



Elfa's classic shelving system. Scandinavian design since 1948.

SPARRING The entrepreneur who became an iconic concept

B irger Sparring - Founder of the Sparring system and a distinguished Swedish entrepreneur and innovator. As early as in the 1930s, he founded Sparring AB and developed and patented hanging storage based on wallbands, brackets and shelves.

Thanks to their smart locking feature, the products quickly became popular.

Its great flexibility and clean, aestehtic looks enables it to fit both in the living room, childrens room or in spaces where greater flexibility is needed.

Today the Sparring wallbands and brackets has become iconic and are synonymous with minimalistic Scandinavian design.









Put your favourite items on display

The simple, minimalistic design of the shelves is ideal for showcasing your personal items and accentuating your style. The great versatility of the system allows you to position shelves and brackets where you choose. Add a sense of dynamism to your space by arranging the shelves asymmetrically to create a striking visual effect. Alternate high and low objects and don't be afraid to place items that might otherwise hang on the wall on a shelf instead.

Use shelves both for storage and for items that you frequently use or need access to. Place decorative boxes on the top shelf, filled with Christmas ornaments or other items that you don't want on display all year round, but are within arm's reach when needed. Work with decorative objects at eye level and slightly larger and heavier objects further down.



The plug-in shelving kit is available in white and graphite.

Perfect in any space

Since the wallbands are screw to the wall and can be placed freely, the Sparring system makes it possible to transform even the trickiest of areas into practical storage spaces. The shelves can be cut to size using a saw, making it easy to install them around pipes, electrical fittings and other permanent fixtures. The space under sloped ceilings can be utilised for storage too using a combination of wallbands in different heights. The Sparring wallband comes in a range of heights and the bracket in several depths, so there will always be a simple solution that meets your needs.







The iconic bookshelf

The Sparring shelving system is probably most generally known and used to create bookshelves. It is easy to achieve a built-in-situ feel, since the system can be installed over doorways and wall panels. The bookends hold the books in place and blend attractively with the system. They are available in several versions, some of which attach directly to the wallband and others stand freely on the shelf. Since the shelves can be placed at the height you choose, they can be easily adjusted to accommodate all book sizes.

Place shelves that cover the full length at the top and bottom to frame the bookcase with a stylish effect. You could also arrange the shelves asymmetrically or layer them like steps to create a dynamic and interesting look. Decorate your shelves with a mix of books and favourite decor for a warmer, more personal aesthetic.

The recommended depth for a bookshelf is 25 to 30 cm. The shelves are then suitable for slightly larger books too. If you have many heavy books to display, it is a good idea to position the wallbands closer together to be sure they are capable of bearing the weight.





Free-standing book support to place on the shelf.





This workspace combines a 50 cm deep shelf for the desk and natural and 30 cm deep shelves.

white kraft layered of Case

Functional workspace

It is possible to create a practical workspace directly in the system by combining shelves of different depths. Shelves that are 50 cm deep work well as a desktop and with shallower shelves installed above you can keep all your necessities close at hand.

If the workspace is part of a living area in your home, you can add a few favourite decor elements to make it feel cosier and more inviting. Personal touches also make a workspace more comfortable and inspiring.

The Sparring shelving system is also ideal for storage in professional settings.





You only need to invest once in a Sparring shelving system. The shelves can be rearranged over time to meet the needs of growing children, from a corner for toys and games to an inspiring space for arts and crafts.



Grow with Sparring

Plan the storage to match the height of the children at all times, so that they can easily reach their things themselves. This will also make it easier for children to put things back where they belong.



Large boxes and trays filled with Lego and heavy toys can be placed on deep shelves furthest down. This set-up comprises a combination of 50 cm and 30 cm deep shelves.

The Sparring shelving system in three steps

1. MEASURE YOUR SPACE AND SELECT THE HEIGHT OF THE WALLBANDS



The height of the wallbands is determined by the height of your space. Under sloping ceilings, wallbands of different heights can be combined to make optimal use of the available space.

The distance between the wallbands depends on the weight you are planning to put on the shelves. We recommend closer spacing for mainly heavy objects, such as books. See recommended weights and spacing below.

WIDTH 45= cc 451 mm, 60= cc 607 mm, 90= cc 902 mm

Section width	45	60	90
Max. recommended weight spread evenly across the system	40 kg	30 kg	20 kg

2. DECIDE ON THE DEPTH OF SHELVES AND BRACKETS



Bracket and shelf.



Shelf end.

3. ADD ACCESSORIES

Complete your shelving system with book supports.

What you'll be storing determines the choice of shelf. The shelves come in a variety of depths and widths and are suitable for different purposes. They can be sawn to the required width. Remember to saw the end that will be least visible or cover it with an edge trim.

Recommended shelf depths:

Small sideboard and decoration	25 cm
Bookshelf for large and small books	30 cm
Storage	40 cm
Desk	50 cm

You can use different depths to make maximum use of the space and create a dynamic effect. For a workspace, we usually combine a 50 cm deep shelf for the desk and 30 cm deep shelves.

You could use a shelf end instead of a bracket for a stylish look. These are available in depths of 25, 30 and 40 cm.

The Sparring system includes a range of smart accessories. For example, you have a choice of three different types of book support. As well as a bracket with closet rod holder and extra deep and extra shallow brackets. The deep brackets are reinforced to support heavy weights. The shallow brackets are suitable for narrow spaces and above radiators.

Shelves can be secured in the following ways. They can be screwed into place from underneath or secured with pins that hook into the bracket. You can also use a shelf joiner to position two shelves next to each other.

Get creative with Sparring

Sparring offers endless possibilities. Your imagination is the only limit.

Build around permanent fixtures and obstacles. The shelves can be sawn to the length and depth required. Thanks to the system's great flexibility, you can place the wallbands where you want.



Build **around openings** to make maximum use of the space and create an efficient and effective solution. This type of storage resembles traditional built-in-situ book shelves in a functional way.





The **Sparring system is** an excellent choice for creating storage space under the stairs or a sloping ceiling, as the wallbands and brackets can be positioned wherever you want. The only thing you need to be careful about is making sure the holes for all the wallbands are at the same height. We do recommend using a laser level.



Arrange the shelves asymmetrically and fill them with favourite decor elements to bring a dynamic feel to your space.



You can transform the wall area above a mirror or panelling into an attractive and practical storage space, which you cannot do with a traditional floor-standing bookcase.

