



World Fitness Federation (W.F.F. - International)

World Bodybuilding Federation (W.B.B.F. - International)

(Since 1968, today 141 Country-Members, over 60 annual Events World Wide)

55-th „AMBER PRIX INTERNATIONAL“

36-th WORLD AM AND PRO CHAMPIONSHIP

(May 10, 2025, Klaipeda, Republic Lithuania)

THE STATUTE

1.Time

1.1.Time schedule:

May 9, Friday – Arriving of the National Teams to the „Ibis Styles Klaipeda Aurora“, Nemuno Str. 51, Klaipeda);

May 10, Saturday - Registration of athletes 8:00-10:00

Venue: 10.00 at Theater Palace of „Klaipedos Zveju Rumai (Taikos Prospektas 70)“,

11.00 – all “Fit-kid“ categories and aerobic fitness

13.00 – all women categories and age groups

14.00 – all men categories and age groups

2.Competition Details

Categories and Age Groups

WORLD FITNESS FEDERATION (W.F.F.)

- Disabled Fitness (Women and Men; General Disabled and Wheel Chair Categories; Novice (first time on stage), Age Groups: until 16, 18, 21, over 21, 40, 50)

- Fit-Kids (Girls and Boys; Individuals and Groups, 1 - 6 Athletes, may be gender split); Age Groups: until 6, 8, 10, 12, 14, 16 years)

- Aerobic Fitness (Women and Men; Individuals and Groups: 1 - 6 Athletes, may be gender split; Novice (first time on stage), Age Groups: until 18, 21, over 21, 40, 50, 60)

- Pole Dance Fitness (Women and Men; Individuals; Novice (first time on stage), Age Groups: until 18, 21, over 21, 40, 50, 60)

- Women Model Fitness (Categories: one piece swimsuit, two piece swimsuit + evening dress; Age Groups: until 16, 18, 21, over 21, 40, 50, 60; Novice (first time on stage), High Categories: until 165, 175 and over 175 cm.; mixed pairs model fitness)

- Men’s Model Fitness (shorts and evening dress (suite); Novice (first time on stage), Age Groups: until 16, 18, 21, over 21, 40, 50, 60; High Categories: until 165, 175 and over 175 cm.)

- Dance fitness (it has a number of smaller divisions - zumba, latino etc.; ANovice (first time on stage), ge Groups: until 6, 8, 10, 12, 14, 16, 18, 21, over 21, 40, 50, 60 years)



- **martial art fitness** (it has a number of smaller divisions; Novice (first time on stage), Age Groups: until 6, 8, 10, 12, 14, 16, 18, 21, over 21, 40, 50, 60 years)
- **Mini Trampoline Fitness** (Women and Men; Individuals and Groups; Novice (first time on stage), Age Groups: until 16, 18, 21, over 21, 40, 50, 60)
- **“Kangoo Dance” fitness** (Women and Men; Individuals and Groups; Novice (first time on stage), Age Groups: until 16, 18, 21, over 21, 40, 50, 60)
- **Aerial fitness** (Women and Men; Novice (first time on stage), Age Groups: until 6, 8, 10, 12, 14, 16, 18, 21, over 21, 40, 50, 60 years).
- **“Yoga Fitness”** (Women and Men; Individuals and Groups; Novice (first time on stage), Age Groups: until 16, 18, 21, over 21, 40, 50, 60)
- **“Step Aerobic Fitness”** (Women and Men; Individuals and Groups; Novice (first time on stage), Age Groups: until 16, 18, 21, over 21, 40, 50, 60)

WORLD BODYBUILDING FEDERATION (W.B.B.F.)

Categories and Age Groups

AMATEUR ATHLETES

WOMEN

Division Aerobic Performance („Fit-kids“ and Aerobic Fitness, Age Groups until 6, 8, 10, 12, 14, 16, 18, 21 and over 21, 40, 50, 60, 70 years)

Division Fitness Model (Categories: 165 cm., 175 cm., + 175 cm.)

Division Bikini (Categories: 165 cm., 175 cm., + 175 cm.)

Division Figure Classic (Categories: 165 cm., 175 cm., + 175 cm.)

Division Figure Athletic (Categories: 165 cm., 175 cm., + 175 cm.)

Division Bodybuilding (Categories: 165 cm., 175 cm., + 175 cm.)

MEN

Division Aerobic Performance („Fit-kids“ and Aerobic Fitness, Age Groups until 6, 8, 10, 12, 14, 16, 18, 21 and over 21, 40, 50, 60, 70 years)

Division Fitness Model (Categories: 170 cm., 180 cm., + 180 cm., former Men’s Physique Category)

Division Muscle Model (Categories: 170 cm., 180 cm., + 180 cm.)

Division Body Athletic (Categories: 170 cm. +2 kgs., 175 cm. +4 kgs., 180 cm. +6 kgs, 185 cm. +8 kgs, +185 cm. +10 kgs, former Classic Bodybuilding Category)

Division Bodybuilding (Categories: 70 kgs, 80 kgs, 90 kgs, 100 kgs, +100 kgs)

Division Mixed Pairs (Categories: Classic, Performance, Athletic and Bodybuilding)

Division Disabled (Categories: General, Wheel-Chair, Arm and Leg Disabilities).

PROFESSIONAL ATHLETES

MEN

- **Aerobic Performance Category**



- **Fitness Model Category**
- **Muscle Model Category**
- **Body Athletic Category**
- **Bodybuilding Category Over 100 kgs.**
- **Bodybuilding Category Until 100 kgs.**
- **Bodybuilding Category Until 90 kgs.**
- **Bodybuilding Category Until 80 kgs.**
- **Bodybuilding Category Until 70 kgs**
- **Senior Bodybuilding Category Over 50 years**
- **Senior Bodybuilding Category Over 60 years**
- **Disabled Bodybuilding Category**

WOMEN

- **Aerobic Performance Category**
- **Fitness Model Category**
- **Bikini Category**
- **Bodybuilding Category Over 60 kgs.**
- **Bodybuilding Category Until 60 kgs.**
- **Bodybuilding Figure Classic Category**
- **Bodybuilding Figure Athletic Category**
- **Senior Bodybuilding Category Over 40 years**
- **Senior Bodybuilding Category Over 50 years**
- **Disabled Bodybuilding Category**

3.1. Information and Contacts

3.1.1. Official Information:

W.F.F. – W.B.B.F. International Official Site www.worldfitness.lt and www.wff.lt

3.1.2. Contacts:

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