

PRODUCT DATASHEET

POLARIS

SHOCK ABSORBER





DNV ST-0378 certification

Page 1 | 9 Revision B
File POLARIS-DSG-B Date 8/11/2025



Reduce your dynamic loads and costs

The POLARIS shock absorber is the new state-of-the-art shock absorber from Norwegian Dynamics. It allows clients, within segments such as piling, wind turbine installation and heavy lifting, to significantly reduce dynamic loads that can damage cranes, lifting gear and valuable payloads. Users will be pleasantly surprised by the compact design, with reduced length and especially weight compared to existing solutions. The finance departments will also be pleasantly surprised by the significantly lower cost compared to existing solutions.

Key features

- Spring-damper system based on gas compression and hydraulic damping
 - Self-contained, no external connections required during usage
 - Extremely robust due to simple and reliable construction
 - Significantly better efficiency than existing solutions
- Developed in Norway
 - Classification according to DNV ST-0378 and DNV RP-N202
 - o SWL range 75t to 4000t
 - o Stroke range 1m to 8m
- Easy to use, adjustment in a fraction of the time compared to existing solutions
 - Can be operated by anyone that knows how to fill a car tire and read a manometer
 - o Easy to use filling connections with high flow rate
 - o Training provided with purchase of a shock absorber
- Lower costs
 - Does not need dedicated personnel, which significantly reduces operating costs
 - Much lower sales prices and rental rates than existing solutions



Figure 1-Frontal view of POLARIS 75t 3m shock absorber, notice no external accumulators

Page	2 9	Revision	В
File	POLARIS-DSG-B	Date	8/11/2025



0

Contents

Key features	. 2
Application areas	. 4
How does it work?	. 5
What is the difference between POLARIS and a normal shock absorber?	. 6
Technical details	. 7
Performance	. 7
Classification	. 7
Shackles	. 8
Hydraulic fluid & gas	. 8
Testing	
Weight	
Contact information	



Application areas

- Pile drop protection, ensure that the piling hammer will not be damaged during a sudden pile run
- Lifting heavy components during bad weather conditions. The shock absorber ensures low dynamic loads and avoids damage to both crane and payload
- General heavy duty shock absorption

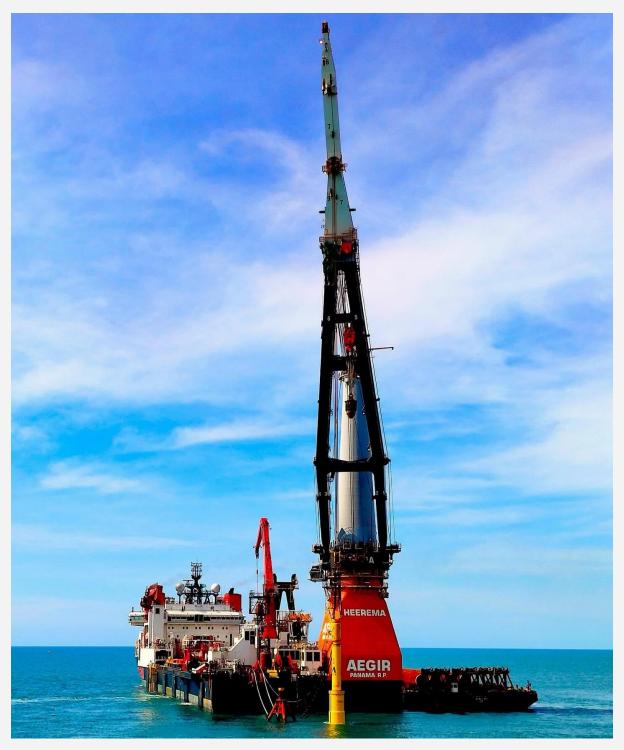


Figure 2 – Vessel that could have benefitted by having a shock absorber

Page	4 9	Revision	В
File	POLARIS-DSG-B	Date	8/11/2025



How does it work?

The shock absorber is a spring-damper that converts the kinetic energy of a falling payload into heat via hydraulic friction. The hydraulic friction, also called damping, is accurately controlled and adjustable by the user and is tuned to the weight of the payload being lifted. In general, the energy balance for this scenario is:

$$mgh = \frac{1}{2}mv^2 = \eta\mu Smg(\psi - 1)$$

Where:

m — Payload mass η — Shock absorber efficiency g — Acceleration of gravity μ — Shock absorber stroke utilization

h - Free fall distance S - Shock absorber stroke

v - Payload velocity ψ - Dynamic amplification factor

The energy balance can be visualized as below illustration:

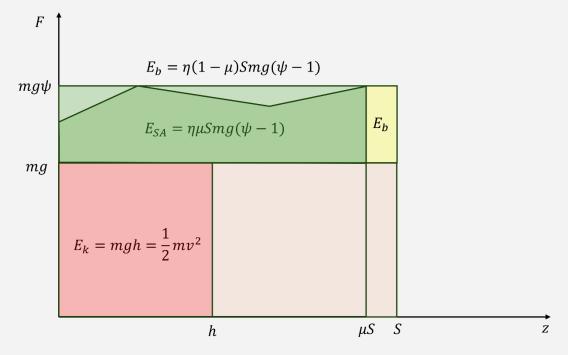


Figure 3 – Energy balance

Notes!

- The shock absorber can only reduce the kinetic energy of the payload whilst the force acting upon the payload from the shock absorber is larger than the force of gravity mg.
- ψ is the peak dynamic amplification factor exerted by the shock absorber, the peak force from the shock absorber is hence ψmg .
- The efficiency η is the ratio of the dark green area to the sum of the dark and light green area. The closer the value of η is to 1 the less stroke is required to absorb the kinetic energy.
- The yellow area is the energy that can be absorbed if the stroke was fully utilized. μ is hence a safety factor that is used to have some spare absorption capacity available, with a recommended minimum value of 0.9.

Page	5 9	Revision	В
File	POLARIS-DSG-B	Date	8/11/2025



What is the difference between POLARIS and a normal shock absorber?

The main difference is that POLARIS is a pure shock absorber with very high performance for shock absorption, while older solutions are multipurpose units with lower performance for shock absorption. This is reflected in the efficiency (η) of the unit, which for POLARIS can be in excess of 90 %, while a multipurpose unit typically would get 40-60 % and then only for a particular payload speed, while POLARIS gives the same performance for a wide range of payload speeds.

The efficiency improvement directly means that a reduced stroke length can be used compared to a multipurpose unit, which makes POLARIS lighter, shorter and cheaper.

Recent news about a large shock absorber used for falling piling hammers has been released publicly and here we do a quick comparison between a POLARIS unit with the same energy absorption capability as the "yellow shock absorber".

	POLARIS	Yellow shock absorber
Max force	3500t	3500t
Cylinder stroke ¹	3750 mm	5500 mm
Efficiency	90+ %	50-70 %
Weight (excluding shackles) ²	43.5t	195t
LxWxH ³	6.5x1.6x1.8m	8x5x5m
Electronic control	Yes	Yes
Cost⁴	<1.5 MUSD	9.5 MUSD



Figure 4 – Easily accessible filling ports makes tuning a breeze

⁴ Reported value in news

Page	6 9	Revision	В
File	POLARIS-DSG-B	Date	8/11/2025

¹ Reduced stroke vs competition due to increased efficiency

² Reported by manufacturer

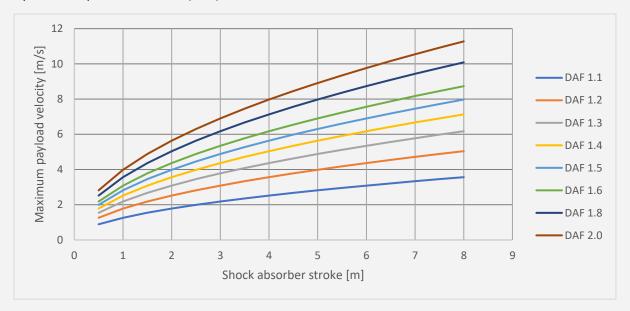
³ Estimated values



Technical details

Performance

The chart below can be used to estimate maximum allowed payload velocity based on allowed dynamic amplification factor (DAF) and shock absorber stroke.



As an example, we have a shock absorber with 2 m stroke and an allowed DAF of 1.3, we can then read that the maximum payload velocity can then be around 3.1 m/s.

More accurate estimates can be done either in the provided Excel simulation sheet or in OrcaFlex. Contact us for further information or assistance.

Classification

Classification and design according to DNV ST-0378 and DNV RP-N202 by DNV.

Upon special request, and with extra cost, we can also offer classification by BV, ABS and other classification societies.



Shackles

Shock absorber SWL	Shackles
10t	2x Van Beest P-6033 12.5t
30t	2x Van Beest P-6033 30t
75t	2x Van Beest P-6033 75t
150t	2x Van Beest P-6033 150t
250t	2x Van Beest P-6033 250t
400t	2x Van Beest P-6033 400t
600t	2x Van Beest P-6033 600t
800t	2x Van Beest P-6033 800t
1250t	2x Van Beest P-6033 1250t
1550t	2x Van Beest P-6033 1550t
2000t	2x GN Rope H14 2000t
2500t	2x GN Rope H14 2500t
3000t	2x GN Rope H14 3000t
3500t	2x GN Rope H14 3500t
4000t	2x GN Rope H14 4000t

Hydraulic fluid & gas

All versions use mineral oil as standard hydraulic fluid due to reduced needs for maintenance and increased reliability, it is widely available, and the risk of leakage is minimal. We also offer bio friendly fluids upon special request, such as water-glycol, at extra cost. Nitrogen is used as standard gas.

Testing

- Overload tested according to DNV ST-0378 rules.
- Pressure tested according to EN 14359 and EN 13445 requirements.
- 100% UT and visual inspection of welds.
- Leakage test of complete assembly.
- Optional drop test to verify shock absorber performance.



Weight

					Stroke	[m]			
		1.0m	2.0m	3.0m	4.0m	5.0m	6.0m	7.0m	8.0m
	75t	0.5t	0.7t	0.8t	1.0t	1.2t	1.4t	1.5t	1.7t
	150t	0.9t	1.3t	1.6t	2t	2.3t	2.7t	3.0t	3.4t
	250t	1.5t	2.1t	2.7t	3.3t	3.9t	4.5t	5.0t	5.6t
	400t	2.4t	3.4t	4.3t	5.2t	6.2t	7.1t	8.0t	9.0t
	600t	3.6t	5.0t	6.4t	7.8t	9.2t	11 t	12t	13t
_	800t	4.8t	6.7t	8.6t	10t	12t	14 t	16t	18t
Ξ	1000t	6.0t	8.4t	11 t	13t	15t	18t	20t	22t
SWL	1250t	7.5t	11 t	13t	16t	19t	22t	25t	28t
0,	1550t	9.0t	13t	17t	20t	24t	27t	31t	35t
-	2000t	12t	16t	21t	26t	31t	35t	40t	45t
	2500t	1 5t	20t	26t	32t	38t	44t	50t	56t
	3000t	18t	25t	32t	39t	46t	53t	60t	67t
	3500t	21t	29t	37t	45t	54t	62t	70t	78t
	4000t	24t	33t	42t	52t	61t	71t	80t	89t

Contact information

For more information about the POLARIS shock absorber or for orders please contact us at post@nodynamics.com or +47 9664 7886.

See also our website www.nodynamics.com

Page	9 9	Revision	В
File	POLARIS-DSG-B	Date	8/11/2025