

*A Journey of
Empowerment and
Compassion*

LEVEL OF
ACTION:
2019



THE NARI SHAKTI
FOUNDATION

ADDRESS:

At: Adarshapara, Palangir,
PO:Rajendra College,
PS. Balangir,
District: Balangir

CONTACT DETAILS:

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ESTABLISHED IN :

Year 2019

ORGANIZATION STATUS :

Non –Governmental Organization

LEVEL OF ACTION:

Year 2019

REGISTERED UNDER ACT

Indian Societies Registration Act XXI, of 1860

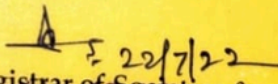


**Certificate of Registration of Societies
Act XXI of 1860**

No.7160 - II of 2022

I hereby certify that " Nari Shakti Foundation
(N.S.F)" At- Adarshapara (Near Sarojini Residency) ,
PO-Rajendra College, Dist-Balangir has this day been
registered under the societies Registration Act (Act of XXI
of 1860)

Given under my hand at Balangir this 22nd day
of July Two Thousand and Twenty Two.


District Registrar of Societies &
Addl. Dist. Magistrate
Balangir

REGISTRATION NO:

7160-11 of 2022 July 22, With Government of Odisha,
Balangir, India

COUNTRY:

India

AIMS AND OBJECTIVES

- To develop the character and moral life of the members.
- To develop scientific attitude.
- To provide cultural activities.
- To participate in co-operative efforts.
- To provide and encourage literacy of the illiterate people through adult education.
- To increase discipline, self-help and to formation of Self Help Group (SHG) among women.
- To encourage the people for family planning .
- To develop a resource centre for developing, fostering and popularizing people alternative hither to approach of developmental action in the area.
- To produce literature for the people basing on peoples' history, their achievements their problems etc.
- To motivate the people towards the formation of self-reliant.
- To organize public campaigns on issues of national importance.
- To undertake cottage industries and other activities to provide gainful employment to the members and generally or enrich the economic, social and cultural life of the members and community.
- To undertake schemes of land improvements, irrigation, social conservation consolidation, plant and protection, forestation, horticulture and pisciculture etc.
- To encourage thrift self-help and mutual aid amongst its members and disseminate knowledge regarding farming and improving agricultural practices on new scientific methods.

- To develop the cultural/scientific/fine arts/Literature/Sports and games activities among the members as well as general public.
- To provide medical and educational facilities to the weaker sections of the society and collect natural theme of history, mechanical, philosophical inventions and designs. To encourage and participate in cooperative efforts and foster the community service.
- To encourage and participate in cooperative efforts and foster the community service.
- To undertake relief measures in aid and to distress people affected in natural calamities or in other ways.
- To spread knowledge of citizenship and working jointly with the State Welfare where coordination programme be introduced.
- To take adequate steps for removal of dowry system from the society.
- To provide good library and reading room facilities.
- To organize various programmes like adult literacy, family planning, remedial education, milk feeding, nutrition, balwadies education, community health for social improvement of the controlled commodities etc.
- To create awareness among the people against wine and other intoxicated manner.
- To fight against epidemics and take all suitable steps to organize different medical camps in different areas by consulting the concerned authorities
- To avail all schemes of the State and Central Govt.
- To improve general education within the area and to build up close relationship between the school and communities.
- To develop among children a sense of respect and dedications and value of life.
- To develop patriotism social attitude and manners and to encourage.
- To encourage the women for education and house–hold affairs.
- To engage the labour class people to earn money for smooth management of their family.
- To provide free legal service to the needy eligible women.
- To fight for injustice and illegality for all.

HISTORY:

established in 2019 since then the organization has been expanding continuously in terms of social development service. It has worked for the promotion of sustainable, equitable and participatory development, social welfare and social justice through: Program for social work.

VALUES AND PRINCIPLES:

Nari Shakti Foundation (N.S.F) encourages the following values to be practiced both at individual and organizational level.

- Honesty
- Transparency and Accountability
- Mutual respect
- Creativity
- Gender sensitiveness
- Cost efficiency
- Participation
- Solidarity

GUIDING PRINCIPLES:

- Utilization of local wisdom and resources.
- Encouragement of innovation and creativity.
- Prioritizing quality.
- Enhancing coordination and networking.
- Accepting challenges

ORGANIZATION BELIEVES:

- In the potential power of the poor' urban and Rural people to participate actively in development. initiatives within their community.
- In equal opportunity for women in society. irrespective of class, age, ethnic, culture or religion.
- Human Rights for women and children.
- In freedom of expression, movement and choice by women.
- Freedom for work, education and development

ISSUES OF INTEREST (OR CONCERN) :

Working in Education, Health, Child, Women development program and Human Rights, Working with Universities through out the world for social development of poor communities for their better future in Education, Health, Agriculture, Environment and Economic development and protect their Human Rights. Organizing the program in different areas for supporting the program for environmental protection and Agriculture development.

Issue of Interest

- Development of women
- Children deprived of education
- Street children
- Rights of persons with disabilities
- Child rights
- Food rights
- Education
- Urban poverty
- HIV/AIDS
- Emergencies
- Human Rights
- Social Research

Our focus areas for Rural Development

Our Rural development activities, key areas are Education, Health and Family welfare, Sustainable livelihood, Social causes.

Education

Adult education
Non formal education
Tribal education.

Health and family welfare

Medical camp
Health awareness
Sanitation
Safe drinking water
Mother and child health
Reproductive health
Awareness building

Sustainable Development (Livelihood and Agriculture)

Self help group
Soil and water conservation
Social forestry
Plantation activities
Training on Horticulture
Aquaculture
Social cause
Women empowerment
Awareness drives on knowledge
Attitude and practice

DECISION MAKING

Nari Shakti Foundation (N.S.F) believes that the decision making is a key part of an (administration) Administrative bodies activities, it permeates through all managerial function such as planning, organization, direction and control. Decision making involves thinking and deciding before doing and its part of our function. In keep the view of our organization's objectives, policies, program and strategies are our organization decision making process.

PROGRAMS:

For the past years we have been working in field of:

- Human Resource Development.
- Sustainable Development.
- Rural Development.
- Human Rights.
- Education, Health, Child and Women development.
- Research program in social work.
- Environmental protection and Agriculture development.
- Plantation .
- Food, mask and sanitizer distribution.
- Sanitation and health awareness program and kit distribution.
- Awareness program dumping of sanitary pad to keep our environment Hygiene and disease free.
- Say no to plastic.
- Blood donation directly to emergency patient .
- Motivating people to donate blood.
- Oxygen cylinder donation.
- Provided Wheelchair to Needy person.
- Diwali and Raksha Bandhan celebration in Child care Institution every year.

- Rescue of Abandoned Old people and Homeless people to Old-age Home and Swadhar Gruha.
- Blanket distribution .
- Tarpauline Distribution and Dry food distribution during flood and needy.
- Butter milk and Cold beverage distribution In Summer.
- Organising COVID19 Vaccination Dose program.
- Awareness on Domestic Violence and how to seek help from law governing bodies.
- Exposed SEX Racket and did counselling of sex worker as per police request.
- Whenever program/meetings organised by CDMO,Forest Division,Police Administration.
- Awareness program of Falaria, Breast Cancer, Cervical Cancer, Periods by r. Laxmipriya Sethi Ma'am Homoeopathy Medical Officer, Govt. Homoeopathy Dispensary, Jhankarpali, Balangir.
- Self defence

CONCLUSION:

Nari Shakti Foundation is a dynamic and visionary organization dedicated to unleashing the power and potential of women. With a mission to uplift, educate, and empower women from all walks of life, we strive to create a society where gender equality is not just a goal, but a reality. Through innovative programs, advocacy, and community initiatives, we aim to foster a world where women's strength, resilience, and achievements are celebrated.

In addition to our efforts towards women's empowerment, we are actively involved in a range of social initiatives. From charitable donations to impactful community projects, our organization is committed to making a positive difference. We believe in giving back to the community by engaging in activities such as tree plantations to promote environmental sustainability and offering assistance to those in need.

INTRODUCTION

THE NARI SHAKTI FOUNDATION: A JOURNEY OF EMPOWERMENT AND COMPASSION

In a world where difficulties can sometimes dim the light of compassion, a ray of hope shines bright – illuminating the path with compassion and resilience – that is the Nari Shakti Foundation. Since its inception in 2019, this journey has been nothing short of remarkable, marked by a steadfast commitment to making a difference, igniting transformations, and nurturing the invaluable virtue of kindness.

Navigating the twists and turns that life presents, the Nari Shakti Foundation has stood firm, demonstrating the indomitable spirit that resides within humanity. From its humble beginnings in 2019, the Foundation has wholeheartedly embraced a mission that tugs at heartstrings and uplifts souls. The positive impact we've catalyzed echoes far beyond our initial steps, weaving through the fabric of our tireless endeavors.





With an unwavering resolve, we aspire to carve out a world where empathy flourishes, and where compassion takes the reins. Every stride we take is a stride toward a future illuminated by benevolence, one where the power of heart surmounts obstacles and kindness reigns supreme. The narrative of the Nari Shakti Foundation is a testament to the awe-inspiring potential of humanity.

As we pause to reflect upon the chapters of our journey, we extend an earnest invitation, inviting you to partake in celebrating the spirit of unity, the magic of transformation, and the resolute determination that propels us forward.

At the helm of this dynamic movement stand individuals of unwavering dedication:

- **Sarita Dash, President**
- **Santoshini Behera, Vice President**
- **Nutan Das, Secretary**
- **Nutan Sendria, Treasurer**
- **Dr. Sandhyarani Panda, Advisor**

These visionary leaders have steered the ship with wisdom and grace, guiding the Foundation's initiatives toward meaningful impact. Their collective wisdom and commitment have shaped the Foundation's trajectory, propelling it to new heights of influence and efficacy. Among the foundation's most active members, a team of passionate advocates tirelessly works to uphold its values and realize its vision:

- **Jagadamba Naik**
- **Mamta Jena**
- **Priyanka Tripathi**
- **Shrabani Meher**

These individuals have committed themselves to drive positive change, each contributing their unique skills and perspectives to the collective effort of empowering women and fostering social welfare. Since its inception, the Nari Shakti Foundation has cultivated a legacy of transformation, spanning diverse avenues.

As we look back on the journey, we do so with immense gratitude for the unwavering support of individuals like you. It is your collective efforts, your commitment to making the world a better place, that fuels our progress and inspires our optimism. Every story of transformation, every hand extended in support, and every contribution made, has been instrumental in bringing us to where we stand today.



HISTORY

The journey of the Nari Shakti Foundation stands as a testament to the unwavering power of compassion, unity, and steadfast determination.

Since its inception, the foundation has worked tirelessly to stand beside individuals facing adversity, offering them solace, support, and a pathway to a brighter future. With each step taken, the foundation's commitment to creating positive change has been etched in every life it has touched.

One of the foundation's most significant undertakings has been its unwavering support for survivors of domestic violence. In the face of the harrowing challenges posed by such situations, the Nari Shakti Foundation has emerged as a beacon of hope, providing a haven for those in need. By extending a hand of compassion and understanding, the foundation empowers survivors to rebuild their lives and reclaim their sense of agency.

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ବଲାଙ୍ଗିର, (କେପିଏନ୍ଏସ୍) : ବଲାଙ୍ଗିର ନାରୀ ଶକ୍ତି ଫାଉଣ୍ଡେସନ୍ ପକ୍ଷରୁ ଘରକୁ ଘର ଯାଇ ସଚେତନତା କାର୍ଯ୍ୟକ୍ରମ ଅନୁଷ୍ଠିତ ହୋଇଯାଇଛି । ଏଥିରେ ସଂଗଠନର ସଦସ୍ୟା ନୂତନ ଦାଣ୍ଡ ଓ ନୂତନ ସେନ୍ଦ୍ରିଆ ବଲାଙ୍ଗିର ସହରର ଘରକୁ ଘର ଯାଇ ବୁଝାଇ ଦେଇ ନେବା ପାଇଁ ଲୋକଙ୍କୁ ସଚେତନ କରୁଥିବା ଦେଖିବାକୁ ମିଳିଛି ।



ସଚେତନ କରାଯାଇଛି, ଗଣକ କଥା ଓ ବ୍ୟାପକ



The foundation's dedication extends beyond domestic violence survivors, reaching out to another often marginalized group – sex workers. In acknowledging the unique challenges they face, Nari Shakti has taken up the mantle of providing support and assistance to these individuals. By offering avenues for rehabilitation, education, and livelihood opportunities, the foundation strives to offer them a chance at a life filled with dignity and renewed hope.

Among its many commendable efforts, the foundation's work with elderly residents in old age homes shines brightly. Recognizing the inherent value and wisdom that the elderly possess, Nari Shakti has orchestrated initiatives that bring smiles to their faces. Through engaging activities, companionship, and emotional support, the foundation ensures that these individuals receive the care and respect they rightfully deserve in their golden years.

At the heart of Nari Shakti's initiatives lies a deep commitment to nurturing the future generation. The foundation's work with vulnerable children speaks volumes about its ethos. From children who were once lost in the shadows of society, Nari Shakti has provided a lifeline. These children, rescued from difficult circumstances, find themselves embraced by the warmth of care, the security of a loving environment, and the opportunity to flourish and thrive.



The foundation's efforts transcend care homes and institutions, permeating the very fabric of communities. Through tree plantation camps, Nari Shakti has sowed the seeds of environmental consciousness. It has fostered a culture of generosity through blood donation from people, reinforcing the idea that a single act of giving can save lives. The tireless endeavor to raise awareness about critical issues such as the environment, plastic reduction, health, and sanitation has resulted in communities uniting for a shared vision of a better tomorrow.

In moments of scorching summer heat, Nari Shakti has been a beacon of relief, distributing water, beverages, and essential supplies to those in need. In the cold embrace of winter, the foundation ensures that individuals aren't left vulnerable, providing blankets and umbrellas to protect against the elements. Additionally, Nari Shakti's commitment to upholding the dignity of women is evident through its distribution of sanitary pads, emphasizing the importance of basic needs and well-being.

Celebration, unity, and goodwill are intrinsic to Nari Shakti's mission. The foundation marks various occasions, including Diwali, Kargil Diwas, Balangir Day, Raksha Bandhan, Independence Day, and Eid, Christmas, Rath Yatra, and Buddha Purnima.

These celebrations aren't merely moments of festivity; they are opportunities for Nari Shakti to spread joy and essentials to those who are less fortunate. By infusing these occasions with compassion and shared joy, the foundation amplifies the spirit of togetherness. In essence, the Nari Shakti Foundation's journey is an embodiment of resilience, empathy, and humanity.

As we leaf through the pages of its story, we are invited to celebrate the unwavering efforts of its members. They are the driving force behind this exceptional organization, a true embodiment of strength, compassion, and the boundless potential of human goodness.

A black and white microscopic image of COVID-19 virus particles. The particles are spherical with a distinct outer shell and numerous spike-like projections extending from the surface. The background is dark, making the lighter-colored virus particles stand out. The text 'COVID-19' is overlaid in white at the top.

COVID-19

**we are in this together and we
will get through this together**

CHAPTER 1

COVID-19

In the year 2019, as our journey with the Nari Shakti Foundation began, little did we know that our efforts would soon be put to the test by an unforeseen epidemic. With a vision to create a positive impact on In society, we embarked on a mission to empower and uplift the lives of those in need. Our initial steps were marked by the enthusiasm of a team that believed in the power of change and the potential of collective action.

As we settled into our work routine, news of the epidemic reached our ears, bringing with it a series of challenges that would push us to our limits. Transportation came to a standstill, leaving daily wage earners stranded and facing unprecedented difficulties. The urgency of the situation fueled our determination to make a difference.



One of the first issues that came to our attention was the scarcity of blood. Nutan Das, the secretary of our foundation, got approval from blood banks to start donation camps during this time. The situation at blood banks across the state were dire, with a significant shortage of blood supply. The prevailing fear of contagion had dissuaded many potential donors from stepping forward. At this critical juncture, we understood that creating awareness and instilling a sense of responsibility among citizens was paramount.

Undeterred by the challenges, we initiated a comprehensive outreach campaign to encourage blood donation. Leveraging the power of communication, we reached out to individuals over the phone, sharing the importance of their contribution and the life-saving impact it could have. Our efforts were met with positive responses from compassionate individuals who recognized the urgency of the situation.

People responded to our calls, coming forward selflessly to donate blood and alleviate the scarcity. Their generosity not only helped replenish the blood banks but also served as a powerful testament to the resilience of humanity in the face of adversity. Each donation represented a life saved, a family supported, and a community united.

Through these collective efforts, we were able to bridge the gap between those in need of blood and those willing to contribute.





At this time of need our response was swift and multifaceted. We initiated dry food distribution drives to provide sustenance to those in need, particularly the marginalized sections of society. Sanitary kits containing cleaning supplies were distributed, ensuring hygiene standards were maintained even in the face of adversity.

Equally crucial was our awareness campaign, where we educated individuals on COVID-19 protocols and the significance of timely medical intervention. The dosage of medications and their role in managing the virus emerged as a key focus area, empowering people to face the situation with knowledge and resilience.

In a remarkable display of unity, a rally was organized exclusively for our dedicated team members. This rally served as a reminder of the collective strength we possessed and the impact we could create by working together. To address environmental concerns, we took up tree plantation initiatives, intertwining COVID awareness with our commitment to a greener planet.

In a testament to the power of creative expression, we crafted a song with heartfelt lyrics that echoed our mission and resonated with our community. Our efforts extended beyond urban landscapes, reaching the outskirts of Balangir, specifically Lalit Nagar, an area often overlooked and disconnected from mainstream support.

To address the pressing issue of mask usage, distribution, and disposal, we educated individuals on the proper techniques, underlining the importance of responsible mask usage. A team of 25 dedicated members worked tirelessly, their commitment inspiring others to step up and join the cause. Even the village head recognized the significance of our work and extended support, demonstrating the impact of collaboration in fostering positive change.

Amid these challenging times, our initiatives expanded even further to encompass clothing distribution and ensuring access to sanitary pads, addressing fundamental needs that were often overlooked. As the pandemic raged on, revealing the dire need for oxygen supply and uninterrupted electricity, our organization stayed true to its mission. We didn't shy away from these daunting challenges; instead, we extended our efforts to ensure these essential services reached the most vulnerable communities.

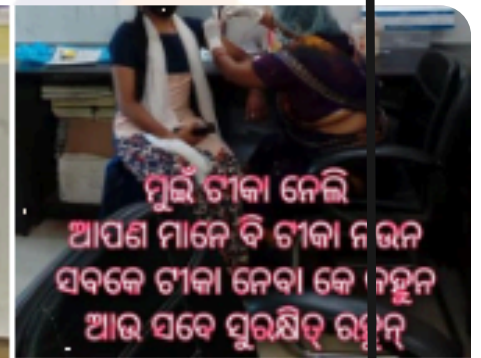
Our outreach efforts extended to various locations, such as Tarpaulin Chimney Bhati, Meghnath Pada, LIC Colony, Shantipada, Anand Nagar, and Balangir. The heavy rainfall caused devastation, leading to the collapse of Kutcha houses in the LIC Colony. Recognizing the need, we provided electricity for 15 families, offering them access to a basic necessity that they had lived without for over a decade.



Amid these challenging and uncertain times, the remarkable efforts and contributions of individuals stand as beacons of light, guiding us through the darkness. Among these outstanding individuals are Dr. Mukti Prasad Dash, a dedicated physiotherapist in Bhubaneswar, Dr. Ashirbad Satapathy, a distinguished MD psychiatrist in Balangir, and Dr. Arati Panda, a steadfast General Physician. Their invaluable insights and expertise have played a pivotal role in shaping our response to the ongoing pandemic.

Dr. Mukti Prasad Dash, with his profound understanding of the human respiratory system, has illuminated our path by unraveling the complexities of lung health. His insights into the functioning of the lungs, particularly in the context of COVID-19, have empowered us to better comprehend the virus's impact on respiratory functions. His guidance has not only educated our team but has also enabled us to disseminate accurate information to the community, fostering awareness about the importance of lung health during the pandemic.

Dr. Ashirbad Satapathy's contribution in addressing the issue of COVID-19 stigma is nothing short of commendable. His expertise in psychiatry has allowed us to navigate the sensitive realm of mental health, a domain deeply affected by the pandemic and its aftermath.





By shedding light on the psychological repercussions of COVID-related stigma, Dr. Satapathy has equipped us to address the emotional well-being of individuals struggling with the societal challenges associated with the virus. His insights have not only enriched our understanding but have also paved the way for destigmatization efforts, fostering a more empathetic and inclusive community.

Dr. Arati Panda's emphasis on the importance of adhering to guidelines for blood donation during the pandemic has been a guiding force in our initiatives. As a General Physician, her expertise in healthcare protocols has illuminated the path forward, especially in areas of urgent need like blood donation. Her insights have ensured that our efforts to facilitate safe and responsible blood donation align with established medical guidelines, guaranteeing the well-being of both donors and recipients.

The contributions of individuals like Dr. Mukti Prasad Das, Dr. Ashirbad Satapathy, and Dr. Arati Panda have been nothing short of instrumental in shaping our response to the challenges posed by the pandemic. Their expertise, dedication, and willingness to share their knowledge have enriched our understanding and enhanced our efforts. These remarkable individuals serve as reminders that even in the most trying times, the power of knowledge, compassion, and collaboration can illuminate the path toward a better future.

The events of 2019 and the subsequent epidemic have truly showcased our organization's remarkable resilience, adaptability, and unwavering commitment to improving lives. Our story is one characterized by unity, determination, and a shared vision for a brighter future. It's a poignant reminder that even in the face of adversity, the power of compassion and collective action can create lasting change.

In one heartwarming instance, our organization played a crucial role in rescuing an elderly man from a perilous situation on College Road, near a cold storage facility. Additionally, we facilitated the availability of blood for a 2-year-old child in need and also actively supported the noble cause of body donation.

Amid the ongoing pandemic, our team made significant strides in the fight against COVID-19. We played a role in ensuring that people received vaccinations during phase 3 of the vaccination drive, contributing to the broader effort to safeguard public health.

Our journey stands as a testament to the incredible impact that can be achieved when a community comes together with a shared purpose. We've learned that adversity can indeed be a catalyst for positive change, and our commitment to creating a better world remains unwavering.







CHAPTER 2

CONTINUED COMPASSION

"Continued Compassion" encapsulates our unwavering dedication and persistence in the face of challenges that emerged after the period of the COVID-19 pandemic. The pages of Chapter 2 unfold the stories of our unyielding commitment, demonstrating how our endeavors not only endured but thrived, leaving an indelible mark on the lives we touched. These narratives exemplify the strength born from unity, empathy, and the resolute pursuit of a brighter future. In our ongoing mission to assist individuals facing various challenges, we've extended our support to numerous situations, demonstrating our commitment to making a positive impact on lives.

In the aftermath of the pandemic, we continued our mission of alleviating various challenges, and cases of domestic violence were not overlooked. Even without direct shelter access, our dedication prevailed. We took on the critical role of providing essential counseling to victims and their families. Collaborating seamlessly with esteemed organizations such as DSW and Sakhi, we ensured that victims found the shelter and legal support they needed. These actions demonstrated our unwavering commitment to making a tangible, positive impact on the lives of those affected by domestic violence.



Our commitment to addressing societal issues on a broader scale remained steadfast. In a case involving the exposure and dismantling of a sex racket by authorities, we were invited to provide counseling and support to underage girls and women involved in the sex racket.

Amidst these efforts, our commitment to supporting and empowering those in need remained unwavering. By extending guidance during these challenging times, our aim was clear: to instill a sense of empowerment. We stood not merely as advocates but as dedicated allies, leading individuals toward a path illuminated by hope and possibility.

Care for our elderly population was a crucial aspect of our journey. At old age homes, we organized initiatives that went beyond the ordinary. With the intent of enhancing their quality of life, we initiated activities such as plantation drives, the thoughtful distribution of new clothes, and the provision of essential dry food. These gestures were more than just acts of kindness; they were a reflection of our commitment to honoring and valuing our elders.

Yet, even in our efforts to uplift and support, the challenges of life continued to present heart-wrenching scenarios. In one instance, a tragic case of a mother's murder left her two children from Anand Nagar in a state of dire need. Recognizing the urgency, we swiftly sprung into action, leveraging the resources of organizations like ChildLine and the Red Cross.



Through collaborative efforts, the children were placed in a childcare institution. our commitment transcends mere actions—it takes on the form of a lifeline, a tangible force that bridges gaps and transforms lives. We understand that it's not just about providing a place; it's about offering immediate financial aid and sustained support to meet the fundamental needs of those who have been dealt a challenging hand. These moments, illuminated by compassion, affirm that our dedication is more than a concept—it's an impactful reality that leaves an indelible mark on the lives of those who need it most.

Our efforts, however, aren't confined to a singular cause—they resonate across diverse situations, fueled by an unwavering determination to bring about positive change.

In instances involving underage rape victims, we responded to a reporter's call for assistance in a specific location. From the onset of the victim's pregnancy and extending beyond, we stood steadfastly by her side. Our commitment ensured she received the necessary care and support throughout her journey, advocating for her rights and well-being. Even as she returned to her village, our unwavering support remained unshaken, as we facilitated essential financial aid for her through BFS.



In the realm of homelessness, our dedication was evident in the rescue of an elderly lady who sought refuge near Rajendra College each night. Recognizing the urgency of her situation, we worked tirelessly to provide her with not just shelter but also the care she deserved. Her safety and well-being were paramount, and our commitment to offering her a secure place to rest remained unswerving.

Similarly, the story of a woman abandoned and left in need paints a poignant picture of our resolve. For over a month, she remained outside her husband's house, weathering the storm of adversity. Her eventual hospitalization became a turning point, marking a period during which we stood by her side—providing not only medical support but emotional comfort. Even as she celebrated her birthday amid her struggles, her journey culminated in a triumphant moment when she secured a house from her husband, establishing a new home for herself.



Our organization's journey weaves compassion, resilience, and unwavering commitment into the lives of those we touch. As we navigate the aftermath of the COVID-19 struggle, our efforts expanded to embrace the challenges both known and unknown.

From providing lifelines to victims of domestic violence and nurturing the elderly with care and kindness to guiding survivors of complex situations and extending a hand to the homeless, we've shown that our commitment isn't mere rhetoric—it's an unbreakable bond between compassion and action.

These stories are a testament to the enduring power of collective empathy and purpose. Through every narrative, we've shared warmth and hope and demonstrated unity's transformative potential. As these accounts find a home in the pages of our magazine, they echo far beyond, serving as a reminder that even in times of adversity, our actions can inspire profound change. With every life touched, we reaffirm our dedication to forging a world where compassion and support know no boundaries.





The heartbreaking incident in Balangir, Odisha, where a 3-4 months old Foetus was abandoned on the streets, serves as a stark reminder of the deep societal crisis that plagues our communities. This tragic occurrence not only highlights the vulnerability of certain individuals but also points towards the urgent need for increased awareness and the establishment of robust support systems.

In the fabric of our society, the abandonment of an innocent child is a profound symbol of the systemic issues that often go unaddressed. It sheds light on the struggles faced by those who may feel compelled to take such drastic measures due to a lack of resources, social support, or awareness about available alternatives.

This incident should prompt us to reflect on the collective responsibility we bear as a community. It is a call to action, urging us to cultivate compassion and a sense of duty towards one another. The creation of a supportive environment for vulnerable individuals is not just a moral imperative but a societal necessity.

Raising awareness is the first crucial step. Communities must engage in open dialogue to foster understanding about the challenges faced by individuals in distress. Public forums, educational programs, and media campaigns can be instrumental in disseminating information about available resources and assistance for those in need. The goal is to empower individuals with knowledge, encouraging them to seek help rather than resort to desperate measures.


Simultaneously, it is imperative to establish robust support systems that can provide immediate assistance to those facing crises. Social services, helplines, and community outreach programs need to be strengthened and made easily accessible. This requires collaboration between government agencies, non-profit organizations, and local communities to ensure a comprehensive network of support.

Furthermore, the incident underscores the necessity of addressing the root causes of such desperate actions. Poverty, lack of healthcare, and social isolation are often contributing factors. A multifaceted approach involving economic reforms, improved access to healthcare, and community-building initiatives is essential to creating an environment where individuals do not feel compelled to abandon their children.

In conclusion, It calls for a united effort to raise awareness, establish robust support systems, and address the underlying issues that lead to such tragic circumstances. Only through collective action and a commitment to compassion can we hope to build a society where no one is left to face their struggles alone



DOMESTIC VIOLENCE



**“THE ENEMY
DOESN’T
STAND A
CHANCE
WHEN THE
VICTIM
DECIDES TO
SURVIVE.”**



PLANTATION

A close-up photograph of a hand watering a small green seedling. The hand is positioned at the top right, with a single water droplet falling from the fingers. The seedling is growing out of a mound of dark, rich soil. The background is a soft, out-of-focus green, suggesting a natural outdoor setting. The overall mood is one of care and nurturing.

**. “THE CARE OF
THE EARTH IS OUR
MOST ANCIENT
AND MOST
WORTHY, AND
AFTER ALL, OUR
MOST PLEASING
RESPONSIBILITY.”**

CHAPTER 3

NURTURING OUR GREEN MISSION AND COMMUNITY WELL-BEING

In our ongoing efforts to promote environmental conservation, the Nari Shakti Foundation remains committed to our mission of tree planting. We firmly believe that planting trees is just the first step; nurturing and caring for them is equally crucial. This conviction has led us to organize Tree Plantation Camps near schools, ensuring a dedicated guardian for each sapling. By doing so, we guarantee the growth and well-being of these young trees, fostering a healthier and greener environment.

Celebrating both Banamahotsav and Environment Day is ingrained in our calendar. Collaborating with the forest department, we partake in sapling planting during various events, reinforcing our dedication to nurturing nature. Furthermore, every occasion serves as an opportunity to spread awareness about our cause. After each event, we extend our commitment by gifting saplings to esteemed individuals, reinforcing the significance of tree planting in our society.

In a world facing a multitude of environmental and societal challenges, the role of awareness programs in effecting positive change cannot be overstated. These programs serve as beacons of enlightenment, guiding individuals toward making informed decisions that collectively shape a better future for all. This article delves into the significance and impact of various awareness initiatives aimed at addressing critical issues such as banning plastic, planting trees, promoting health and sanitation, self-defense training, and organizing eye camps. Through these initiatives, the organization not only addresses urgent concerns but also fosters empowerment and community building.



Banning Plastic: Advocating Responsible Consumption and Disposal:

Plastic, once hailed as a revolutionary material, has now become a pervasive environmental threat. The organization's plastic-free awareness program serves as a wake-up call to the detrimental consequences of plastic on the planet and human health. By educating individuals about the harmful effects of plastic pollution in our oceans, water bodies, and ecosystems, the program instills a sense of urgency to take action. The initiative doesn't stop at highlighting the problem; it equips individuals with strategies for reducing plastic usage in their daily lives. Through workshops, seminars, and engaging campaigns, participants are educated about eco-friendly alternatives and responsible disposal practices. This empowers them to make conscious choices that ripple through society, gradually reducing plastic's grip on the environment.

Planting Trees: Sowing the Seeds of Sustainability:

The organization's commitment to tree planting is a testament to its recognition of trees' pivotal role in maintaining ecological balance. While the act of planting trees symbolizes hope, it is the ongoing nurturing and care that truly reinforces the organization's dedication. By engaging communities in tree planting drives and workshops, the initiative not only enhances green cover but also cultivates a sense of ownership and responsibility. Trees are seen as allies in combating climate change, improving air quality, and providing habitat for biodiversity. Through these initiatives, the organization exemplifies its dedication to creating a sustainable tomorrow by nurturing these green companions.





Health and Sanitation: A Holistic Approach to Well-being:

While environmental concerns take center stage, the organization's holistic approach recognizes the intricate connection between a healthy environment and personal well-being. By extending its efforts to encompass health and sanitation initiatives, the organization advocates for practices that empower individuals to lead healthier lives. These initiatives include workshops on proper hygiene, sanitation, and health awareness. Recognizing that a clean environment contributes to reduced disease transmission, the organization takes a comprehensive stance on well-being, effectively intertwining environmental and personal health objectives.

Self-Defense: Fostering Empowerment and Community Safety:

Empowerment forms the core of the organization's ethos, and its self-defense training programs embody this principle. Beyond addressing environmental concerns, the organization recognizes the importance of equipping individuals with skills to protect themselves and others. These programs go beyond physical techniques; they instill confidence, resilience, and awareness. By fostering a culture of self-reliance, the organization not only contributes to personal safety but also nurtures a more secure and confident community. These programs demonstrate the organization's commitment to holistic empowerment, where individuals are prepared for both environmental and personal challenges.



Van Mahotsava means "Tree Festival"

History Of Van Mahotsav

Day by day cutting down of trees has been increasing in the name of urbanization for constructing flyovers, roads, buildings, etc. which is reducing the purity of air. If this continues, there would be a heavy loss to us and the earth. People need to know the importance of preservation of forests and increase the trees on

In 1950, Sri K. M. Munshi the then Union Minister for Agriculture and Food has launched the program Van Mahotsav. Van Mahotsav means 'the festival of trees'. During this program Saplings are planted. Monsoon in India begins in the first week of July. It is considered as the ideal time for planting saplings. Saplings that are planted during this time have more chances of survival. So they have chosen July first week for the celebration of Van Mahotsav.

Van Mahotsav is considered as the annual tree planting festival. It is celebrated in all parts of India between 1st July and 7th July. Van Mahotsav is originated in July 1947 after a successful tree plantation drive that was held in Delhi. Our national leaders like Abdul Kalam Azad, Jawaharlal Nehru and Dr Rajendra Prasad have participated in it. This program has gained significant importance throughout these years. Millions of trees are planted during this program across India. This program has raised the awareness of conservation of trees and highlights the need for planting trees.

How is the Van Mahotsav Celebrated?

Generally, native trees are planted during Van Mahotsav owing to its ability to adapt to the local conditions better and because these trees have a high survival rate. Additionally, native trees are also believed to support birds, insects and animals. As the onset of monsoon in India usually begins in the first week of July, it is considered an ideal choice of conducting the festival. Also, it has been observed that most sapling planted during this time have more chances of survival than those planted during other times of the year.

State Governments and civic bodies supply saplings to schools, colleges and academic institutions, NGO's and welfare organizations for planting trees during this week-long festival of life.

Importance of Trees

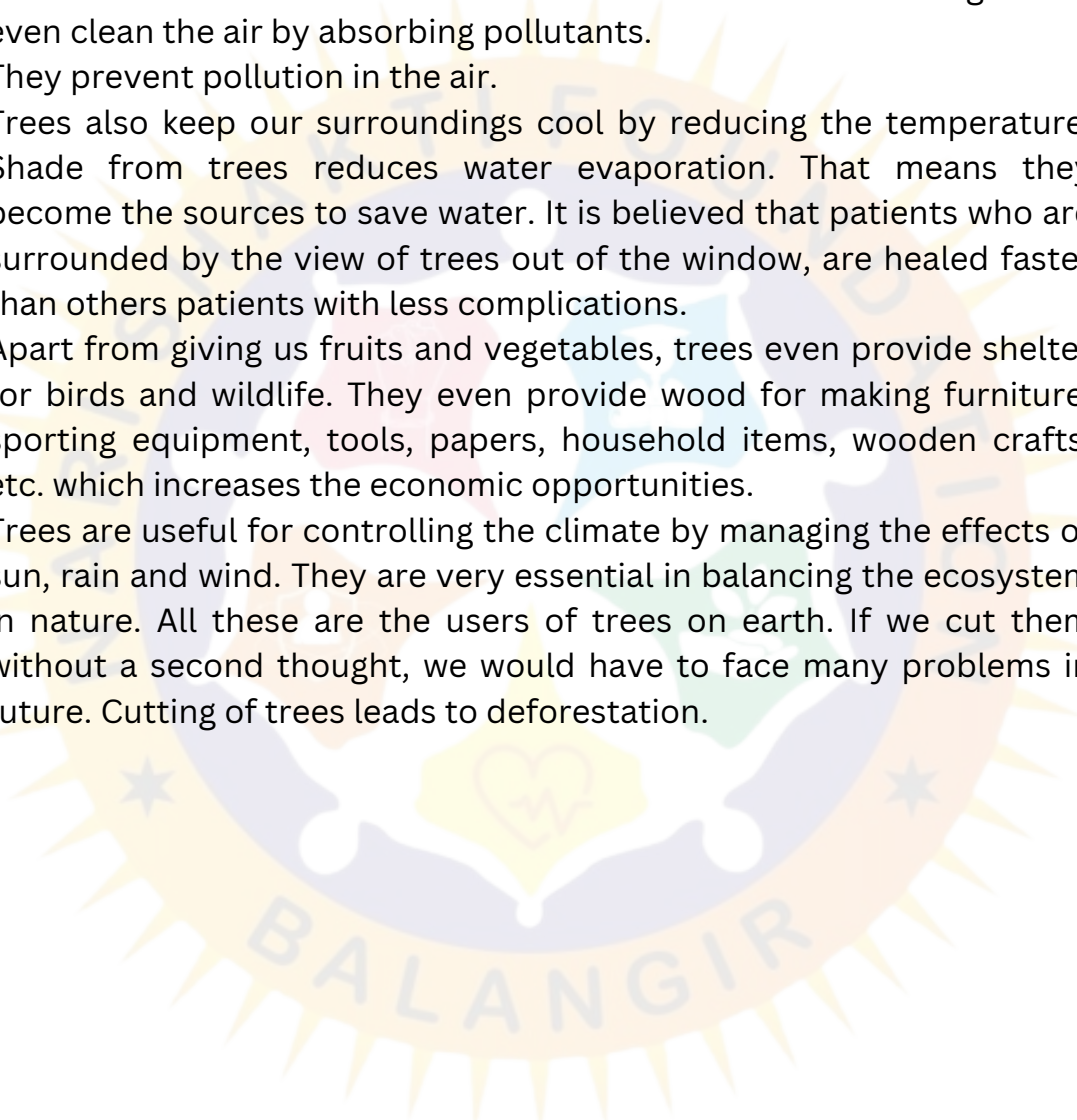
We know that trees take in carbon dioxide and give us oxygen that helps us to survive. If there is more number of trees, there would be more oxygen in our air. If we cut down trees, the percentage of oxygen in the air decreases which would be unsuitable for breathing. Trees even clean the air by absorbing pollutants.

They prevent pollution in the air.

Trees also keep our surroundings cool by reducing the temperature. Shade from trees reduces water evaporation. That means they become the sources to save water. It is believed that patients who are surrounded by the view of trees out of the window, are healed faster than others patients with less complications.

Apart from giving us fruits and vegetables, trees even provide shelter for birds and wildlife. They even provide wood for making furniture, sporting equipment, tools, papers, household items, wooden crafts, etc. which increases the economic opportunities.

Trees are useful for controlling the climate by managing the effects of sun, rain and wind. They are very essential in balancing the ecosystem in nature. All these are the users of trees on earth. If we cut them without a second thought, we would have to face many problems in future. Cutting of trees leads to deforestation.





Some of the Effects of Deforestation:

Air would become a pollutant. That pollutant air would not be suitable for breathing. People would have to develop gas filters to separate the oxygen left in the air. Deforestation also affects the soil. Soil becomes lifeless, pollutant and dangerous with all the chemicals that are filtered by trees. It also leads to drought.

Those lands will not be suitable for cultivation. It may also lead to top soil erosion. The areas that have no trees will not have moisture in the air.

Tree-based products will be decreased. We get many products from trees namely paper, bats, books, benches, coffee filters, guitars, grocery bags, pencils, pine oil, billboards, buttons, fuel wood, charcoal, industrial round wood, candy wrappers, chewing gum, rubber, tires, waxes, toilet paper, etc. All these products production will be decreased which will reduce our economic opportunities. This may also lead to a scarcity of food.

Due to deforestation, the level of freshwater resources available will become scarce in the future. This may lead to water wars. These are some of the harms that are caused by cutting down trees. So we need to stop deforestation. With this point of view, Van Mahotsav program continued every year.

What are the advantages of Van mahotsav?

We know that trees take in carbon dioxide and give us oxygen that helps us to survive. If there is more number of trees, there would be more oxygen in our air. If we cut down trees, the percentage of oxygen in the air decreases which would be unsuitable for breathing. Trees even clean the air by absorbing pollutants.

They prevent pollution in the air.

It increase the production of fruits and food resources of our country.

It prevent soil erosion by holding a large amount of soil to one place.

It Increase awareness about deforestation and its causes.

It increase the number of trees.

It reduce air pollution.

It increase the economic opportunities.

It reduce the temperature.

It support wildlife.

It improves the air quality.

It increase the quality of life.

It prevent floods.

It improve water quality by planting trees near the lakes and rivers.

It increases greenery.

It reduces desertification.

It brings rain in proper time.

It reduces the pollution level.

It minimizes the effect of drought and global warming.

It helps the factories to have a proper use of plant items without leaving a bad effect in the society and environment.

It minimizes the effect of soil erosion.

It helps to control Acid rain.

Floods can be controlled to some extent.

Wildlife is preserved.

Rains are more obvious.

We have seen about the importance of trees and are aware that how trees contribute to the environment by providing oxygen, improving air quality, climate change, conserving water, preserving soil, supporting wildlife, etc. We have also seen the causes and effects of deforestation and learned the objectives of Van Mahotsav. So we need to save trees and spread the importance of trees and harms that are caused by deforestation.

We must also participate in the celebration of Van Mahotsav every year by planting trees around us. Not only planting trees, but it is also our responsibility to take care of them.

We must also encourage our neighbors and people around us to participate in Van Mahotsav. So let's make our earth green and live a happy and peaceful life by increasing trees.





Eye Camps: Enhancing Vision, Enhancing Lives:

Expanding its scope of care, the organization's eye camps address a critical aspect of community health. By organizing these camps, the organization demonstrates its dedication to improving the quality of life for community members. Vision plays a crucial role in an individual's well-being and productivity. Through these camps, the organization provides access to proper eye care, screening, and vision support. The impact extends beyond medical treatment; it brings clarity and brightness to lives that were once clouded by visual impairments.

These programs not only tackle immediate challenges but also shape attitudes and behaviors that ripple through generations. By fostering a sense of responsibility, agency, and interconnectedness, the organization is steering society toward a brighter and more sustainable tomorrow. Through these awareness programs, individuals are not only enlightened but also inspired to be catalysts of change in their communities and beyond.





At Nari Shakti Foundation, these awareness initiatives symbolize our dedication to holistic community development. By addressing a range of pressing topics, we work towards a future where individuals are informed, empowered, and equipped to create positive change. Our dedication to community welfare extends far beyond raising awareness. Through our impactful distribution camps, we take tangible steps to uplift individuals in need. These initiatives are designed to provide essential resources that contribute to their well-being:

Sanitation Kits:

We recognize the significance of proper sanitation in maintaining good health. Our distribution of sanitation kits equips individuals with essential tools, fostering a hygienic environment that supports the overall well-being of the community.



Dry Food:

Our commitment to the elderly and children in care facilities is evident in our approach to providing nourishment. Understanding their preferences, we ensure that they receive the food they prefer, enhancing their physical and emotional comfort. Additionally, we respond to immediate needs by extending our support to the needy, even on the streets, ensuring that no one goes hungry.







Summer Support:

The scorching heat of summers can be harsh, particularly for vulnerable communities. Through the distribution of water and beverages, we prioritize hydration, and safeguard the health of individuals during the hot months. This act of compassion underscores our commitment to the community's immediate well-being.





Blankets and Umbrellas/Tarpaulins:

As the temperatures drop and adverse weather conditions prevail, we step in to provide warmth and protection. By distributing blankets and offering shelter solutions such as umbrellas and tarpaulins, we acknowledge the importance of safeguarding individuals from the elements, promoting their safety and comfort.





BLANKET DISTRIBUTION



Sanitary Pads:

Our dedication to addressing fundamental needs is evident in the distribution of sanitary pads. By ensuring access to these essential hygiene products, we actively promote women's health and hygiene, empowering them to lead healthier lives with dignity.



These distribution camps exemplify our foundation's hands-on approach to community care. Through these actions, we strive to make a meaningful impact in the lives of those who need it most, fostering a sense of unity, compassion, and support within our community. With each initiative, we move forward with the singular goal of fostering positive change within our people. Our journey at the Nari Shakti Foundation is a testament to our unwavering commitment to a greener, healthier, and more equitable world.



VISIT TO OFFICIAL SITES

Our journey took us to several crucial destinations, each playing a vital role in our noble mission. These key locations included the Commissioner's office, the Ministry of Environment, the Collector's office, CDMO, EO, and the branch manager of DIC. Our expedition wasn't just about moving from place to place; it was a strategic journey with a purpose – establishing connections, sharing insights, and seeking support for our cause.



As advocates of the Nari Shakti Foundation, we approached these official establishments with a clear and guided approach. Our interactions weren't mere formalities; they were meaningful exchanges that allowed us to present the intricate details of our initiatives and convey the passion behind our efforts. Our primary goal was to gather support for our cause, highlighting the positive impact we aimed to create within our community and beyond.

During these encounters, we engaged with respected officials, discussing the intricacies of our work and its potential for transformative change. Our discussions went beyond the surface, diving deep into our initiatives, strategies, and the positive outcomes we aimed to achieve. We were committed to transparency and authenticity, inviting these dignitaries to join our mission.

Our engagements with these official establishments went beyond mere dialogue. We navigated through bureaucratic channels meticulously, securing the necessary permissions essential for the smooth progress of our initiatives. This careful approach showcased our dedication to our cause, ensuring our efforts faced minimal obstacles.

Through our visits to these official sites, we not only explained the essence of our work but also extended an open invitation for collaboration. By actively engaging with these authorities, we demonstrated the potential for synergy between their goals and our mission. This alignment of objectives showed how our efforts could complement and enhance their initiatives, creating a win-win situation for the larger community.

Our visits to these official establishments played a crucial role in driving social change. It showcased our commitment, resolve, and the power of collaboration. As we left these destinations, we carried with us not just memories of interactions but the seeds of partnerships with the potential to grow into impactful ventures.

Our expedition to these official sites was more than a physical journey. It was a purpose-driven endeavor to establish connections, share insights, and seek support for our initiatives. Through meaningful interactions, transparent discussions, and careful navigation of bureaucratic processes, we reaffirmed our commitment to driving positive change. These engagements highlight the power of collaboration and the potential for collective efforts to shape a better future.



CHAPTER 4

CELEBRATING DIVERSITY AND UNITY: SPREADING JOY AND ESSENTIAL SUPPORT

Our society is rich with cultures, traditions, and festivities that define who we are. At Nari Shakti Foundation, we take pride in celebrating this rich diversity while fostering unity that transcends boundaries. As we journey through various festivals and occasions, we embrace the opportunity to not only share joy but also extend a helping hand to those in need.

At Nari Shakti Foundation, our journey is woven with threads of unity, celebration, and progress. We firmly believe that celebrations possess a unique power to transcend barriers and unite hearts, regardless of diverse backgrounds. Our initiatives during festivals like Diwali, Eid, Christmas, and Rath Yatra reflect our commitment to not only spreading joy but also extending a helping hand to those less fortunate.



During these festive moments, we become conduits of unity, carrying the spirit of celebration to every corner of our society. As we come together with a shared sense of purpose, we bridge divides, reminding one and all of the common thread that binds us as humanity. Our efforts embrace inclusivity, ensuring that the joy and warmth of each festival permeate even the most marginalized communities.

Diwali, the Festival of Lights, is a poignant example of our commitment to illuminating lives. Just as the lamps dispel darkness, we endeavor to bring light and hope to every individual. Our collaborative initiatives and contributions culminate in the distribution of essentials to underprivileged families. By doing so, we remind them that they are not forgotten and that their presence is integral to our collective celebrations.

Commemorating Balangir Diwas and Independence Day holds a mirror to our local pride and progress. It's a celebration that encapsulates not only national achievements but also the strides taken at the grassroots level. Our sense of pride and patriotism becomes a unifying force, linking our aspirations for a better tomorrow. These moments stand as a testament to our unwavering commitment to contributing to the growth and development of our nation.



Our journey, from festivals to commemorations, is united by a common thread of compassion and empowerment. The joy we share during festivals extends beyond mere festivities; it transforms into meaningful action that touches lives. This resonance of unity becomes even more profound as we commemorate historical milestones that shape our identity as a community and a nation.

Each celebration, each commemoration, weaves progress and hope together. The unity we foster during festivals fuels our dedication to serving underprivileged communities, offering not just momentary happiness but sustainable support.

The local pride we evoke during Balangir Diwas and Independence Day echoes our commitment to being agents of positive change. Our journey is a symphony of celebrations, unity, and growth. Every step we take, from sharing festive moments to commemorating significant days, reinforces our pledge to inclusivity and progress. We invite you to be part of this ever-evolving narrative, where every gesture of celebration and empowerment contributes to a brighter, more unified future.



Balangir Day



Independenc Day



Raksha Bandhan



Kargil Diwas





EMOTIONAL SUPPORT AND MENTAL HEALTH: NURTURING WELL-BEING

At Nari Shakti Foundation, we recognize that well-being encompasses more than just physical needs. Our commitment extends to supporting emotional health, especially during challenging times. We believe that facing difficulties requires inner strength, and our goal is to provide individuals with empowering coping strategies to navigate even the toughest situations. Through a combination of informative resources and accessible helplines, we aim to ensure that no one feels isolated on their journey towards improved mental health.

Central to our approach is the concept of building resilience. Our mission to enhance emotional well-being revolves around equipping individuals with the necessary tools to cultivate resilience. The resources we offer serve as guiding lights, helping individuals navigate the complex landscape of emotions and hurdles. By connecting people with appropriate support networks and qualified professionals, our vision is to foster a society that prioritizes mental health as it rightfully should.



We remain committed to our vision of a harmonious and united society. We work towards this by transcending differences through inclusive celebrations, bridging gaps with essential distributions, and offering robust mental health support that nurtures overall well-being. Our aspiration is a future where every individual feels both valued and empowered, regardless of their background or circumstances.

Summing up, every festival, every act of kindness, and every endeavor in emotional support contributes to weaving the fabric of unity. Our identity as the Nari Shakti Foundation is deeply rooted in celebrating diversity, extending helping hands, and fostering well-being. As we continue on this transformative path, we extend an invitation to you to join us in shaping a world where unity is treasured, diversity is exalted, and each individual is empowered to not just survive, but to thrive.

Looking ahead to the future, our vision is to create a vibrant and expansive community that joins hands for the betterment of society. We firmly believe in the power of humanity and the potential that lies within when individuals come together to support each other. Our goal is to foster a sense of togetherness where people from all walks of life, regardless of their backgrounds, come forward to contribute and uplift one another.





CONCLUSION: BECOMING AGENTS OF CHANGE – UNITING FOR A BRIGHTER FUTURE & GET INVOLVED WITH US!

As we conclude this journey through the pages of our magazine, we invite you to reflect on the powerful message that underlines our collective efforts. When you choose to join hands with us, you're not just taking part in a cause; you're embracing a transformative movement that seeks to rewrite the script of empowerment, compassion, and progress. Our call extends beyond a limited group – it resonates with a universal aspiration for positive change, one that can only be realized through a united community.

Your support, irrespective of its scale, carries within it the potential to create ripples of change that touch lives far and wide. Picture the impact we can wield together – a force of good that transcends boundaries and barriers. By pooling our resources, spreading awareness, and offering a helping hand, we can set in motion a chain reaction that leads to tangible, positive outcomes. The stories we've shared serve as both inspiration and a blueprint for action – they remind us of the resilience of the human spirit and the immense capacity we possess to make a difference.



As we step into the future, let these stories guide us toward meaningful action. Let the stories of empowerment, resilience, and progress propel us forward. Our journey is not confined to the empowerment of women alone; it encompasses the upliftment of all those who need a helping hand. It envisions a society where everyone is allowed to thrive and contribute positively, regardless of their circumstances. Let's draw inspiration from these stories to foster understanding, empathy, and unity – traits that lie at the heart of every impactful change.

United, we hold the power to shape a brighter future. A future where compassion is a guiding principle, understanding is a bridge, and support is a lifeline. Our collective efforts will paint the canvas of tomorrow with strokes of empowerment, equality, and better opportunities. The world we envision is not a distant dream; it's a tangible reality that we can co-create, one step at a time.

So, let's embark on this journey together – a journey fueled by stories, empowered by action, and illuminated by hope. Let's be the agents of change that our world so desperately needs. By embracing collaboration, understanding, and compassion, we can create a legacy that extends far beyond these pages – a legacy of positive impact that enriches lives and transforms communities.

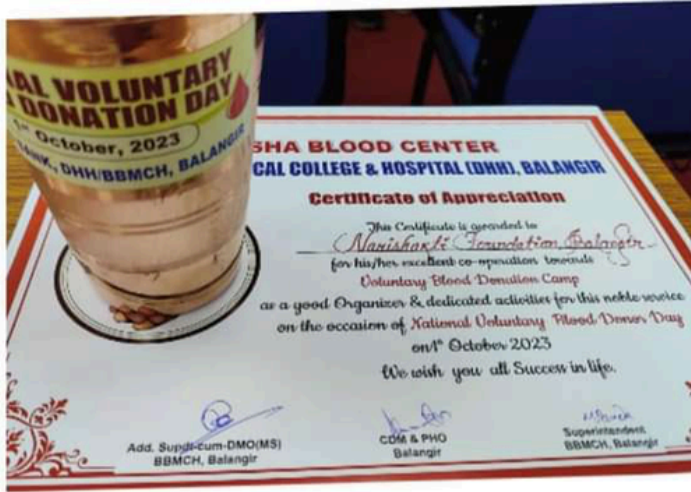
The road ahead may be challenging but armed with the spirit of togetherness, we can overcome any obstacle and pave the way for a future that shines brightly with promise. Let's make our collective voices heard, as we march towards a world where change is not just a possibility, but a certainty.

APPRECIATION



ABS News Bulletin posted a video to playlistAutonomy. June 7, 2021





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