



DAY 1: SET INTUITIVE FINANCIAL INTENTIONS

Activity: Instead of rigid goals, take some quiet time to reflect on what financial freedom feels like to you.

Sit in a comfortable spot, close your eyes, and imagine your life with no financial worries. Think about how it would change your daily activities, your relationships, and your self-care.

After you've spent some time in this space, write down the feelings, experiences, and lifestyle changes that resonate with your vision of financial freedom.

Use these insights to guide your actions throughout the next two weeks.



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