



Flight Tower Books

# MARRIED TO THE GRID

10 Questions About Who's Really in Charge



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# Married to the Grid

## 10 Questions About Who's Really in Charge

This isn't about guilt or going off into the woods. It's a ten-minute look at how tightly your life is tied to the grid—power, logistics, money, and systems you don't control.

You're not trying to "escape." You're asking a simpler question: If the grid hiccups, do I bend—or do I break?

Use these questions as a mirror, not a verdict.



## The 10 Questions

For each one, circle Yes / No / Not sure and jot a quick note if something hits a nerve.

• If power was out for 24 hours, could you stay in your home comfortably?	<b>Yes / No / Not sure</b>	<b>Note:</b>
• If your internet died for 24 hours, would your income stop completely?	<b>Yes / No / Not sure</b>	<b>Note:</b>
• If the nearest big store closed for 3 days, would your pantry hold?	<b>Yes / No / Not sure</b>	<b>Note:</b>
• Does almost every bill you pay depend on one employer, one client, or one platform?	<b>Yes / No / Not sure</b>	<b>Note:</b>
• If your bank card failed for one weekend, do you have any backup (cash, second card, local tab)?	<b>Yes / No / Not sure</b>	<b>Note:</b>
• Do you rent or own a place where you're forbidden (or practically blocked) from growing/selling anything from home?	<b>Yes / No / Not sure</b>	<b>Note:</b>
• If you had to move in six months, would any of your current income come with you?	<b>Yes / No / Not sure</b>	<b>Note:</b>
• If your neighborhood had a bad week (storm, fire, unrest), do you know even 2-3 neighbors well enough to coordinate with?	<b>Yes / No / Not sure</b>	<b>Note:</b>
• Is there any part of your monthly life load (bills + obligations) that actually gets lighter if the grid hiccups—or does it all get heavier?	<b>Yes / No / Not sure</b>	<b>Note:</b>
• Do you have even one small income stream that starts at your address (room, space, garden, service)	<b>Yes / No / Not sure</b>	<b>Note:</b>



## Reading Your Answers

You don't need a score; just patterns.

### **Lots of "No" answers?**

- → You're very "married to the grid." That's normal—but now it's visible.

### **Lots of "Not sure" answers?**

- → That's your early warning. Confusion is fragility you can't see clearly

## Reading Your Answers

Use these prompts to decide what kind of change would actually help:

- **One thing I'd like to be less dependent on:**
- **One thing I'd like to build at home (Planted income):**
- **One skill or income stream I'd like to be able to take with me (Portable):**



## What to Do With This

You don't fix this in a weekend - But you can:

- Pick one "Yes and that scares me" answer and design a small change around it.
- Use the free 72-Hour Emergency Plan to cover the next wobble.
- Use Grid-Adjacent: The Exit Strategy to sketch a realistic plan to loosen the grip over time.



You don't have to divorce the grid.  
You just don't have to let it own every decision you make.