What is the #1 thing friends or colleagues come to you for help with (e.g., advice, organizing, fixing things, explaining complex ideas)?
3. **The Ease Factor:** What is something that feels incredibly easy for you, but seems to frustrate or confuse other people?
4. **Childhood Echoes:** When you were 10 years old, what did you spend your free time doing before the world told you what you "should" be doing?

Part 2: Happiness and Contentment

This section identifies your fuel source—what keeps you energized.

5. **The Perfect Saturday:** If all your chores were done and money wasn't an issue, how would you spend a solo afternoon to feel completely recharged?
6. **The "Small Wins":** Describe a moment in the last month where you felt a genuine "spark" of joy. What specifically were you doing?
7. **The Envy Map:** Who are you a little bit jealous of right now? (Note: We are usually jealous of people doing what we actually want to do.)
8. **The Quiet Space:** When do you feel most "at home" in your own skin? (e.g., while creating, while leading, while researching, while physical training?)

Part 3: Stresses and Fears

These are the anchors holding you back from utilizing your gifts.

9. **The Energy Drain:** What is the one task on your weekly to-do list that you dread the most? Why does it drain you?
10. **The "Imposter" Voice:** What is the specific fear that stops you from sharing your work or ideas with the world? (e.g., "I'm not an expert," "It's already been done.")
11. **Current Friction:** If you could wave a magic wand and remove one recurring stressor from your life today, what would it be?
12. **The Worst-Case Scenario:** If you tried to pursue your passion and "failed," what is the specific outcome you are actually afraid of?

Part 4: Monetization and Market Value

This bridges the gap between "hobby" and "career."

13. **The Pay-to-Play:** What is a service or product you currently use that you think, "I could actually do this better or more uniquely"?
14. **The Knowledge Gap:** What do you know so much about that you could give a 20-minute presentation on it with zero preparation?
15. **The Transformation:** How does the thing you love doing actually help someone else? (Does it save them time? Make them feel better? Solve a technical problem?)
16. **The First Dollar:** If you had to make \$100 by tomorrow using only your existing skills (not your current job), how would you do it?

How to use this form

I recommend answering these in a quiet space without a computer. Use a physical notebook to let your thoughts flow without the urge to "edit" yourself. Dig deep, write down any thoughts you have found or are now made aware. You can offer so much besides just punching someone else's employment clock. Use this form as often as needed.