



My Super Awesome Journal

Today's Thoughts:



A yellow pencil with a black eraser and a black band is positioned diagonally across the top right corner of the 'Today's Thoughts' section, pointing towards the writing area.

Accomplishments From The Past Few Days:

Affirmations:

Today I Am Grateful For:

1) _____

2) _____

3) _____

Today I Will Be Successful At:

Encouraging Words:

My mood today:



SET YOURSELF UP FOR
A **GOOD DAY**.

CHALLENGE
YOURSELF TODAY.

LOVE YOURSELF
TODAY.

YOU ARE WORTH IT!