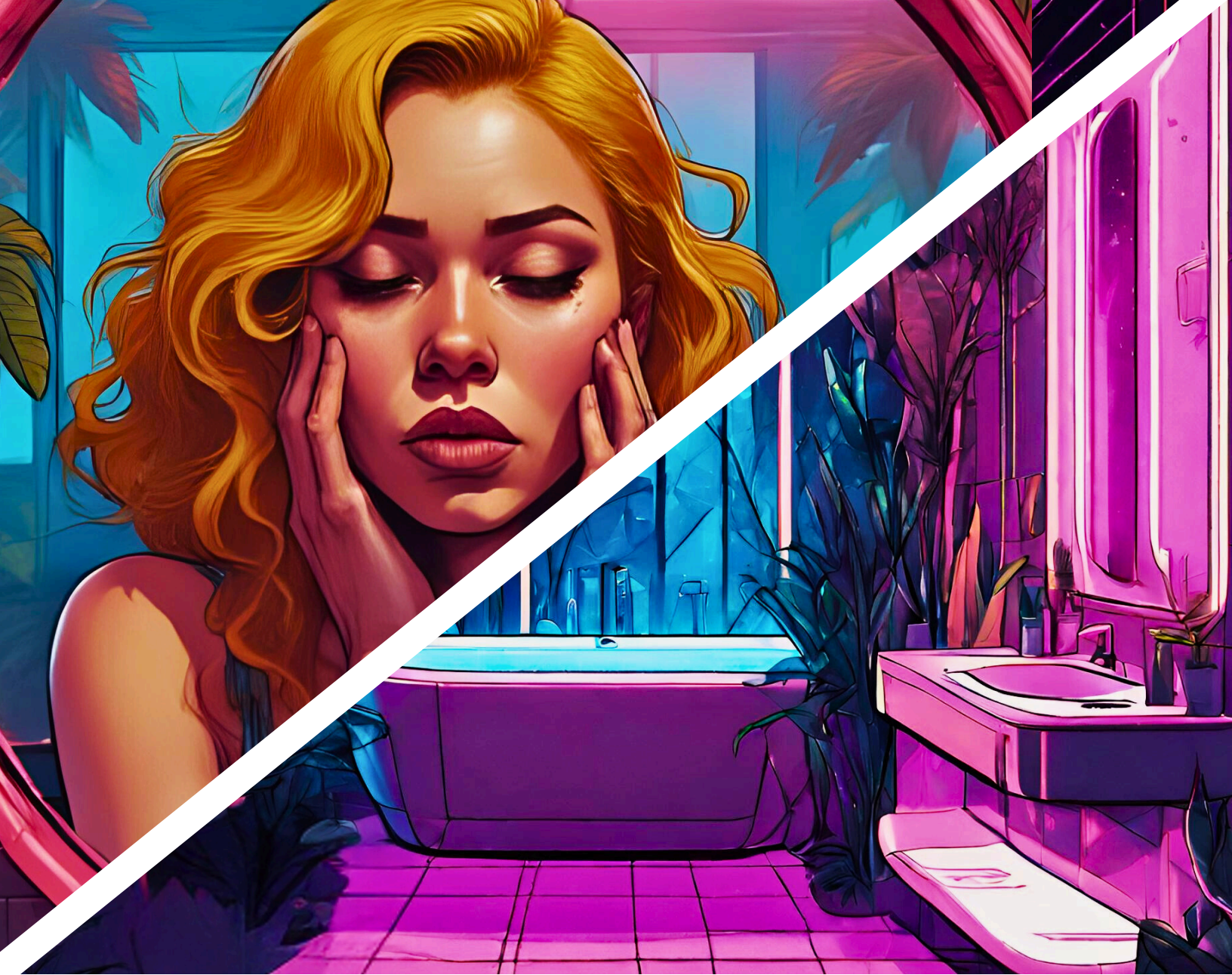




THE GLOW RESURGENCE

POST-TREATMENT CARE GUIDE

WHAT JUST HAPPENED?

You just experienced The Glow Resurgence, a stacked protocol that combines fractional laser resurfacing with medical microneedling. Together, these treatments exfoliate damaged skin, stimulate collagen deep below the surface, and supercharge absorption of rejuvenating serums.

For Science Nerds:

Think physics meets beauty: laser micro-injury = collagen reboot + glow.

WHAT TO EXPECT THIS WEEK

Today (Day 0)

Expect amplified redness, heat, and swelling.

No makeup

No strenuous workouts or excessive sweating.

Gentle rinse with water and apply hyaluronic acid serum only.

Days 1–3

Pink to red skin, dryness, rough texture, possible bronzed flaking.

Drink more water than usual.

Be as fragrance-free as possible.

No actives (AHAs, BHAs, Retinol)

SPF 30+ daily, even indoors.

Days 4–7

Texture improves, peeling resolves.

Ok to wear mineral makeup.

Ok to resume strenuous workouts.

Ok to resume actives after day 7.

YOUR TREATMENT PLAN

For Best Results

Series

3-4 sessions every 4-6 weeks.

Maintenance

1 session every 3 months.

Recommended microneedling between appointments to keep collagen pumping.

Results compound over time—the more consistently your skin experiences treatment, the better (and more comfortable) each session becomes.

Stay on schedule and you'll continue to enjoy package pricing: **30% off retail**. Fall off the plan? No worries—you'll simply return to standard pricing.



THE YOUNG EXPERIMENT
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