

Step 2 – Weight loss score

Current weight

Score 0	Score 1	Score 2
Wt loss	Wt loss	Wt loss
< 5%	5 - 10%	> 10%

Score 0	Score 1	Score 2
Wt loss	Wt loss	Wt loss
< 5%	5 - 10%	> 10%

Score 0	Score 1	Score 2	Score 0	Score 1
Wt loss				
< 5%	5 - 10%	> 10%	< 5%	5 - 10%

Weight 3 to 6 months ago

		_		
Weight	3 to	6	months	ago
		_		~5

< 5%	5 - 10%	> 10%
Weigh	t 3 to 6 mont	ths ago

Weight 3 to 6 months ago

Score 2 Wt loss > 10%

		Weight	t 3 to 6 mont	hs ago
	kg	Less than (kg)	Between (kg)	More than (kg)
	30	31.6	31.6 - 33.3	33.3
_	31	32.6	32.6 - 34.4	34.4
	32	33.7	33.7 - 35.6	35.6
	33	34.7	34.7 - 36.7	36.7
	34	35.8	35.8 - 37.7	37.8
	35	36.8	36.8 - 38.9	38.9
	36	37.9	37.9 - 40.0	40.0
_	37	38.9	38.8 - 41.1	41.1
_	38	40.0	40.0 - 42.2	42.2
	39	41.1	41.1 - 43.3	43.3
	40	42.1	42.1 - 44.4	44.4
	41	43.2	43.2 - 45.6	45.6
_	42	44.2	44.2 - 46.7	46.7
_	43	45.3	45.3 - 47.8	47.8
_	44	46.3	46.3 - 48.9	48.9
_	45	47.4	47.4 - 50.0	50.0
) _	46	48.4	48.4 - 51.1	51.1
_	47	49.5	49.5 - 52.2	52.2
	48	50.5	50.5 - 53.3	53.3
_	49	51.6	51.6 - 54.4	54.4
	50	52.6	52.6 - 55.6	55.6
_	51	53.7	53.7 - 56.7	56.7
_	52	54.7	54.7 - 57.8	57.8
_	53	55.8	55.8 - 58.9	58.9
_	54	56.8	56.8 - 60.0	60.0
_	55	57.9	57.9 - 61.1	61.1
_	56	58.9	58.9 - 62.2	62.2
_	57	60.0	60.0 - 63.3	63.3
_	58	61.1	61.1 - 64.4	64.4
-	59	62.1	62.1 - 65.6	65.6
_	60	63.2	63.2 - 66.7	66.7
_	61	64.2	64.2 - 67.8	67.8
-	62	65.3	65.3 - 68.9	68.9
_	63	66.3	66.3 - 70.0	70.0
_	64	67.4	67.4 - 71.1	71.1

kg Less than (kg) Between (kg) More than (kg) 65 68.4 68.4 - 72.2 72.2 66 69.5 69.5 - 73.3 73.3 67 70.5 70.5 - 74.4 74.4 68 71.6 - 75.6 75.6 69 72.6 - 76.7 76.7 70 73.7 - 77.8 77.8 71 74.7 - 74.7 - 78.9 78.9 72 75.8 - 75.8 - 80.0 80.0 73 76.8 - 76.8 - 81.1 81.1 74 77.9 - 82.2 82.2 75 78.9 - 78.9 - 83.3 83.3 76 80.0 - 80.0 - 84.4 84.4 77 81.1 - 85.6 - 85.6 85.6 78 82.1 - 86.7 - 86.7 86.7 79 83.2 - 87.8 - 89.9 88.9 81 85.3 - 85.3 - 90.0 - 90.0 82 86.3 - 91.1 - 91.1 83 87.4 - 87.4 - 92.2 - 92.2 84 88.4 - 93.3 - 93.3 85 89.5 - 94.4 - 94.4 86 90.5 - 95
65 68.4 68.4 - 72.2 72.2 66 69.5 69.5 - 73.3 73.3 67 70.5 70.5 - 74.4 74.4 68 71.6 - 75.6 75.6 69 72.6 - 76.7 76.7 70 73.7 - 77.8 77.8 71 74.7 - 74.7 - 78.9 78.9 72 75.8 - 75.8 - 80.0 80.0 73 76.8 - 76.8 - 81.1 81.1 74 77.9 - 77.9 - 82.2 82.2 75 78.9 - 78.9 - 83.3 83.3 76 80.0 - 80.0 - 84.4 84.4 77 81.1 - 85.6 - 85.6 85.6 78 82.1 - 86.7 - 86.7 86.7 79 83.2 - 87.8 - 89.9 87.8 80 84.2 - 88.9 - 89.9 88.9 81 85.3 - 85.3 - 90.0 - 90.0 82 86.3 - 86.3 - 91.1 - 91.1 83 87.4 - 87.4 - 92.2 - 92.2 84 88.4 - 88.4 - 93.3 - 93.3 85 89.5 - 94.4 - 94.4 86 90.5 - 95.6 - 95.6 - 95.
66 69.5 69.5 - 73.3 73.3 67 70.5 70.5 - 74.4 74.4 68 71.6 71.6 - 75.6 75.6 69 72.6 72.6 - 76.7 76.7 70 73.7 73.7 - 77.8 77.8 71 74.7 74.7 - 78.9 78.9 72 75.8 75.8 - 80.0 80.0 73 76.8 76.8 - 81.1 81.1 74 77.9 77.9 - 82.2 82.2 75 78.9 78.9 - 83.3 83.3 76 80.0 80.0 - 84.4 84.4 77 81.1 81.1 - 85.6 85.6 78 82.1 82.1 - 86.7 86.7 79 83.2 83.2 - 87.8 87.8 80 84.2 84.2 - 88.9 88.9 81 85.3 85.3 - 90.0 90.0 82 86.3 86.3 - 91.1 91.1 83 87.4 87.4 - 92.2 92.2 84
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68 71.6 71.6 - 75.6 75.6 69 72.6 72.6 - 76.7 76.7 70 73.7 73.7 - 77.8 77.8 71 74.7 74.7 - 78.9 78.9 72 75.8 75.8 - 80.0 80.0 73 76.8 76.8 - 81.1 81.1 74 77.9 77.9 - 82.2 82.2 75 78.9 78.9 - 83.3 83.3 76 80.0 80.0 - 84.4 84.4 77 81.1 81.1 - 85.6 85.6 78 82.1 82.1 - 86.7 86.7 79 83.2 83.2 - 87.8 87.8 80 84.2 84.2 - 88.9 88.9 81 85.3 85.3 - 90.0 90.0 82 86.3 86.3 - 91.1 91.1 83 87.4 87.4 - 92.2 92.2 84 88.4 88.4 - 93.3 93.3 85 89.5 89.5 - 94.4 94.4 86
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100 105.3 105.3 - 111.1 111.1 1 101 106.3 106.3 - 112.2 112.2 1 102 107.4 107.4 - 113.3 113.3 1 103 108.4 108.4 - 114.4 114.4 1 104 109.5 109.5 - 115.6 115.6 1 105 110.5 110.5 - 116.7 116.7 1 106 111.6 111.6 - 117.8 117.8 1 107 112.6 112.6 - 118.9 118.9 1 108 113.7 113.7 - 120.0 120.0 1 109 114.7 114.7 - 121.1 121.1 1 110 115.8 115.8 - 122.2 122.2 1 111 116.8 116.8 - 123.3 123.3 1 112 117.9 117.9 - 124.4 124.4 1 113 118.9 118.9 - 125.6 125.6 1 114 120.0 120.0 - 126.7 126.7 1 115 121.1 121.1 - 127.8 127.8 1 116 122.1 122.1 - 128.9 128.9 1 117 123.2 123.2 - 130.0 130.0 1 118 124.2 124.2 - 131.1 131.1 1 119 125.3 125.3 - 132.2 132.2 1 120 126.3 126.3 - 133.3 133.3 1 121 127.4 127.4 - 134.4 134.4 1 122 128.4 128.4 - 135.6 135.6 1 123 129.5 129.5 - 136.7 136.7 1 124 130.5 130.5 - 137.8 137.8 1 125 131.6 131.6 - 138.9 138.9 1 126 132.6 132.6 - 140.0 140.0 1 127 133.7 133.7 - 141.1 141.1 1 128 134.7 134.7 - 142.2 142.2 1 129 135.8 135.8 - 143.3 143.3 1 130 136.8 136.8 - 144.4 144.4 1 131 137.9 137.9 - 145.6 145.6 1 132 138.9 138.9 - 146.7 146.7 1 133 140.0 140.0 - 147.8 147.8 1	Weight 3 to 6 months ago				
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105 110.5 110.5 - 116.7 116.7 106 111.6 111.6 - 117.8 117.8 107 112.6 112.6 - 118.9 118.9 108 113.7 113.7 - 120.0 120.0 109 114.7 114.7 - 121.1 121.1 110 115.8 115.8 - 122.2 122.2 111 116.8 116.8 - 123.3 123.3 112 117.9 117.9 - 124.4 124.4 113 118.9 118.9 - 125.6 125.6 114 120.0 120.0 - 126.7 126.7 115 121.1 121.1 - 127.8 127.8 116 122.1 122.1 - 128.9 128.9 117 123.2 123.2 - 130.0 130.0 118 124.2 124.2 - 131.1 131.1 119 125.3 125.3 - 132.2 132.2 120 126.3 126.3 - 133.3 133.3 121 127.4 127.4 - 134.4 134.4 122 128.4 128.4 - 135.6 135.6 123 129.5 129.5 - 136.7	103	108.4	108.4 - 114.4	114.4	_1
106 111.6 111.6 - 117.8 117.8 107 112.6 112.6 - 118.9 118.9 108 113.7 113.7 - 120.0 120.0 109 114.7 114.7 - 121.1 121.1 110 115.8 115.8 - 122.2 122.2 111 116.8 116.8 - 123.3 123.3 112 117.9 117.9 - 124.4 124.4 113 118.9 118.9 - 125.6 125.6 114 120.0 120.0 - 126.7 126.7 115 121.1 121.1 - 127.8 127.8 116 122.1 122.1 - 128.9 128.9 117 123.2 123.2 - 130.0 130.0 118 124.2 124.2 - 131.1 131.1 119 125.3 125.3 - 132.2 132.2 120 126.3 126.3 - 133.3 133.3 121 127.4 127.4 - 134.4 134.4 122 128.4 128.4 - 135.6 135.6 123 129.5	104	109.5	109.5 - 115.6	115.6	_1
107 112.6 112.6 - 118.9 118.9 108 113.7 113.7 - 120.0 120.0 109 114.7 114.7 - 121.1 121.1 110 115.8 115.8 - 122.2 122.2 111 116.8 116.8 - 123.3 123.3 112 117.9 117.9 - 124.4 124.4 113 118.9 118.9 - 125.6 125.6 114 120.0 120.0 - 126.7 126.7 115 121.1 121.1 - 127.8 127.8 116 122.1 122.1 - 128.9 128.9 117 123.2 123.2 - 130.0 130.0 118 124.2 124.2 - 131.1 131.1 119 125.3 125.3 - 132.2 132.2 120 126.3 126.3 - 133.3 133.3 121 127.4 127.4 - 134.4 134.4 122 128.4 128.4 - 135.6 135.6 123 129.5 129.5 - 136.7 136.7 124 130.5 130.5 - 137.8 137.8 125 131.6 131.6 - 138.9	105	110.5	110.5 - 116.7	116.7	_1
108 113.7 113.7 - 120.0 120.0 109 114.7 114.7 - 121.1 121.1 110 115.8 115.8 - 122.2 122.2 111 116.8 116.8 - 123.3 123.3 112 117.9 117.9 - 124.4 124.4 113 118.9 118.9 - 125.6 125.6 114 120.0 120.0 - 126.7 126.7 115 121.1 121.1 - 127.8 127.8 116 122.1 122.1 - 128.9 128.9 117 123.2 123.2 - 130.0 130.0 118 124.2 124.2 - 131.1 131.1 119 125.3 125.3 - 132.2 132.2 120 126.3 126.3 - 133.3 133.3 121 127.4 127.4 - 134.4 134.4 122 128.4 128.4 - 135.6 135.6 123 129.5 129.5 - 136.7 136.7 124 130.5 130.5 - 137.8 137.8 125 131.6	106	111.6	111.6 - 117.8	117.8	_1
109 114.7 114.7 - 121.1 121.1 110 115.8 115.8 - 122.2 122.2 111 116.8 116.8 - 123.3 123.3 112 117.9 117.9 - 124.4 124.4 113 118.9 118.9 - 125.6 125.6 114 120.0 120.0 - 126.7 126.7 115 121.1 121.1 - 127.8 127.8 116 122.1 122.1 - 128.9 128.9 117 123.2 123.2 - 130.0 130.0 118 124.2 124.2 - 131.1 131.1 119 125.3 125.3 - 132.2 132.2 120 126.3 126.3 - 133.3 133.3 121 127.4 127.4 - 134.4 134.4 122 128.4 128.4 - 135.6 135.6 123 129.5 129.5 - 136.7 136.7 124 130.5 130.5 - 137.8 137.8 125 131.6 131.6 - 138.9 138.9 126 132.6	107	112.6	112.6 - 118.9	118.9	_1
110 115.8 115.8 - 122.2 122.2 111 116.8 116.8 - 123.3 123.3 112 117.9 117.9 - 124.4 124.4 113 118.9 118.9 - 125.6 125.6 114 120.0 120.0 - 126.7 126.7 115 121.1 121.1 - 127.8 127.8 116 122.1 122.1 - 128.9 128.9 117 123.2 123.2 - 130.0 130.0 118 124.2 124.2 - 131.1 131.1 119 125.3 125.3 - 132.2 132.2 120 126.3 126.3 - 133.3 133.3 121 127.4 127.4 - 134.4 134.4 122 128.4 128.4 - 135.6 135.6 123 129.5 129.5 - 136.7 136.7 124 130.5 130.5 - 137.8 137.8 125 131.6 131.6 - 138.9 138.9 126 132.6 132.6 - 140.0 140.0 127 133.7	108	113.7	113.7 - 120.0	120.0	_1
111 116.8 116.8 - 123.3 123.3 112 117.9 117.9 - 124.4 124.4 113 118.9 118.9 - 125.6 125.6 114 120.0 120.0 - 126.7 126.7 115 121.1 121.1 - 127.8 127.8 116 122.1 122.1 - 128.9 128.9 117 123.2 123.2 - 130.0 130.0 118 124.2 124.2 - 131.1 131.1 119 125.3 125.3 - 132.2 132.2 120 126.3 126.3 - 133.3 133.3 121 127.4 127.4 - 134.4 134.4 122 128.4 128.4 - 135.6 135.6 123 129.5 129.5 - 136.7 136.7 124 130.5 130.5 - 137.8 137.8 125 131.6 131.6 - 138.9 138.9 126 132.6 132.6 - 140.0 140.0 127 133.7 134.7 - 142.2 142.2 129 135.8 135.8 - 143.3 143.3 130 136.8 136.8 - 144.4	109	114.7	114.7 - 121.1	121.1	_1
112 117.9 117.9 - 124.4 124.4 113 118.9 118.9 - 125.6 125.6 114 120.0 120.0 - 126.7 126.7 115 121.1 121.1 - 127.8 127.8 116 122.1 122.1 - 128.9 128.9 117 123.2 123.2 - 130.0 130.0 118 124.2 124.2 - 131.1 131.1 119 125.3 125.3 - 132.2 132.2 120 126.3 126.3 - 133.3 133.3 121 127.4 127.4 - 134.4 134.4 122 128.4 128.4 - 135.6 135.6 123 129.5 129.5 - 136.7 136.7 124 130.5 130.5 - 137.8 137.8 125 131.6 131.6 - 138.9 138.9 126 132.6 132.6 - 140.0 140.0 127 133.7 134.7 - 142.2 142.2 129 135.8 135.8 - 143.3 143.3 130 136.8 136.8 - 144.4 144.4 131 137.9 137.9 - 145.6	110	115.8	115.8 - 122.2	122.2	_1
113 118.9 118.9 - 125.6 125.6 114 120.0 120.0 - 126.7 126.7 115 121.1 121.1 - 127.8 127.8 116 122.1 122.1 - 128.9 128.9 117 123.2 123.2 - 130.0 130.0 118 124.2 124.2 - 131.1 131.1 119 125.3 125.3 - 132.2 132.2 120 126.3 126.3 - 133.3 133.3 121 127.4 127.4 - 134.4 134.4 122 128.4 128.4 - 135.6 135.6 123 129.5 129.5 - 136.7 136.7 124 130.5 130.5 - 137.8 137.8 125 131.6 131.6 - 138.9 138.9 126 132.6 132.6 - 140.0 140.0 127 133.7 133.7 - 141.1 141.1 128 134.7 134.7 - 142.2 142.2 129 135.8 135.8 - 143.3 143.3 130 136.8 136.8 - 144.4 144.4 131 137.9 137.9 - 145.6	111	116.8	116.8 - 123.3	123.3	_1
114 120.0 120.0 - 126.7 126.7 115 121.1 121.1 - 127.8 127.8 116 122.1 122.1 - 128.9 128.9 117 123.2 123.2 - 130.0 130.0 118 124.2 124.2 - 131.1 131.1 119 125.3 125.3 - 132.2 132.2 120 126.3 126.3 - 133.3 133.3 121 127.4 127.4 - 134.4 134.4 122 128.4 128.4 - 135.6 135.6 123 129.5 129.5 - 136.7 136.7 124 130.5 130.5 - 137.8 137.8 125 131.6 131.6 - 138.9 138.9 126 132.6 132.6 - 140.0 140.0 127 133.7 133.7 - 141.1 141.1 128 134.7 134.7 - 142.2 142.2 129 135.8 135.8 - 143.3 143.3 130 136.8 136.8 - 144.4 144.4 131 137.9	112	117.9	117.9 - 124.4	124.4	_1
115 121.1 121.1 - 127.8 127.8 116 122.1 122.1 - 128.9 128.9 117 123.2 123.2 - 130.0 130.0 118 124.2 124.2 - 131.1 131.1 119 125.3 125.3 - 132.2 132.2 120 126.3 126.3 - 133.3 133.3 121 127.4 127.4 - 134.4 134.4 122 128.4 128.4 - 135.6 135.6 123 129.5 129.5 - 136.7 136.7 124 130.5 130.5 - 137.8 137.8 125 131.6 131.6 - 138.9 138.9 126 132.6 132.6 - 140.0 140.0 127 133.7 133.7 - 141.1 141.1 128 134.7 134.7 - 142.2 142.2 129 135.8 135.8 - 143.3 143.3 130 136.8 136.8 - 144.4 144.4 131 137.9 137.9 - 145.6 145.6 132 138.9	113	118.9	118.9 - 125.6	125.6	_1
116 122.1 122.1 - 128.9 128.9 117 123.2 123.2 - 130.0 130.0 118 124.2 124.2 - 131.1 131.1 119 125.3 125.3 - 132.2 132.2 120 126.3 126.3 - 133.3 133.3 121 127.4 127.4 - 134.4 134.4 122 128.4 128.4 - 135.6 135.6 123 129.5 129.5 - 136.7 136.7 124 130.5 130.5 - 137.8 137.8 125 131.6 131.6 - 138.9 138.9 126 132.6 132.6 - 140.0 140.0 127 133.7 133.7 - 141.1 141.1 128 134.7 134.7 - 142.2 142.2 129 135.8 135.8 - 143.3 143.3 130 136.8 136.8 - 144.4 144.4 131 137.9 137.9 - 145.6 145.6 132 138.9 138.9 - 146.7 146.7 133 140.0 140.0 - 147.8 147.8	114	120.0	120.0 - 126.7	126.7	_1
117 123.2 123.2 - 130.0 130.0 118 124.2 124.2 - 131.1 131.1 119 125.3 125.3 - 132.2 132.2 120 126.3 126.3 - 133.3 133.3 121 127.4 127.4 - 134.4 134.4 122 128.4 128.4 - 135.6 135.6 123 129.5 129.5 - 136.7 136.7 124 130.5 130.5 - 137.8 137.8 125 131.6 131.6 - 138.9 138.9 126 132.6 132.6 - 140.0 140.0 127 133.7 133.7 - 141.1 141.1 128 134.7 134.7 - 142.2 142.2 129 135.8 135.8 - 143.3 143.3 130 136.8 136.8 - 144.4 144.4 131 137.9 137.9 - 145.6 145.6 132 138.9 138.9 - 146.7 146.7 133 140.0 140.0 - 147.8 147.8	115	121.1	121.1 - 127.8	127.8	_1
118 124.2 124.2 - 131.1 131.1 119 125.3 125.3 - 132.2 132.2 120 126.3 126.3 - 133.3 133.3 121 127.4 127.4 - 134.4 134.4 122 128.4 128.4 - 135.6 135.6 123 129.5 129.5 - 136.7 136.7 124 130.5 130.5 - 137.8 137.8 125 131.6 131.6 - 138.9 138.9 126 132.6 132.6 - 140.0 140.0 127 133.7 133.7 - 141.1 141.1 128 134.7 134.7 - 142.2 142.2 129 135.8 135.8 - 143.3 143.3 130 136.8 136.8 - 144.4 144.4 131 137.9 137.9 - 145.6 145.6 132 138.9 138.9 - 146.7 146.7 133 140.0 140.0 - 147.8 147.8	116	122.1	122.1 - 128.9	128.9	_1
119 125.3 125.3 - 132.2 132.2 120 126.3 126.3 - 133.3 133.3 121 127.4 127.4 - 134.4 134.4 122 128.4 128.4 - 135.6 135.6 123 129.5 129.5 - 136.7 136.7 124 130.5 130.5 - 137.8 137.8 125 131.6 131.6 - 138.9 138.9 126 132.6 132.6 - 140.0 140.0 127 133.7 133.7 - 141.1 141.1 128 134.7 134.7 - 142.2 142.2 129 135.8 135.8 - 143.3 143.3 130 136.8 136.8 - 144.4 144.4 131 137.9 137.9 - 145.6 145.6 132 138.9 138.9 - 146.7 146.7 133 140.0 140.0 - 147.8 147.8	117	123.2	123.2 - 130.0	130.0	_1
120 126.3 126.3 - 133.3 133.3 121 127.4 127.4 - 134.4 134.4 122 128.4 128.4 - 135.6 135.6 123 129.5 129.5 - 136.7 136.7 124 130.5 130.5 - 137.8 137.8 125 131.6 131.6 - 138.9 138.9 126 132.6 132.6 - 140.0 140.0 127 133.7 133.7 - 141.1 141.1 128 134.7 134.7 - 142.2 142.2 129 135.8 135.8 - 143.3 143.3 130 136.8 136.8 - 144.4 144.4 131 137.9 137.9 - 145.6 145.6 132 138.9 138.9 - 146.7 146.7 133 140.0 140.0 - 147.8 147.8	118	124.2	124.2 - 131.1	131.1	_1
121 127.4 127.4 - 134.4 134.4 122 128.4 128.4 - 135.6 135.6 123 129.5 129.5 - 136.7 136.7 124 130.5 130.5 - 137.8 137.8 125 131.6 131.6 - 138.9 138.9 126 132.6 132.6 - 140.0 140.0 127 133.7 133.7 - 141.1 141.1 128 134.7 134.7 - 142.2 142.2 129 135.8 135.8 - 143.3 143.3 130 136.8 136.8 - 144.4 144.4 131 137.9 137.9 - 145.6 145.6 132 138.9 138.9 - 146.7 146.7 133 140.0 140.0 - 147.8 147.8	119	125.3	125.3 - 132.2	132.2	_1
122 128.4 128.4 - 135.6 135.6 123 129.5 129.5 - 136.7 136.7 124 130.5 130.5 - 137.8 137.8 125 131.6 131.6 - 138.9 138.9 126 132.6 132.6 - 140.0 140.0 127 133.7 133.7 - 141.1 141.1 128 134.7 134.7 - 142.2 142.2 129 135.8 135.8 - 143.3 143.3 130 136.8 136.8 - 144.4 144.4 131 137.9 137.9 - 145.6 145.6 132 138.9 138.9 - 146.7 146.7 133 140.0 140.0 - 147.8 147.8	120	126.3	126.3 - 133.3	133.3	1
123 129.5 129.5 - 136.7 136.7 124 130.5 130.5 - 137.8 137.8 125 131.6 131.6 - 138.9 138.9 126 132.6 132.6 - 140.0 140.0 127 133.7 133.7 - 141.1 141.1 128 134.7 134.7 - 142.2 142.2 129 135.8 135.8 - 143.3 143.3 130 136.8 136.8 - 144.4 144.4 131 137.9 137.9 - 145.6 145.6 132 138.9 138.9 - 146.7 146.7 133 140.0 140.0 - 147.8 147.8	121	127.4	127.4 - 134.4	134.4	_1
124 130.5 130.5 - 137.8 137.8 125 131.6 131.6 - 138.9 138.9 126 132.6 132.6 - 140.0 140.0 127 133.7 133.7 - 141.1 141.1 128 134.7 134.7 - 142.2 142.2 129 135.8 135.8 - 143.3 143.3 130 136.8 136.8 - 144.4 144.4 131 137.9 137.9 - 145.6 145.6 132 138.9 138.9 - 146.7 146.7 133 140.0 140.0 - 147.8 147.8	122	128.4	128.4 - 135.6	135.6	_1
125 131.6 131.6 - 138.9 138.9 126 132.6 132.6 - 140.0 140.0 127 133.7 133.7 - 141.1 141.1 128 134.7 134.7 - 142.2 142.2 129 135.8 135.8 - 143.3 143.3 130 136.8 136.8 - 144.4 144.4 131 137.9 137.9 - 145.6 145.6 132 138.9 138.9 - 146.7 146.7 133 140.0 140.0 - 147.8 147.8	123	129.5	129.5 - 136.7	136.7	_1
126 132.6 132.6 - 140.0 140.0 127 133.7 133.7 - 141.1 141.1 128 134.7 134.7 - 142.2 142.2 129 135.8 135.8 - 143.3 143.3 130 136.8 136.8 - 144.4 144.4 131 137.9 137.9 - 145.6 145.6 132 138.9 138.9 - 146.7 146.7 133 140.0 140.0 - 147.8 147.8	124	130.5	130.5 - 137.8	137.8	_1
127 133.7 133.7 - 141.1 141.1 1 128 134.7 134.7 - 142.2 142.2 1 129 135.8 135.8 - 143.3 143.3 1 130 136.8 136.8 - 144.4 144.4 1 131 137.9 137.9 - 145.6 145.6 1 132 138.9 138.9 - 146.7 146.7 1 133 140.0 140.0 - 147.8 147.8 1	125	131.6	131.6 - 138.9	138.9	_1
128 134.7 134.7 - 142.2 142.2 129 135.8 135.8 - 143.3 143.3 130 136.8 136.8 - 144.4 144.4 131 137.9 137.9 - 145.6 145.6 132 138.9 138.9 - 146.7 146.7 133 140.0 140.0 - 147.8 147.8	126	132.6	132.6 - 140.0	140.0	_1
129 135.8 135.8 - 143.3 143.3 130 136.8 136.8 - 144.4 144.4 131 137.9 137.9 - 145.6 145.6 132 138.9 138.9 - 146.7 146.7 133 140.0 140.0 - 147.8 147.8	127	133.7	133.7 - 141.1	141.1	_1
130 136.8 136.8 - 144.4 144.4 1 131 137.9 137.9 - 145.6 145.6 1 132 138.9 138.9 - 146.7 146.7 1 133 140.0 140.0 - 147.8 147.8 1	128	134.7	134.7 - 142.2	142.2	_1
131 137.9 137.9 - 145.6 145.6 1 132 138.9 138.9 - 146.7 146.7 1 133 140.0 140.0 - 147.8 147.8 1	129	135.8	135.8 - 143.3	143.3	_1
132 138.9 138.9 - 146.7 146.7 133 140.0 140.0 - 147.8 147.8	130	136.8	136.8 - 144.4	144.4	_1
133 140.0 1 40.0 - 147.8 1 47.8 1	131	137.9	137.9 - 145.6	145.6	_1
	132	138.9	138.9 - 146.7	146.7	_1
134 141.1 141.1 - 148.9 148.9 1	133	140.0	140.0 - 147.8	147.8	_1
	134	141.1	141.1 - 148.9	148.9	_1

kg	Less than (kg)	Between (kg)	More than (kg)
135	142.1	142.1 - 150.0	150.0
136	143.2	143.2 - 151.0	151.1
137	144.2	144.2 - 152.2	152.2
138	145.3	145.3 - 153.3	153.3
139	146.3	146.3 - 154.4	154.4
140	147.4	147.4 - 155.6	155.6
141	148.4	148.4 - 156.7	156.7
142	149.5	149.5 - 149.5	157.8
143	150.5	150.5 - 158.9	158.9
144	151.6	151.6 - 160.0	160.0
145	152.6	152.6 - 161.1	161.1
146	153.7	153.7 - 162.2	162.2
147	154.7	154.7 - 163.3	163.3
148	155.8	155.8 - 164.4	164.4
149	156.8	156.8 - 165.6	165.6
150	157.9	157.9 - 166.7	166.7
151	158.9	158.9 - 166.7	167.8
152	160.0	160.0 - 168.7	168.9
153	161.1	161.1 - 170.0	170.0
154	162.1	162.1 - 171.1	171.1
155	163.2	163.2 - 172.2	172.2
156	164.2	164.2 - 173.3	173.3
157	165.3	165.3 - 174.4	174.4
158	166.3	166.3 - 175.6	175.6
159	167.4	167.4 - 176.7	176.7
160	168.4	168.4 - 177.8	177.8
161	169.5	169.5 - 178.9	178.9
162	170.5	170.5 - 180.0	180.0
163	171.6	171.6 - 181.1	181.1
164	172.6	172.6 - 182.2	182.2
165	173.7	173.7 - 183.3	183.3
166	174.7	174.7 - 184.4	184.4
167	175.8	175.8 - 185.6	185.6
168	176.8	176.8 - 186.7	186.7
169	177.9	177.9 - 187.8	187.8
169	177.9	177.9 - 187.8	187.8