



LASEMD ULTRA

POST-TREATMENT CARE GUIDE

WHAT JUST HAPPENED?

You had Fractional Non-Ablative Laser Resurfacing with the LaseMD Ultra. This created microscopic channels in your skin to fade sun damage, resurface texture, and stimulate new collagen.

For Science Nerds:
Active Medium is a 1927nm Thulium solid crystal.

DID WE COVER

Possible adverse events?
Alternative treatment options?

WHAT TO EXPECT THIS WEEK

Today (Day 0)

Warmth, redness, and mild swelling (sunburn-like).

No makeup

No heavy workouts or excessive sweating.

Gentle rinse only and apply hyaluronic acid.

Days 1–3

Pink/red skin, sandpapery texture, dryness. Flaking or bronzed “coffee ground” skin is normal.

Drink more water than usual.

Use SPF 30+ daily.

No actives.

Mineral makeup is ok.

Days 4–7

Texture smooths, flaking resolves.

May resume normal workouts.

Ok to resume actives.

YOUR TREATMENT PLAN

For Best Results

Series

3–6 LaseMD Ultra sessions spaced 4–6 weeks apart.

Maintenance

1 session every 3–6 months.

Results compound over time—the more consistently your skin experiences treatment, the better (and more comfortable) each session becomes.

Stay on schedule and you’ll continue to enjoy package pricing: **30% off retail**. Fall off the plan? No worries—you’ll simply return to standard pricing.

