



Ms Sarah MCCULLY

Independent Social Worker | Psychotherapist

Sarah McCully is the Director of Operations with Nova Care Consultants. She is a qualified social worker and cognitive behavioural psychotherapist. Sarah is a Best Interest Assessor (BIA) and has worked in the NHS and Local Authority as an assistant manager of an integrated health and care reablement service. Sarah has worked exclusively in adult social care for almost 20 years.

PROFESSIONAL EXPERIENCE

Nova Care Consultants Ltd Dec 2021 - Present

Director of Operations | Independent Social Worker

- Director of Operations for Nova Care Consultants, capacity assessor and psychotherapist.

Portsmouth City Council Feb 2019 - Jan 2025

Assistant Manager of Integrated Health and Care Services

- Deputy lead of integrated health and care services in Portsmouth

Southern Health NHS Foundation Trust Jul 2018 - Feb 2019

Psychological Therapist

- Psychological Therapist

Ransted Social Care Jan 2017 - July 2018

Locum Social Worker

- Registered Social Worker

EDUCATION

Postgraduate Diploma in High Intensity Cognitive Behavioural Therapy (HI-CBT) 2018

Southampton University, UK

Masters of Science in Social Work 2013

Brighton University, UK

Bachelour of Arts in English 2011

Southampton University, UK

CONTACT

Phone Number

0333 335 6547

Email Address

info@novacare.org.uk

Website

www.novacare.org.uk

Head Office

8-9 Rodney Road, Portsmouth, PO4 8BF

CLINICAL SKILLS

- Registered Social Worker
- Qualified Psychotherapist
- Level 3 Adult Safeguarding Trained
- Practice Supervisor
- Best Interests Assessor (Trainee)

REGISTERED WITH

