

OBS TALKS SPEAKERS & MODERATORS

VI OPORTO BIOMEDICAL SUMMIT



SPEAKERS & MODERATORS

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OBS TALK I- Tiny Beginnings: Navigating the Challenges of Prematurity

Speaker

Cristiana Isabel Pereira Moreira, MD, PhD

Dr. Cristiana Moreira is a specialist in Obstetrics and Gynecology with a focus on maternal-fetal medicine and prenatal diagnosis. She graduated in Medicine from the University of Minho (2010–2016) and completed her residency in Obstetrics and Gynecology at the Centro Materno Infantil do Norte, Porto (2018–2023). She is currently pursuing a PhD in Medical Sciences at ICBAS, University of Porto. Her training includes international fellowships in Fetal Medicine and Prenatal Diagnosis at Hospital Necker-Enfants Malades, Paris, Maternidade Alfredo da Costa, Lisbon, and endoscopic gynecology at Policlinico Universitario Agostino Gemelli, Rome. Dr. Moreira practices in maternal-fetal medicine, prenatal diagnostics, general gynecology, laser gynecology, minimally invasive surgery, and family planning. She is an active researcher and lecturer, authoring scientific publications and teaching both undergraduate and postgraduate courses in obstetrics, gynecology, and maternal health. She holds multiple international certifications in fetal medicine, obstetric ultrasound, preeclampsia screening, gynecologic endoscopy, and ovarian tumor analysis. She is a member of SPOMMF, ISUOG, FMF, and SPG.



Speaker

Ana Isabel Igreja, MD

Dr. Ana Isabel Igreja is a pediatrician and neonatologist at the Neonatal Intensive Care Unit (NICU) of Centro Materno Infantil do Norte, Porto. She specializes in the care of premature and critically ill newborns, with a focus on the challenges of prematurity. She has contributed to scientific publications and conferences in neonatology and is committed to sharing evidence-based clinical insights from neonatal intensive care.



OBS TALK I- Tiny Beginnings: Navigating the Challenges of Prematurity



Speaker

Ana Novo, MD

Dr. Ana Novo is a pediatrician and neonatologist, serving as a NICU consultant at Centro Materno Infantil do Norte, Porto. She represents Oporto on the Very Low Birth Weight Preterm Infant Follow-up National Committee of the Portuguese Society of Neonatology. She is a Guest Professor at ICBAS, University of Porto, and an instructor in postgraduate hospital-based education for pediatric and neonatology trainees. She has authored numerous national and international publications, with expertise in neonatal neurology, periviability, and postnatal neurobiological follow-up. Dr. Novo co-coordinates and lectures the 2025 postgraduate online course "Follow-up of the Neurobiologically At-Risk Newborn", organized by ICBAS and CMIN, and contributes to national clinical consensus documents and neonatal guidelines. She is a certified instructor in neonatal cranial ultrasound.

Moderator

Carmen Carvalho, MD, PhD

Dr. Carmen Carvalho is a pediatrician and neonatologist with a PhD in Bioethics, currently leading the Neonatology Department at Centro Materno Infantil do Norte, Porto. She is an Associate Professor at ICBAS, University of Porto, and previously served as President of the Portuguese Society of Neonatology (2020–2022). She is active in multiple committees, including the ICBAS/Santo António Ethics Committee, the Interhospital Pediatric Palliative Care Team, the Disciplinary Council of the Portuguese Medical Association, and the Santo António Bereavement Support Group. With a Master's in Narrative Medicine, Dr. Carvalho has published over 90 articles in pediatrics, neonatology, bioethics, and neonatal palliative care, contributing significantly to both research and clinical practice.



OBS TALK II- Shared Decisions, Tailored Solutions: Revolutionizing How We Treat Patients



Speaker

Sofia Baptista, MD, PhD

Dr. Sofia Baptista is a board-certified specialist in General and Family Medicine based in Porto, Portugal. She serves as Coordinator of the Family and General Practice Unit at Hospital CUF Porto. She holds a PhD in Medicine and is an Assistant Professor at the Faculty of Medicine of the University of Porto, as well as a researcher at RISE-Health. She has completed an Advanced Management Program for Healthcare Institutions at AESE Business School. Beyond her clinical and academic roles, Dr. Baptista is deeply engaged in science communication. She is the host of the medical podcast "M80 Mala Médica" on M80 radio and served as medical correspondent for CNN Portugal between 2021 and 2023. She is also a mother of two and has a strong interest in communication, poetry, and bossa nova.

Speaker

José Alexandre Ferreira, PhD

Prof. José Alexandre Ferreira is a cancer researcher and team leader at the Portuguese Oncology Institute of Porto, Portugal's largest comprehensive cancer center, where he heads the Proteomics Unit. He leads a multidisciplinary team working at the intersection of oncology, glycobiology, and glycoengineering, with a strong emphasis on translational research. His main research focus is on deciphering the cancer glycocode as a functional layer of tumor biology and a source of therapeutic vulnerability. His work integrates advanced proteomics with translational models to identify cancer-specific glycan signatures and glyconeantigens for early detection and precision targeting. He is also the CEO and co-founder of GlycoMatters, a biotechnology startup dedicated to the development of next-generation glycan-based cancer vaccines and immunotherapeutic strategies.



OBS TALK II- Shared Decisions, Tailored Solutions: Revolutionizing How We Treat Patients



Speaker

Miguel Seabra, PhD

Prof. Miguel Seabra has a 30-year international career spanning the United States, United Kingdom, and Portugal, encompassing academic research, science policy, and research leadership. He conducted his PhD training and early independent academic career as Assistant Professor at UT Southwestern Medical Center, Dallas (1988–2007), followed by appointments as Associate Professor and Full Professor at Imperial College London (1997–2015). Since 2007, he has held multiple leadership roles in Portugal, including Professor and Head of Laboratory at NOVA Medical School (current), President of the Portuguese Foundation for Science and Technology (FCT) from 2012 to 2015, and Director of CEDOC (now NMS Research). His research focuses on cell biology, molecular mechanisms of disease, and translational gene therapy. He has authored 180 peer-reviewed publications, accumulating over 21,000 citations (h-index 76). Since 2021, at the invitation of the Champalimaud Foundation, Prof. Seabra leads the Ocular Low-Cost Gene Therapy Initiative, in collaboration with the LV Prasad Eye Institute (India), aiming to develop and implement affordable gene therapy solutions for common eye diseases.

Moderator

António Araújo, MD, PhD

Prof. António Araújo is Head of Medical Oncology at ULS Santo António and Full Professor at ICBAS, University of Porto. He has held national and international leadership roles, including Director of the Integrated Master's in Medicine at ICBAS, member of the Portuguese National Council for Oncology, and founding member of REDICAP – the Ibero-American Lung Cancer Network. He has authored 140+ scientific publications, is a full member of ESMO, ASCO, IASLC, and Portuguese oncology and pulmonology societies. His contributions have been recognized with multiple distinctions, including the Municipal Medal of Merit (Gold, 2022), the Ricardo Jorge Distinction (2023), and the Merit Medal of the Portuguese Medical Order (2024).



OBS TALK III- Digital Overload: The Price of Being Always On

Speaker

Artemisa Rocha Dores, PhD



Artemisa Rocha Dores holds a PhD in Biomedical Sciences (Cognitive and Affective Neuroscience) and a Master's degree in Psychology (Cognitive Sciences). She earned her degree in Psychology with a specialization in Clinical and Health Psychology and completed a Postdoctoral Fellowship in Psychology, focusing on a psychobiological approach to pathological and problem gambling. She is a specialist in Clinical and Health Psychology, with an advanced specialization in Neuropsychology certified by the Portuguese Psychologists Association (OPP), and holds the European Provisional Certificate of Specialist in Clinical Neuropsychology. Dr. Dores is a Coordinating Professor of Psychology and a researcher at the Centre for Rehabilitation Research, School of Health, Polytechnic of Porto. She is also a researcher at the Neuropsychophysiology Laboratory of the Faculty of Psychology and Educational Sciences of the University of Porto (FPCEUP). Her research focuses on cognitive and affective neuroscience, digital health technologies, and digital well-being, and she participates in several national and international research projects. She is a member of the Technical Committee of the Interministerial Council for Addictive Behaviours and Dependencies, representing the Ministry of Education, Science and Innovation.

Speaker

Hugo Alexandre Ferreira, MD, PhD

Hugo Alexandre Ferreira holds degrees in Medicine and Technological Physics Engineering and a PhD in Physics, specializing in nanotechnologies applied to biomedicine. He is an Associate Professor at the Faculty of Sciences of the University of Lisbon, where he teaches in the Biomedical Engineering and Biophysics programs. He is also a Senior Researcher at the Institute of Biophysics and Biomedical Engineering, where he co-leads the research line in Digital Health, Sport, and Well-being, integrating neuroscience and physiology with artificial intelligence, data science, and immersive technologies.

Dr. Ferreira is the founder of several health-related spin-off companies and acts as a consultant and evaluator for national and international research projects.



OBS TALK III- Digital Overload: The Price of Being Always On



Speaker

Maria José Guimarães, MD

Maria José Guimarães is a board-certified specialist in Pulmonology and Sleep Medicine. She graduated in Medicine from the Faculty of Medicine of the University of Coimbra and has been a specialist in Pulmonology since 2008. She holds the Competence in Sleep Medicine from the Portuguese Medical Council (since 2015) and the title of Somnologist / Expert in Sleep Medicine awarded by the European Sleep Research Society (since 2022). Dr. Guimarães serves as Clinical Director at the Sleep Clinic bearing her name, at Douro Centro Médico, and at Hospital Privado da Trofa, where she integrates the Sleep Clinic. She is also a Pulmonology Consultant at the CRI Sono/VNI Unit of Hospital de São João, Porto. She is the founder of the Working Group on Ventilatory Support for Neuromuscular Disease Patients of the Portuguese Society of Pulmonology, where she is also a member of the working groups on Home Ventilation, Sleep Disorders, Physiopathology, and COPD. Dr. Guimarães is an active member of several national and international scientific societies and serves on the editorial board of the journal Pulmonology.

Moderator

Will be communicated soon



OBS TALK IV- From Experience to Expertise: Gender-Affirming Care

Speaker

Ana Luísa Torrão Pinheiro, MD

Biography available soon.

Speaker

Júlia Mendes Pereira

Júlia Mendes Pereira is a Portuguese activist and public figure dedicated to the defense of transgender rights. From an early age, she recognized her gender identity and faced significant personal and social challenges that shaped her personal and political journey. She was a pioneer in Portugal in legally changing her identification documents following the 2011 Gender Identity Law and continues to advocate for self-determination, equality, and dignity for all transgender people. Her work bridges personal experience and public advocacy, bringing a vital human perspective to discussions on transgender healthcare and rights.



OBS TALK IV- From Experience to Expertise: Gender-Affirming Care



Speaker

Iván Mañero, MD

Dr. Iván Mañero is an internationally renowned plastic, aesthetic, and reconstructive surgeon, with over 25 years of clinical, academic, and research experience. He graduated with Honors in Medicine and Surgery from the Autonomous University of Barcelona and completed his specialization in Plastic Surgery at Bellvitge University Hospital. He further advanced his training at leading institutions in the United States, United Kingdom, and Brazil, refining cutting-edge techniques in facial, body, and reconstructive surgery. In 1999, he founded IM CLINIC, now one of Europe's most advanced hospital centers dedicated exclusively to plastic surgery and aesthetic medicine. IM CLINIC is also an accredited training center for plastic surgery residents and hosts international advanced education programs. A pioneer in genital and gender-affirming surgery, Dr. Mañero established the IM GENDER Unit in 2000, which is internationally recognized as a reference center in transgender healthcare. He has led major research initiatives in transgender health and coordinated the development of clinical protocols for institutions such as Hospital Clínic of Barcelona and the Cuban National Health System. He currently coordinates the National Reproductive Health Guidelines for Transgender Individuals, working within a multidisciplinary framework.

Dr. Mañero is Director of the International Master's Degree in Genital Surgery and a Professor in the Pelvic Floor Master's Program at the University of Manresa. He collaborates as a lecturer and researcher with several academic institutions, including the Barcelona Center for Regenerative Medicine, Complutense University of Madrid, Francisco de Vitoria University, and the Autonomous University of Barcelona.

His academic output includes numerous peer-reviewed publications, particularly in reconstructive and genital surgery. Since 2007, he has led the Iván Mañero Foundation, promoting healthcare cooperation projects in Africa focused on genital reconstruction following female genital mutilation, including the development of pioneering techniques such as clitoral reconstruction using vaginal grafts.

Dr. Mañero is a member of major national and international scientific societies, including ISAPS, ASPS, SECPRE, AECEP, and WPATH, and was awarded the Top Doctors Award 2023.

OBS TALK IV- From Experience to Expertise: Gender-Affirming Care

Moderator

Jorge Gato, PhD

Jorge Gato, PhD, is a researcher specializing at the intersection of clinical and social psychology. His work focuses on the impact of discrimination on the well-being of socially vulnerable groups, particularly LGBTQIA+ individuals and migrant populations.

He is especially interested in the development and evaluation of individual, family, and community-based psychological interventions for these groups. Dr. Gato is the author of more than 50 scientific publications and has written two books, including "Psychological Intervention with LGBTQIA+ People: An Individual, Family, and Community Perspective".

In addition to his academic work, he is a psychotherapist and family therapist and currently serves as President of the European Society on Family Relations. He firmly believes that psychology plays a central role in building a more just and inclusive society and is actively involved in the defense of LGBTQIA+ human rights.



OBS TALK V- Beyond the Scale: Revolutionary Obesity Treatments

Speaker

Joana Menezes Nunes, MD



Joana Maria de Menezes Nunes, MD (Portuguese Medical Council no. 47137), is a board-certified specialist in Endocrinology and Nutrition since 2015. She is dedicated to the stigma-free treatment of adults and adolescents living with obesity, as well as to the advocacy of patients' rights.

In June 2023, she launched a national petition advocating for public reimbursement of anti-obesity medications. Since 2019, she has played an active role in society, promoting health literacy, education, and professional training on obesity as a chronic disease. She is a strong advocate for a person-centered, non-stigmatizing approach, replacing the "P" of Peso (Weight) with the "P" of Pessoa (Person), representing a new approach to an old disease.

Speaker

Vasco Sá Pinto, MD

Vasco Sá Pinto, born in Ovar, graduated in Medicine from the Faculty of Medicine of the University of Porto in 2014. He completed his residency in Neurosurgery at Hospital de Santo António, including a fellowship in Epilepsy Surgery and Functional Neurosurgery at the Centre Hospitalier Universitaire Grenoble Alpes, and became a board-certified neurosurgeon in 2022. He currently practices as a neurosurgeon at ULS de Santo António, with a clinical focus on Epilepsy Surgery and Functional Neurosurgery. His research interests include these fields as well as Neurotrauma. He is the proud father of two daughters and an amateur marathon runner.



OBS TALK V- Beyond the Scale: Revolutionary Obesity Treatments

Speaker

Luís Lopes, MD, PhD



Dr. Luís Lopes (Portuguese Medical Council no. 36649) is a board-certified specialist in Gastroenterology and serves as Gastroenterology Coordinator at Hospital CUF Porto, also working within digestive surgery and gastrointestinal oncology units. His clinical expertise includes advanced therapeutic endoscopy, pancreatic and biliary diseases, endoscopic ultrasound, and disorders of the digestive tract, particularly liver and biliary diseases. Dr. Lopes graduated in Medicine from the Faculty of Medicine of the University of Porto and completed his gastroenterology training at Hospital Geral de Santo António. He holds a PhD in Medicine from the University of Minho, as well as an MBA and a Master's degree in Business Economics. He is currently President of the Gastroenterology Board of the Portuguese Medical Council, a Fellow of the European Board of Gastroenterology and Hepatology, and a Professor at the School of Medicine, University of Minho, with active involvement in clinical research.

Moderator

Mariana Monteiro, MD, PhD

Mariana P. Monteiro, MD, PhD, is an Endocrinologist and Full Professor of Medicine, serving as General Coordinator of the Multidisciplinary Unit for Biomedical Research (UMIB) at the Abel Salazar Institute of Biomedical Sciences (ICBAS).

