



Professional Attorney for Health & Welfare



0333 335 6547



novacare.org.uk



About Us

We deliver **rapid, reliable,** and **responsive** access to registered health and care professionals for care, capacity and specialist support services **7 days a week.**

All our consultants are **7+ years post-qualified** and have held senior or specialist practitioner roles in the NHS and/or Social Services.

We have **7 hubs** across **England and Wales**, which means we're never more than a few hours from you, your family member or your client.

What is a Professional Attorney?

A Professional Attorney is a registered health, care or legal practitioner appointed by the individual (called the Donor) under a **Lasting Power of Attorney (LPA)** to make decisions when the Donor can't.

When can the Attorney act?

The powers of an Attorney for Health and Welfare **only** come into effect after the person loses mental capacity to make their own health and welfare decisions. This differs from a Property and Financial Affairs Attorney.

What decisions can a Professional Attorney make?

Welfare decisions relating to your care, such as where you live and with whom. The attorney can also decide what care you receive and where, all in accordance with your best interests. **Health decisions** include the treatment or medication you will take, whether to undergo surgery, and may include decisions about *life-sustaining treatment*.

What is the cost of this service?

Our onboarding fee is £866 for the first year, and our annual retainer fee after year 2 starts from as little as £10 per week. This fee covers your **annual review of your health and care plans** or up to **4 hours of support a year**, as and when you need us. When we act as your Attorney, our fees are set out in the individual agreement with you. See our website for a guide to those fees.

How do you know what decisions to make?

We champion **person-centred** approaches that **empower individuals** while exploring viable alternatives to ensure your wishes, views and opinions are **respected** wherever possible. We do this by getting to know you personally and keeping your Anticipatory Health and Care Plans up to date. We also act for your whole life, so you will always keep the same Attorney.



Why Nova Care Consultants?

- Our practitioners are **7+ years** post-qualified with leadership and management experience, and we are all **advanced or specialist** health and care practitioners.
- We have worked in the NHS or Social Services and held **senior leadership** or **management positions**, managing not only complex cases but also large teams and services. We are all trained to either Level 3 or Level 4 in **Adult Safeguarding**.
- Our practitioners have **specialist skills** or **advanced training** in health, care and the law. We all undergo regular, continued professional development and extensive training to maintain the highest standards in independent healthcare practice.
- Many of us hold **advanced degrees** and are involved in teaching or conducting research. Whilst we act as your named Care Consultant for Life, we also work as a team and will seek the appropriate professional advice to make the right decision at the right time.
- We are a **respected** and **sought-after** firm by dozens of solicitors, barristers, local authorities and NHS bodies across England and Wales. We are the trusted partners in your health and care.

We are registered and regulated by



We hold memberships with



Meet our **Executive Team**



Gary Spencer-Humphrey | Managing Director

Gary is a Principal Social Worker, an Approved Mental Health Professional, a Social Supervisor, a DoLS Authorising Officer, and a Best Interests Assessor. He has worked in health and care since 2005 and served as a Head of Social Services before becoming the Lead Expert for Nova Care Consultants.



Sarah McCully | Deputy Director

Sarah is a Strategic Social Worker and Psychotherapist who has managed community care and hospital teams since 2019. She leads our Quality Standards and Governance Board.



Michelle Tandy | Senior Occupational Therapist

Michelle is an Advanced Specialist Occupational Therapist and specialist trainer who has worked across health and community settings since 2007, serving as both a Team Leader and OT Consultant.



Jaimie Huntley | Senior Social Worker

Jaimie is an Advanced Social Worker and Best Interests Assessor who has worked with older adults since 2008 and served as an Assistant Team Manager and Team Leader.



Sophia Miguel | Senior Client Affairs Assistant

Sophia is our Senior Client Affairs Assistant, supporting day-to-day operations while working closely with our consultants, associates and the executive team.

NovaCare[®]

CONSULTANTS



Book a Free
Consultation



Offices in

- Cardiff
- Devon
- Hampshire (HQ)
- Hereford
- London
- Newcastle (from 2026)
- Nottingham
- Sussex



If you would like to know more about how we can help,
visit www.novacare.org.uk, call **0333 335 6547**
or email info@novacare.org.uk