

## **Abled Cricket Tournament: Official Rules & Regulations**

### **1. Team Composition & Eligibility**

#### **1.1 Team Size:**

Each team shall consist of **6 playing members and 1 substitute**.

#### **1.2 Age Limit:**

All players must be **12 years of age or older as of January 2026**.

#### **1.3 Gender Inclusivity:**

Mixed-gender teams are permitted and strongly encouraged.

#### **1.4 Registration & Rosters:**

**1.4.1** Team rosters are frozen at the start of the match.

**1.4.2** Each player may represent **only one team** throughout the tournament, with **no exceptions**. Participation in more than one team, in any capacity, will result in **immediate disqualification of the player**.

#### **1.5 Substitutions:**

**1.5.1** Substitutions are allowed strictly in cases of genuine injury or illness.

**1.5.2** A substitute may field but **is not permitted to bat or bowl** once the match has commenced.

### **2. Match Format & Equipment**

**2.1 Tournament Structure:** Knockout format.

**2.2 Duration:** 6 overs per innings.

**2.3 Ball Type:** Standard hard tennis ball (a new ball will be provided for each innings).

#### **2.4 Pitch & Field:**

**2.4.1** Pitch length: Approximately 20 yards (shorter than standard).

**2.4.2** Field: Open ground with clearly marked boundaries. Specific scoring zones will be explained by officials on match day.

#### **2.5 The Toss:**

A coin toss will determine which team bats or bowls first.

### 3. Bowling Regulations

#### 3.1 Bowling Limits:

Each bowler may bowl a **maximum of one over per innings.**

#### 3.2 Delivery Style:

**3.2.1** Only overarm bowling is allowed. **Run-up round-arm bowling** and **standing throws** are permitted.

**3.2.2** Underarm bowling is strictly prohibited.

**3.2.3** Penalty for underarm delivery: **No-Ball.**

#### 3.3 Illegal Actions:

**3.3.1** If a bowler is suspected of **run-up throwing** and the batting side appeals, the umpires will review the action.

**3.3.2** If confirmed, the bowler is immediately disqualified from bowling.

**3.3.3** Penalty: The over is suspended, and the batting team is awarded **2 runs per remaining ball** in that over.

#### 3.4 Extras (Wides & No-Balls):

**3.4.1** Wide: 1 run + re-bowl.

**3.4.2** No-Ball: 1 run + re-bowl.

**3.4.3** Free hits are **not applicable** in this tournament.

#### 3.5 Short-Pitched Balls (Bouncers):

**3.5.1** One bouncer per over is permitted, provided it passes **above the shoulder and below the head** of the batter.

**3.5.2** Even the first bouncer, if it passes **over the batter's head**, shall be called a **Wide.**

**3.5.3** Any additional bouncer bowled in the same over shall be called a **No-Ball.**

#### 3.6 Beamers:

Any full toss above waist height shall be called a **No-Ball.**

#### 3.7 Dangerous Bowling & Disqualification:

**3.7.1** If a bowler delivers **more than two dangerous No-Balls** in a single over, action will be taken.

**3.7.2** The bowler will be disqualified from bowling for the remainder of the

match.

**3.7.3 Penalty:** The over is suspended immediately, and the batting team is awarded **2 runs per remaining ball**.

## 4. Batting & Scoring Rules

### 4.1 "No Six" Rule (Direct Hit Out):

**4.1.1** Any ball hit directly over the boundary **on the full** results in the batter being **OUT**.

**4.1.2** To score a boundary (4 runs), the ball must **bounce inside the field of play** before crossing the boundary.

### 4.2 Scoring Specifics:

**4.2.1** Standard boundary: 4 runs (must bounce first).

**4.2.2** Boundaries hit behind the striker's wicket are capped at **2 runs**.

**4.2.3** If the ball deflects off a fielder and then crosses the boundary on the full, it is counted as **4 runs**, not a dismissal.

### 4.3 Byes & Leg Byes:

**4.3.1** No runs are awarded for byes or leg byes.

**4.3.2** Runs completed on byes or leg byes do not count toward the score.

### 4.4 Overthrows:

**4.4.1** Runs from overthrows are valid only if the ball was originally struck by the bat.

**4.4.2** If an overthrow crosses the boundary, **4 runs** are awarded.

## 5. Dismissals

**5.1 LBW:** Not applicable.

### 5.2 Valid Modes of Dismissal:

Bowled, Caught, Run Out, Mankading, Stumped, Hit Wicket, Direct Hit Out, Timed Out.

### 5.3 Timed Out:

An incoming batter must be ready to face a delivery **under a minute** of a wicket falling.



## 6. Bonus Runs (Female Player Incentive)

### 6.1 Calculation:

**6.1.1** +5 runs per female player.

**6.1.2** Maximum bonus: **+15 runs**.

### 6.2 Restriction:

Bonus runs do **not apply** in Super Overs.

## 7. Tie-Breaker (Super Over)

**7.1** Played if scores are tied.

**7.2** One over per side.

**7.3** Two wickets per team.

**7.4** The team batting second in the main match bats first.

**7.5** No bonus runs apply.

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## Final Match: Rules And Regulations

The Final Match will follow a specialized format featuring **Hybrid Teams** and specific **Blind Cricket regulations**.

## 8. Equipment & Setup

### 8.1 The Ball:

A white, reinforced plastic ball containing ball bearings shall be used to provide audible cues for visually impaired players.

### 8.2 Wickets:

**8.2.1** Three tubular stumps (fluorescent orange or yellow), welded together, shall be used.

**8.2.2** No bails shall be used.

**8.2.3 Red Line Marker:** A red line or foam cushion must be fixed on the stumps at a height of **8 inches from the ground** to assist umpires in judging height and sound.

### 8.3 The Pitch:

A clearly marked **Mid-Pitch Line** must be drawn across the center of the pitch.

## 9. Team Composition (Hybrid Teams)

Each playing XI shall consist of a mix of abled and visually impaired players.

### 9.1 Roster Breakdown:

**9.1.1** Q1 (Abled): 6 players

**9.1.2** B1 (Totally Blind): Minimum 2 players

**9.1.3** B2 (Partially Blind): 1 player

**9.1.4** B3 (Partially Sighted): 2 players

## 10. Bowling Rules

### 10.1 Bowling Action:

All bowling must be **underarm**. The bowling arm must remain **below the shoulder** at the point of delivery.

### 10.2 The Bounce:

The ball must bounce **once on either side of the mid-pitch line** before reaching the batting crease.

**10.2.1** If the ball lands directly in the batting crease without first bouncing in the bowler's half, it shall be called a **No-Ball**.

### 10.3 Mandatory Verbal Call:

The bowler must strictly follow this sequence: Bowler asks: **"Ready?"** Batsman responds: **"Yes."** Bowler shouts: **"Play!"** at the moment of release.

### 10.3.1 Penalty:

Failure to follow this sequence, or calling it early or late, shall result in a **No-Ball**.

### 10.4 Mankad Restriction:

Once the bowler calls **"Play,"** they are **not permitted** to run out the non-striker.

## 11. Batting Rules

### 11.1 Scoring (B1):

All runs scored **off the bat** by a B1 batsman shall be **doubled**.

### 11.2 Runners:

**11.2.1** B1 batsman: Must have a runner.

**11.2.2** B2 batsman: May opt for a runner at the start of the innings; once declined, a runner cannot be requested later.

**11.2.3** B3 and Q1 batsmen: Not permitted to have a runner.

**11.2.4** A batsman who has opted for a runner **cannot act as a runner** for another batsman.

### 11.3 Hit the Ball Twice:

Unlike standard cricket, a B1 batsman is **not out** for hitting the ball twice, provided the second hit is solely to protect the wicket or locate the ball.

## 12. World Blind Cricket Rules:

For detailed and comprehensive Blind Cricket regulations, please refer to the **World Blind Cricket (WBC) Rules** document:  [WBC Rules.pdf](#)

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## General Conduct & Administration

### **Punctuality:**

Teams must report **at least 10 minutes before** the scheduled start time. Any team arriving **more than 10 minutes late** will forfeit the match, and the opposition shall be awarded a **walkover**.

### **Code of Conduct:**

All players and team officials are expected to maintain discipline and sportsmanship at all times. **Umpires' decisions are final and binding**. Any form of abuse, misconduct, or deliberate disrespect toward officials, players, or volunteers will result in **immediate disqualification**.

### **Dispute Resolution & Final Authority:**

In the event of any ambiguity, conflict, omission, or unforeseen circumstance not explicitly covered in this rulebook, the **Tournament Organizers and Match Officials** reserve the full right to interpret, amend, introduce, or enforce additional rules as required for the fair and smooth conduct of the tournament.

The **Tournament Committee's decision shall be final and binding** in all unresolved matters, even if such decisions override any existing rule mentioned herein.

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### **Contact Information**

For any queries or clarifications regarding the tournament rules or event details, please contact the organizing team.

For complete event details, updates, and official announcements, please visit our website: <https://rotaractjayanagar.org/cricket-muqabla>

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