

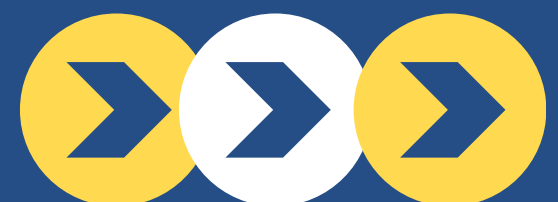
TOP TIPS ON

# SUPPORTING A PERSON TO DECIDE ABOUT MOVING INTO A CARE HOME

LBX V K, L AND M (2013)



A GUIDE FOR NON-HEALTHCARE PROFESSIONALS,  
PRIVATE CLIENTS AND FAMILIES



This guide is primarily intended for non health or care professionals and families supporting a client or loved one in making a decision about moving into a care facility, such as a Supported Living, Shared Lives, or a Care Home.

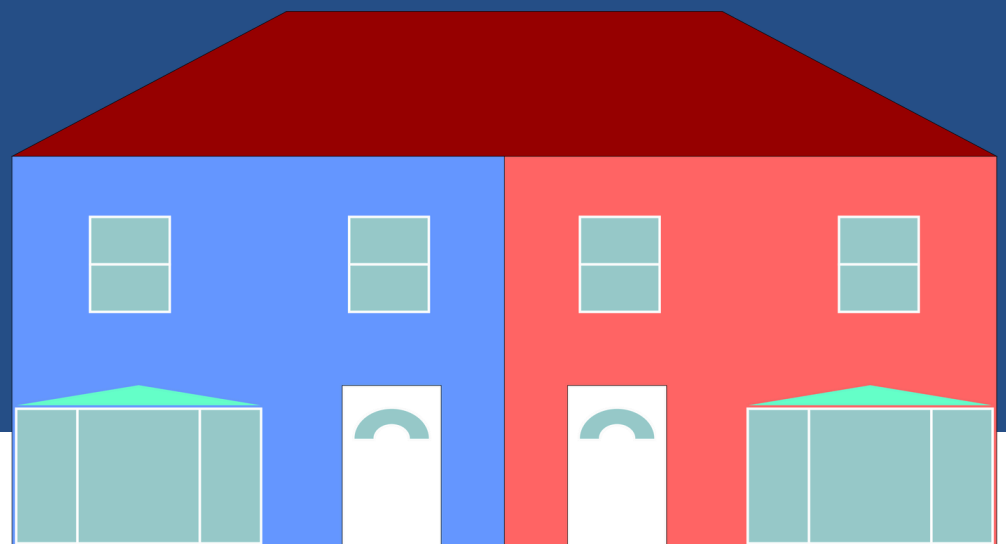
This guide is based on a case called LBX decided in 2013 in the court, it is a case where the judge outlined what a person needs to be able to understand when making a decision to move into care and it can be a helpful guide to assess if a person may be able to decide for themselves, or someone else may need to make the decision for them (under a best interest decision).



# IF THERE ARE 2 OR MORE OPTIONS - HOW HAS THE PERSON BEEN SUPPORTED TO UNDERSTAND THE NATURE AND TYPE OF EACH OPTION?

Here, we aim to describe the **nature** of the options (i.e., which care home, where, and when) and the **type** (shared living, your own room, or shared bathroom), and compare and contrast them with other options, such as returning to your own home.

It's more than just describing the possibilities. Have they seen the care home? Have they visited it? Have you given a brochure? Have they been invited to have lunch or dinner at the care home?



## DOES THE PERSON HAVE A BROAD UNDERSTANDING OF THE OPTIONS?

This is more than just a conversation. Very rarely is it a rush to move a person on that day, or the following day (emergencies excluded). Take your time. Have they visited the home? Have they had a night there? Have they even met anyone in the home? Have they had lunch or dinner?

Moving into a care home is a big decision. Think...how long did **you** take to decide to buy that dream house, or move to another flat closer to your partner or work?





# DO THEY KNOW THE DIFFERENCE BETWEEN LIVING THERE AND JUST VISITING?

Does the person know the difference between living and visiting? How have you explained this?

Have you used pictures or assessed their understanding over several visits/days?

Ask the person to **tell you** (*in their own words*) what it means to live in a care home.

What do they say to you and others? Is this the same?



# WHAT ACTIVITIES WOULD THE PERSON BE ABLE TO DO IN EACH SETTING?

Have you explained any 'rules' of the care home?

What is on offer by the activities lead or facilitator at the care home?

Can they go outside alone?

Is there a garden?

Does the home arrange trips out?

Compare that with what the person could or would do if they lived back at home.

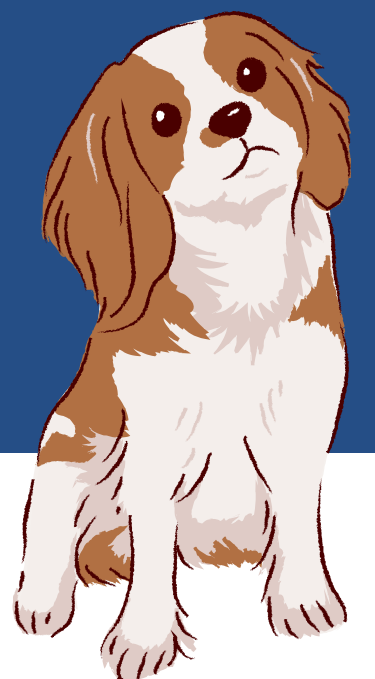


# SEEING FRIENDS, FAMILIES AND THE FAMILY DOG!

Are they aware of the visiting options for friends, family, and their pets?

Many homes do not allow animals to live with the person – how important is this to the person?

Is the home able to accommodate the pet to visit? It's an often overlooked question.



## PAYMENT OF FEES TO THE CARE HOME

Unless this is NHS Continuing Healthcare funded care, is the person aware that care home fees will be due?

The person does not need to understand any details beyond the fact that bills will be due and must be paid.

Someone with legal authority can pay, such as an Attorney, an Appointee, or a Court Appointed Deputy (if in place).



## THE PEOPLE THEY WOULD LIVE WITH AND THE CARE THEY WOULD RECEIVE.

Does the person know who they will be living with, either at their own home or in a care home?

Would they be able to explain this to you?

Do they know about the pros and cons (or risks)?

Do they know what their care plan will look like, how often they will have care, and who will provide this care?







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