



Ms Lisa BARRETT

Independent Social Worker | Trainer

Lisa Barrett is a qualified social worker, specialist trainer, and expert in adult safeguarding and hoarding (a specialist hoarding social work professional). Lisa is based in our Midland team, based near Luton and travels across the Midlands. Prior to commencing her independent practice, Lisa was a team manager of an adult social care service and has been a safeguarding adults team manager.

PROFESSIONAL EXPERIENCE

Nova Care Consultants Ltd Dec 2025 - Present
Independent Social Worker (Associate)

- Senior Associate (Independent Social Worker) and mental capacity assessor.

Clutter Free Living Ltd Aug 2016- Present
Hoarding Behaviour Specialist, Speaker and Trainer

- Specialist practitioner with hoarding expertise.

P3 Chairty 2020 - 2021
Consultant

- Consultant in Hoarding

Royal Borough of Kensington & Chelsea 2013 - 2016
Team Manager Social Work

- Manager of a team of social workers, occupational therapists, and care team leaders.

EDUCATION

Certificate/Award in Autism
Open University, 2025

University Certificate in Best Interests Assessor
Kingston University, 2010

BSc (Hons) Bachelor of Science in Social Work
Southampton University, 2004

CONTACT

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Website

www.novacare.org.uk

Head Office

Ingold Lodge, Ingoldfield Lane, Soberton, Hampshire, SO32 3QA

CLINICAL SKILLS

- Registered Social Worker
- Level 3 Adult Safeguarding Trained
- Level 4 Adult Safeguarding Manager
- Specialist Hoarding Trainer and Former Board Member - ADPO
- Best Interests Assessor

REGISTERED WITH

