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# Guidelines for Christian mentoring at

# **Blisworth Baptist Church**

The Church is a Registered CIO: Charity No. 1192810. A member of the Baptist Union of Great Britain.

# The aim of mentoring

To help people grow in faith in Jesus Christ and to become more like Him, exhibiting the fruit of the Holy Spirit (Galatians 5:22)

### What is mentoring?

It is mostly about a relationship between 2 Christians that brings them closer to God. The mentor should be more mature in faith and living out the Christian life but it is not a one-way relationship. In a mentoring relationship, you will both teach, listen, guide, impart wisdom, support, grow, sharpen, through good and bad times, having fellowship and friendship.

It is a privilege and responsibility to be involved in a mentoring relationship Matthew 28 v 19

# Why do we have mentoring?

It is a biblical model, with examples of Moses and Joshua, Elijah and Elisha, Jesus with his disciples, especially Peter, James and John, Paul and Timothy.

## What qualities does a mentor need

A mentor does not need to be perfect!! (who is?). You do need to have a willing heart and a desire to pass on what God has done in your life. You need to rely on the leading of the Holy Spirit one step at a time.

Although a mentor should be seeking to demonstrate Christ they should not take His place. Mentors should not be the source of all wisdom and strength but point the person being mentored to the one who is JESUS.

One aim of the mentor is to help explore questions with biblical answers.

There is no room for pride in mentoring.

### Person being mentored (mentoree)

You should have a desire to grow more like Jesus and not just looking for friendship.

Be willing to receive a different perspective, to be held accountable and receive godly advice.

A desire for mentoring should come from the mentoree and not a mentor.

### Practical issues

There must be trust in a mentoring relationship on both sides.

We need to be sensitively open as possible with each other. Be prepared to be vulnerable and agree on confidentiality. Note – there may be a legal obligation to pass on information that is shared.

There needs to be a commitment to meeting regularly but also for the mentor to be available to meet up if there are problems outside of regular times. Generally once a fortnight or month to start with.

You need to meet somewhere that you are both comfortable with and able to pray. It is also good to do social things together.

The mentor and mentoree should be the same sex.

The relationship may become life long or could just be for a season, so agree a trial period to start with.

It is good for a mentor to also be a mentoree or have another accountable relationship.

Only mentor 1 person or at the most 2 at the same time.

Each meeting should include a time for chatting, looking at the bible together, accountability and prayer.