

An abstract geometric composition featuring several squares of different sizes and colors. The colors include a light blue, a medium blue, a dark blue, and a very light blue. The squares are arranged in a way that they overlap and create a sense of depth and movement. The overall effect is a minimalist and modern design.

Person in Charge September 2023 .



My Preferred Priorities for Care.

Your name:

Address:

What is this document for?

The Preferred Priorities for Care (also known as PPC) can help you prepare for the future. It gives you an opportunity to think about, talk about and write down your preferences and priorities for care at the end of your life. You do not need to do this unless you want to.

The PPC can help you and your carers (your family, friends and professionals) to understand what is important to you when planning your care. If a time comes when, for whatever reason, you are unable to make a decision for yourself, anyone who has to make decisions about your care on your behalf will have to take into account anything you have written in your PPC.

Sometimes people wish to refuse specific medical treatments in advance. The PPC is not meant to be used for such legally binding refusals. If you decide that you want to refuse any medical treatments, it would be advisable to discuss this with your doctors.

Remember that your views may change over time. You can change what you have written whenever you wish to, and it would be advisable to review your PPC regularly to make sure that it still reflects what you want.

Should I talk to other people about my PPC?

You may find it helpful to talk about your future care with your family and friends, Although sometimes this can be difficult because it might be emotional or people Might not agree. It can also be useful to talk about any particular needs your family or friends may have if they are going to be involved in caring for you. Your professional carers (like your doctor, nurse or social worker) can help and support you and your family with this.

When you have completed your PPC you are encouraged to keep it with you and **Share** it with anyone involved in your care. Unless people know what is important to you, they will not be able to take your wishes into account.

What should I include in my PPC?

You should include anything that is important to you or that you are worried about. It is a good idea to think about your beliefs and values, what you would and would not like, and where you would like to be cared for at the end of your life.

People who should be asked about your care if you are not able to make a decision for yourself.

Name:

Address:

Telephone number:

Relationship to you:

Name:

Address:

Telephone number:

Relationship to you:

Name:

Address:

Telephone number:

Relationship to you:

Your preferences and priorities

In relation to your health, what has been happening to you?.

**(Please write in here your understanding. If you are the Nurse
you may wish to write in here discussions you have had with the**

resident and family or alternatively you may record within your care plan).

Thinking ahead....

1. At this time in your life what is it that makes you happy or you feel is important to you?

2. What elements of care are important to you and what would you like to happen in future?

3. What would you NOT want to happen? Is there anything that you worry about or fear happening?

4. *Do you have a Legal Advance Decision to Refuse Treatment document?*

5. Proxy / next of kin

Who else would you like to be involved if it ever becomes difficult for you to make decisions or if there was an emergency?

Contact 1 Tel.....

Contact 2 Tel.....

6. Preferred place of care

If your condition deteriorates where would you most like to be cared for?

Where would you like to be cared for in the future?

(If you are a Nurse you may write in here discussions you have had with resident on this issue, or within your care plan.)

1st choice

2nd choice

Comments

7. Do you have any special requests, preferences, or other comments? **What are your preferences and priorities for your future care?**

(Write in here summary of discussions you had with resident, or within your care plan).

8. Are there any comments or additions from other people you are close to?

If in the event that you're heart suddenly stopped, would you like to be resuscitated?

(Write in here what it is the resident says. You may have used different language to the language used here. You will probably

have used language appropriate for the resident, or alternatively write in Care Plan)

Please record any changes to your preferences and priorities here

(Please sign and date any changes. These should be recorded each time resuscitation status is discussed with the resident or with families, either using this document or within the care plan. This will also be recorded in the Medical Notes by Medical Officer who will have discussions with each resident on each review date)

Further information

You can use this page to make a note of any further information you need or

Questions you might want to ask your professional carers (like your doctor, nurse or social worker. Nurses can also use this page to make extra notes on end of life decisions for their resident).

How do you think your relative is emotionally and psychologically.

Do you think that they are holding back from discussing issues with us.

Do you think they are scared?

OR I am A Relative and I am happy with what has been
discussed with me and know I can change my opinions and my

wishes in the interest of my relative at any stage. Please sign and date each time a discussion is had with families.

Signed _____

Date_____

Signed _____

Date_____

Signed _____

Date_____

Signed _____

Date_____

Signed _____

Date_____

Signed _____

Date_____

Signed _____

Date_____

Signed _____

Date_____

Signed _____

Date_____

Please note that this information will be recorded by Nursing and Medical Staff within their own records.