

Valdesian Church report

1. Reporting phase: from 01.02.2021 to... 30.06.2021

2. Description of project activities (max.5.000 characters)

The current project had 4 types of major activities, according to the goals of the project, and were separated in smaller activities, as following:

Activity 1.1 During a period of five months, 48 beneficiaries who went through stress due to COVID-19 disease were identified, 30 of them are of retirement age from Bălți Municipality and the Center-North region of the Republic of Moldova. The identification of the beneficiaries was carried out with the help of the following partners: LPAs (Local Public Administration), public libraries, family doctors' centers, police inspectorates, civil organisations activating in the field - Bălți Municipality and the Center-North region of the Republic of Moldova.

Activity 1.2 The psychologist worked with the beneficiaries individually and in groups. During the individual work with the beneficiaries, an internal alert was identified accompanied by the fear of the pandemic crisis situation. The internal alert appears due to the influence from the outside through the spreading of news of illness and / or death of the people with the Covid-19 case. The psychologist managed to encourage the beneficiaries, bringing own example of going through the sufferings of Covid, overcoming the crisis situations. The beneficiaries were offered a positive thinking environment, through which they became aware that everything will be fine. We worked with the beneficiaries through encouragement therapy, optimism being developed in them. (Appendix 1)

Activity 1.3 1000 brochures entitled "Woman, you have the right to a better life" and 1000 leaflets entitled "Family without violence" were updated and published. These materials were distributed to the beneficiaries in the target group, social workers, partners, including public libraries and employment agencies. These materials are in high demand (see Annex 2 and Annex 3).

Activity 2.1 During the project, 12 elderly women in various fields (service, medicine) were offered economic counselling, were trained in the field of employment and were employed. Some beneficiaries were employed through an employment contract, others are self-employed - they developed their own business. The list of employed beneficiaries is attached (Annex 4).

Activity 2.2 On 5th of April 2021, Ludmila Cruglitchi, the social worker of the project, promoted the training entitled "Employment" for 12 beneficiaries, elderly women, who have gone through the stress of COVID-19 and were looking for work. The training promoted the means and specifics of how to look for a job, what is an individual employment contract, what is a personal CV, how to write the letter of motivation and how to present yourself at an interview. The participants at the training managed to elaborate their own CV, to write and present their letter of motivation and actively entered the role of "employer - candidate for employment".

At the end of the training session, the participants expressed their gratitude for the useful and up-to-date training.

On 6th of April 2021, the social worker promoted the training entitled "Employment" for 10 beneficiaries - elderly women, who went through the stress of COVID-19 and were looking for work. The information provided in the training included: "How do we look for a job?", "What does a legal

employment contract contain?”, “Elaborating a successful CV”, “Letter of motivation”, “Job interview. Interview presentation”, and others (See Annex 5, Annex 6).

Six beneficiaries of the "Employment" training were hired over the next three months. They are included in the list of employees (see Annex 4).

Activity 3.1 On 26th-27th of April 2021, at the Public Library “V. Coroban” from Glodeni, the training of trainers in the field of the work of social workers with older women who are going through the crisis of domestic violence and the stress caused by COVID-19 was performed. The training session was provided by the gender equality expert, Valentina Lungu-Bodrug, PhD in psychology. This training session was attended by 12 people who were trained on how to work with older women who are subjected to domestic violence and went through or are going through the stress caused by COVID-19. The following topics were addressed at the training: “Key concepts on aging, active aging”, “National legal framework with reference to active aging”, “Theories with reference to aging”, “Context of the COVID-19 pandemic. Impact on the elderly”, “Impact of the COVID-19 pandemic on the elderly (group work)”, “Psychophysiological development of the elderly”, “The specific of communication with the elderly”, “The social assistance system in relation to the elderly”, “Working with the elderly in conditions of the COVID-19 pandemic (group work)”. During the training, the beneficiaries were very interested in the new methods of working with the elderly to remove the stress caused by COVID-19. It was emphasized that such psychological support activities are very necessary to help older women to overcome the stress caused by COVID-19. At the training session, it was proposed that older women from rural communities be involved in a more active life, to be helped to enter the workforce, to become self-employed, to create profiles on social networks, to maintain communication among them in various fields (news, entrepreneurship, employment, medicine, etc.).

On 5th – 6th of May 2021, the training of trainers session in the field of the work of social workers with elderly women who went through the stress and crisis of domestic violence and the stress caused by COVID-19 was held in front of the Public Library of Pelinia village, Drochia District. The beneficiaries of this training were the social workers from Drochia District and Rîșcani District. The moderator of this training was the expert in the field of gender equality, Valentina Lungu-Bodrug, PhD in psychology. The topics addressed in the training are described above. At the presentation of the group work, some post-COVID-19 situations that negatively impacted the emotional and psychological state of the elderly were discussed. At the end of the training, the participants in the training expressed their opinion about the importance of this training. (See Annex 7, Annex 8, Annex 9).

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Activity 3.2 When working in groups with the beneficiaries, the psychologist of the project used the method of exploring and understanding the suffering, exchanging practices to overcome the crisis, encouraging each beneficiary to succeed and have faith a better life. The psychologist involved the beneficiaries in refreshment and rehabilitation exercises (breathing, hand movements, body movements). At the group meetings, all 48 beneficiaries have experienced stress due to Covid-19, 30 of them being of retirement age. The lists of beneficiaries of the group meetings are attached (Annex 10).

Activity 4.1 Between 1st – 3rd of June 2021, the training "Online platforms for business development" was organised and held at the Public Library "V. Coroban" from Glodeni town with the participation of 11 beneficiaries (due to the restrictions of the COVID-19 pandemic, it was not allowed to have 15 participants at the event). The beneficiaries of the training were the elderly subjected to the stress caused by COVID-19. At this training, the beneficiaries developed their skills of exploring the virtual space and social networks for personal development and their own business, promotion on the local market, online security and netiquette. The beneficiaries were very interested about the possibilities of discovering the virtual space, especially because they are looking for internet communication, raw materials, looking for lessons or online master classes, expanding the range of services, looking for customers, etc. The arbitrator of the training was Irina Ucrainet, teacher in the field of economics.

At the end of the training, the beneficiaries expressed their opinion on this training session: the topics covered were very current, many rules of online security were unknown, they will try to promote their work (construction, repair, baking) on social networks (Facebook, YouTube etc.). (See Annex 11, Annex 12, Annex 13).

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Activity 4.2 During the project, 24 people were monitored. The monitoring was done face to face with some beneficiaries, and with others it was done through the phone. At the time of monitoring, 50% of the beneficiaries were involved in communication networks, their psychological state being better. Among the most common problems faced by the monitored persons were: insufficient

communication and moral support, pandemic restrictions, fear, limited financial resources, the problem of employment, etc.

For the employed beneficiaries, the situation is stable and is positive.

3. Description and evaluation of the relationships with all stakeholders (partners, other involved organisations, etc.) (max.5.000 characters)

Several social actors were involved in the project: town halls, employment agencies, economic agents, social assistance departments in Bălți, Drochia, Glodeni and Rîșcani Districts, public libraries, doctors' centre family, social workers, police inspectorates, psychologists and others.

A special contribution was made by the Glodeni Employment Agency with which we have a long-term partnership and which helped us to organise the group of social workers for training and to identify the beneficiaries. They also provided support for the employment of our beneficiaries. We are very grateful for their effort and involvement.

The Public Library "V. Coroban" from Glodeni organised and hosted the training "Online platforms for business development" between 1st – 3rd of June 2021 inside its premises.

We are grateful to the public library in Pelinia village, Drochiar District, for hosting the training of trainers from 5th to 6th of May 2021 in the field of social work with older women going through the crisis of domestic violence and stress caused by COVID-19.

The police inspectorates, the social assistance departments from Bălți Municipality, Drochia, Glodeni and Rîșcani Districts, public libraries, the family doctors' centre, social and psychological assistants were involved in identifying and redirecting the beneficiaries.

Some beneficiaries have facilitated material aid with food and hygiene packages offered as part of other projects.

4. Dissemination, visibility and communication (max.5.000 characters)

The project activities were promoted on the official Facebook group of the organisation: (<https://www.facebook.com/groups/237254203432258>), mass-media and the local press from Glodeni town. Communication with project partners and beneficiaries is continuously performed by e-mail, phone, social networks, the organisation's website (<https://aoodfc.com>) face-to-face meetings, meetings with beneficiaries, participation in various events organised by the partners of the project or other organisations.

As a result of the implementation of this project, we have achieved the following results:

- Updating and printing the distribution materials necessary for the psychological support of the beneficiaries (brochures entitled "Family without violence" and leaflets entitled "Woman, you have the right to a better life");
- 50 women psychologically counselled by individual counsellors;
- 12 elderly women employed or self-employed in various fields (service, medicine, crocheting, knitting);

- 22 elderly women trained in the field of employment;
- 24 trainers trained in the field of social work with elderly women who experienced the crisis of domestic violence and stress caused by COVID-19;
- 48 women who went through stress due to Covid-19 were counselled through group sessions;
- 11 beneficiaries who developed their skills of exploring the virtual space and social networks for personal development and their own business, promotion on the local and national market, online security and netiquette;
- 24 monitored beneficiaries.

5. Financial reporting: Narrative assessment of costs with reference to the activities carried out in this project phase (max. 5.000 characters)

The current project was developed by the PA HRCW during the period between 1 February 2021 - 30 June 2021, performing a total of on a total of 9 activities that included identification of beneficiaries, counselling sessions, trainings, group works, printing of materials, official session, monitoring and evaluation.

The training materials, coffee breaks, lunches, as well as travel expenses for the beneficiaries of the project amounted to **1003.00 EUR**.

The contracted services of the psychologist, social assistant and project assistant amounted to **1560.00 EUR**.

The printing of materials – 1000 leaflets and 1000 brochures, as part of the project dissemination of information activity amounted to **1241.00 EUR** in total.

Other services, like internet and phone services, that have been using during the project to aid to the activities and work done by the staff with the beneficiaries of the project amounted to **53.20 EUR**.

The salaries for the organisation's staff of the project that included project director, accountant and project assistant amounted to **2100.00 EUR**.

The contracted services for the rental of the means of transportation used during the training activities of the project, as well as for transportation of printing materials and other relevant project materials to the training facilities amounted to **250.00 EUR**.

The bank fees for transactions and transfers during the project amounted to **86.44 EUR**.

The total amount of the expenses of the current project for all the activities involved amounted to **6405.64 EUR**, with the HRCW's own contribution of **3644.27 EUR**.

6. Transfer of funds (max. 5.000 characters)

The 1st transfer of funds from the Diakonie Act Austria for the Otto per Mille Project took place on 2021/02/05 and the amount transferred was 5000.00 EUR, which, at the exchange rate of 20.83 on the day of the transaction, amounted to 104,150.00 MDL. The remaining amount is expected to be

transferred upon the approval of the current report. The supporting annexes are attached together with the official invoices.

Supporting documents: 30% invoices of amount funded through Valdesian Church