



*The G. Ingles **Art** and Financial Co. Newsletter*

Year 2025 Volume 4 Issue 3

## MARKET UPDATES

The S&P 500 turns positive on the year along with Nvidia, Disney, Broadcom, MGM Resorts, and Exxon Mobil. This has greatly raised the outlook for the markets in May and June. However, the Nasdaq and the Dow Jones are still just shy of being positive on the year. May 2025 has produced high returns unlike in prior years when it was down -5% or more. The S&P 500 has risen +13% overall in one month. China and the U.S. have come to soft terms on a positive trade deal regarding tariffs. Russia and Ukraine have entered another cease fire deal. Most of the air strikes between Hamas and Israel have been staunch. Very few American hostages remain. President Trump has also entered into talks to reduce the sanctions related to Syria and other O.F.A.C. countries citing there are more positive trade relations than negative outcomes.

Inflation is coming down slowly but costs related to energy, large items, and utilities are still rising. Unemployment, despite most layoffs, is hovering around 4.2%. GDP slipped negative in Q1 aggravated by Trump's tariffs. As of April 2025 the U.S. has collected \$16.3 billion in tariffs which has reduced our national deficit to \$1.05 trillion. **Use high caution trading in a market that places news and events ahead of research and revenue. If you have some gains, consider taking those profits off the table.**



**BITCOIN** Bitcoin has rapidly moved from a low of \$79,000 back up to its high above \$104,000.



**FIXED INCOME** The fixed income market has moved up along with the equities market in the month of May. The Federal Reserve meets in June. At this time, there is no indication they will ease more than twice this year.



**SECTOR PERFORMANCE UPDATE** A diversified portfolio helps reduce portfolio risk and gives you exposure to different aspects of the market. The Industrial Sector is up 7% YTD. Financials are up 5.49% YTD. Utilities are up 5% YTD. All the other 8 business sectors are lower. Four sectors are negative.



**TAXATION** Tax season has ended with many states behind in filing taxes. The IRS and its affiliates have been reduced by 11,433 agents along with 7000 being on probation.

## TRADE DESK NOTES

| Buy   | Hold   | Sell   |
|---|--|--|
| UPS, UPS Stock<br>MRK, Merck<br>CVS<br>SILVER, SLV<br>WMT, Walmart<br>Bitcoin, BITO<br>TMUS, T Mobile<br>VZ, Verizon<br>UAL, United Air<br>DAL, Delta Air<br><br>XLV, Healthcare ETF<br>Stocks that have dropped suddenly | QQQ, Nasdaq<br>XLE, Energy ETF<br><br>UNH, United Healthcare<br>AVGO, Broadcom<br><br>XLC, Communication<br>SCHW, Schwab<br>RCL, Royal Caribbean<br>Bank stocks<br><br>TGT, Target<br>FDX, Fedex | Stocks with negative earnings<br>XLC<br>Use caution selling tech stocks, high volatility<br><br>Avoid consumer discretionary stocks until inflation subsides |



*Good day to you young millionaires and billionaires!* This month we are focusing on uncovering what a commodity looks like? First, define what a commodity is. Second, create a list of commodities. Third, look around your house or property and see what commodities you can find. It's important you know what the market value is of any item to know if it is important to you or your wallet.

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I am your Financial Chef and Coach, Khyla P. Barnes.

Here to assist you with making your best financial dish.

If you have questions let's talk.  
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**See you next time on the trading floor!**

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