



**World Fitness Federation (W.F.F. - International)**

**World Bodybuilding Federation (W.B.B.F. - International)**

**(Since 1968, today 141 Country-Members, over 60 annual Events World Wide)**

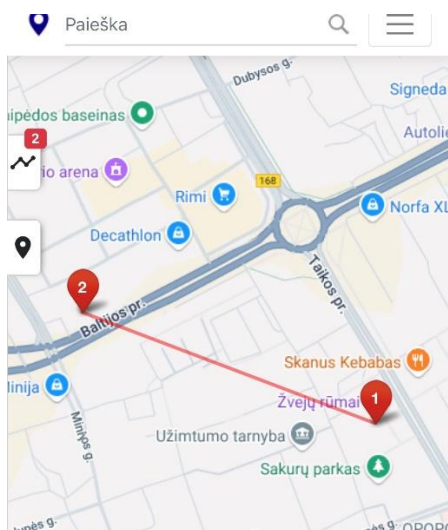
**58-th „AMBER PRIX INTERNATIONAL“**

**36-th WORLD AM AND PRO FITNESS CHAMPIONSHIP**

**CHAMPIONSHIP DATE:** May 10, 2025, Klaipėda, Republic Lithuania)

**CHAMPIONSHIP PLACE:** Žvejų Kultūros Rūmai (Taiko pr. 70, Klaipėda, Lithuania)

**HOTEL:** Green Park Hotel Klaipėda (Minijos str. 119, Klaipėda, Lithuania). We are collaborating with Green Park Hotel, which offers discounted rates for athletes. For accommodation, please contact [info@worldfitness.lt](mailto:info@worldfitness.lt)



(From Žvejų Kultūros Rūmai (Number 1) Till Green Park Hotel (Number 2) - 2,1km )

## **THE STATUTE**

1. Time

1.1. Time schedule:

**May 9, Friday - 18.00-20.00** – Registration at Žvejų Kultūros Rūmai (address Taikos pr.70, Klaipėda, Lithuania). Please come to the Žvejų Culture House, bring your ID card and a USB drive with the competition music. The USB should contain music file with name and surname. During registration, you will pay the entry fee, the accommodation fee (for those who registered through the Federation), and you will receive your participant number. There will also be an opportunity to view the stage and backstage.

**May 9, Friday - 20.00-21.00** - There will be a meeting of the World Fitness Federation leaders and judges.



## May 10, Saturday

**Registration of athletes 8:00-10:00** - The fee will be 20 EUR higher for athletes who register on the competition day.

**Venue: 10.00** Žvejų Kultūros Rūmai (Taikos pr. 70, Klaipėda, Lithuania).

11.00 – Pole Dance

11:30 – FIT-KIDS

12.00 – Aerial hoop, silks, hammock

13.00 – Yoga, Zumba, Kangoo Jumps, Aerobics

13:30 – Mini Trampoline

14:00 – Fitness Models, bikini, Figure Athletics and other Woman.

15:30 – Disabled

16.00 – All men categories

## 2.Competition Details

### Categories and Age Groups

#### **WORLD FITNESS FEDERATION (W.F.F.)**

- **Disabled Fitness** (Women and Men; General Disabled and Wheel Chair Categories; Novice (first time on stage), Age Groups: until 16, 18, 21, over 21, 40, 50)

- **Fit-Kids** (Girls and Boys; Individuals and Groups, 1 - 6 Athletes, may be gender split); Age Groups: until 6, 8, 10, 12, 14, 16 years)

- **Aerobic Fitness** (Women and Men; Individuals and Groups: 1 - 6 Athletes, may be gender split; Novice (first time on stage), Age Groups: until 18, 21, over 21, 40, 50, 60)

- **Pole Dance Fitness** ( Women and Men; Individuals; Novice (first time on stage), Age Groups: until 18, 21, over 21, 40, 50, 60)

- **Women Model Fitness** (Categories: one piece swimsuit, two piece swimsuit + evening dress; Age Groups: until 16, 18, 21, over 21, 40, 50, 60; Novice (first time on stage), High Categories: until 165, 175 and over 175 cm.; mixed pairs model fitness)

- **Men's Model Fitness** (shorts and evening dress (suite); Novice (first time on stage), Age Groups: until 16, 18, 21, over 21, 40, 50, 60; High Categories: until 165, 175 and over 175 cm.)



- **Dance fitness** (it has a number of smaller divisions - zumba, latino etc.; ANovice (first time on stage), ge Groups: until 6, 8, 10, 12, 14, 16, 18, 21, over 21, 40, 50, 60 years)
- **Martial art fitness** (it has a number of smaller divisions; Novice (first time on stage), Age Groups: until 6, 8, 10, 12, 14, 16, 18, 21, over 21, 40, 50, 60 years)
- **Mini Trampoline Fitness** (Women and Men; Individuals and Groups; Novice (first time on stage), Age Groups: until 16, 18, 21, over 21, 40, 50, 60)
- **“Kangoo Dance” fitness** (Women and Men; Individuals and Groups; Novice (first time on stage), Age Groups: until 16, 18, 21, over 21, 40, 50, 60)
- **Aerial fitness** (Women and Men; Novice (first time on stage), Age Groups: until 6, 8, 10, 12, 14, 16, 18, 21, over 21, 40, 50, 60 years).
- **“Yoga Fitness”** (Women and Men; Individuals and Groups; Novice (first time on stage), Age Groups: until 16, 18, 21, over 21, 40, 50, 60)
- **“Step Aerobic Fitness”** (Women and Men; Individuals and Groups; Novice (first time on stage), Age Groups: until 16, 18, 21, over 21, 40, 50, 60)

## **WORLD BODYBUILDING FEDERATION (W.B.B.F.)**

### **Categories and Age Groups**

#### **AMATEUR ATHLETES**

##### **WOMEN**

Division Aerobic Performance („Fit-kids“ and Aerobic Fitness, Age Groups until 6, 8, 10, 12, 14, 16, 18, 21 and over 21, 40, 50, 60, 70 years)

Division Fitness Model (Categories: 165 cm., 175 cm., + 175 cm.)

Division Bikini (Categories: 165 cm., 175 cm., + 175 cm.)

Division Figure Classic (Categories: 165 cm., 175 cm., + 175 cm.)

Division Figure Athletic (Categories: 165 cm., 175 cm., + 175 cm.)

Division Bodybuilding (Categories: 165 cm., 175 cm., + 175 cm.)

##### **MEN**

Division Aerobic Performance („Fit-kids“ and Aerobic Fitness, Age Groups until 6, 8, 10, 12, 14, 16, 18, 21 and over 21, 40, 50, 60, 70 years)

Division Fitness Model (Categories: 170 cm., 180 cm., + 180 cm., former Men’s Physique Category)

Division Muscle Model (Categories: 170 cm., 180 cm., + 180 cm.)

Division Body Athletic (Categories: 170 cm. +2 kgs., 175 cm. +4 kgs., 180 cm. +6 kgs, 185 cm. +8 kgs, +185 cm. +10 kgs, former Classic Bodybuilding Category)

Division Bodybuilding (Categories: 70 kgs, 80 kgs, 90 kgs, 100 kgs, +100 kgs)

Division Mixed Pairs (Categories: Classic, Performance, Athletic and Bodybuilding)

Division Disabled (Categories: General, Wheel-Chair, Arm and Leg Disabilities).

##### **PROFESSIONAL ATHLETES**



## MEN

- Aerobic Performance Category
- Fitness Model Category
- Muscle Model Category
- Body Athletic Category
- Bodybuilding Category Over 100 kgs.
- Bodybuilding Category Until 100 kgs.
- Bodybuilding Category Until 90 kgs.
- Bodybuilding Category Until 80 kgs.
- Bodybuilding Category Until 70 kgs
- Senior Bodybuilding Category Over 50 years
- Senior Bodybuilding Category Over 60 years
- Disabled Bodybuilding Category

## WOMEN

- Aerobic Performance Category
- Fitness Model Category
- Bikini Category
- Bodybuilding Category Over 60 kgs.
- Bodybuilding Category Until 60 kgs.
- Bodybuilding Figure Classic Category
- Bodybuilding Figure Athletic Category
- Senior Bodybuilding Category Over 40 years
- Senior Bodybuilding Category Over 50 years
- Disabled Bodybuilding Category

### 3.1. Information and Contacts

#### 3.1.1. Official Information:

W.F.F. – W.B.B.F. International Official Site [www.worldfitness.lt](http://www.worldfitness.lt) and [www.wff.lt](http://www.wff.lt)

#### 3.1.2. Contacts:

DSc. Edmundas Daubaras, International President W.F.F. – W.B.B.F.

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**W.F.F. – W.B.B.F. International Secretary**

**Ugnė Raudytė-Daubarienė**