## 4. The Park

- **Description**: This illustration represents the **joy of childhood** and the simplicity of moments spent in nature. The park reflect the innocence and curiosity of youth. It's a reminder to reconnect with your **inner child**—to rediscover **playfulness**, **imagination**, and a sense of wonder that often gets lost in adulthood.
- **Reflection**: What can you learn from the carefree nature of childhood? How can you bring more joy and spontaneity into your daily life?

Write about your emotions:			
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