

How to complete an ABC chart. The Village Residence

Antecedent

What happened before?

Location, activity, people

Record the things that happened BEFORE the behaviour, such as

- Where were they
- Exactly what were they doing?
- Was anyone else around or had anyone just left?
- Had the person asked for, or did they want something specific to eat or drink?
- Had the person been asked something, to do something?
- Had an activity just ended or been cancelled?
- Where were you? What were you doing?
- How did the persons mood appear? E.g. happy, sad, withdrawn, angry or distressed?
- Did the person seem to be communication anything through what they were doing?
- Was there any obvious triggers e.g. too noisy, sitting on own for some time?
- Are there any obvious setting events e.g. feeling ill, not slept?

Behaviour

Describe what you saw

Record a detailed description of the actual BEHAVIOUR (what did it look like?)

- Provide a step by step description of exactly happened

Eg he ran out of the living room, stood in the kitchen door doorway and punched his head with his right hand for approximately 1 minute.

Consequence

What did you do/ how did the person react?

Record the CONSEQUENCES of the behaviour. (what happened AFTER)

- Exactly how did you respond to the behaviour? Give a step by step description.

- How did the person respond to your reaction?

- Was there anyone else around who responded to or showed a reaction to the behaviour?

Did the person's behaviour result them in gaining anything they did not have before eg attention from something (positive or negative): an object, food or drink, or escape from an activity or situation?

Name:

ABC CHART The Village Residence August 2023

Date / time	ANTECEDENT Location, activity, people	BEHAVIOUR Describe what you saw	CONSEQUENCE What did you do/how did the person react.	Possible purpose/reason