

7-DAY ROADMAP

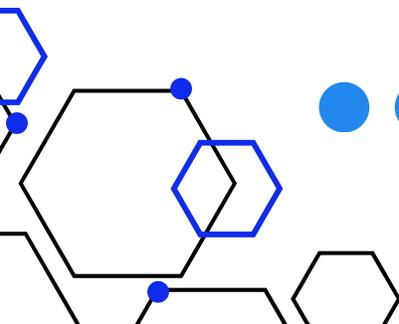
The 7-Day Roadmap is geared to unplug the need for centralized urban infrastructure. It provides a template for balancing the three critical lanes: on-property demands, portable employment, and professional development.



Plan and manage your weekly tasks

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	HOME	HOME	PORTABLE	PORTABLE	PROFESSIONAL	PROFESSIONAL	REST
1							
2							
3							
4							
5							
6							
7							

The Roadmap teaches you how to balance all three lanes, ensuring you maintain independence, diversify your income streams, and build a robust safety net that can handle unexpected shifts in the economy or urban infrastructure.



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🌱 Lane 1: Planted

This is everything that doesn't move:

- Your home and land
- Your health and household systems
- Your closest people and local community

What it means:

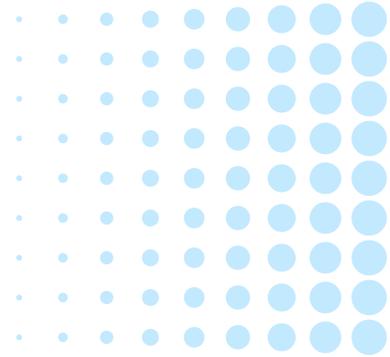
Planted is the place that holds you up when the grid, the market, or your plans wobble. It's where you live, sleep, recover, and store your real safety net: food, water, routines, and relationships.

How to use it in your life:

- Ask each week: "What one thing can I do to make home more stable?"
- Example: set up water storage, fix a drafty room, organize meds, check on a neighbor.
- When you're overloaded, check: "Am I ignoring the planted lane while I chase everything else?"



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Lane 2: Portable

This is what can come with you if you have to move or adapt:
Skills that travel (tech, trades, teaching, consulting, creative work)
Side income you can do from almost anywhere
Tools and habits that aren't tied to one address

What it means:

Portable is your insurance against location risk. If your town changes, your job disappears, or you need to leave, this lane is what still earns and still works.

How to use it in your life:

Ask: "If I had to move in six months, what parts of my income and skills would still work?"

Each week, move one portable thing forward:

Take a course, practice a skill, build a small online offer, or tighten up a portable service.

That's how you slowly shift from "held up by someone else's system" to "carrying a little more of your own weight, on your own terms."



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Lane 3: Professional

This is your main “public-facing” lane:
Your current job or primary business
The work that pays most of the bills today
Licenses, reputation, and relationships in your field

What it means:

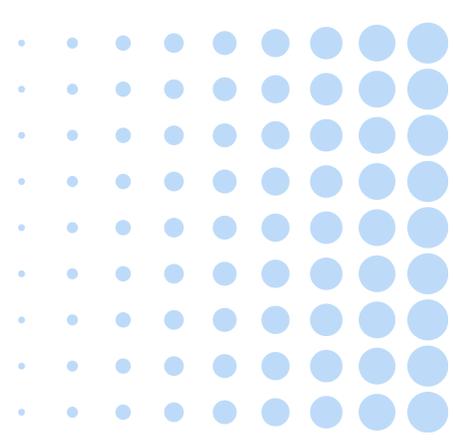
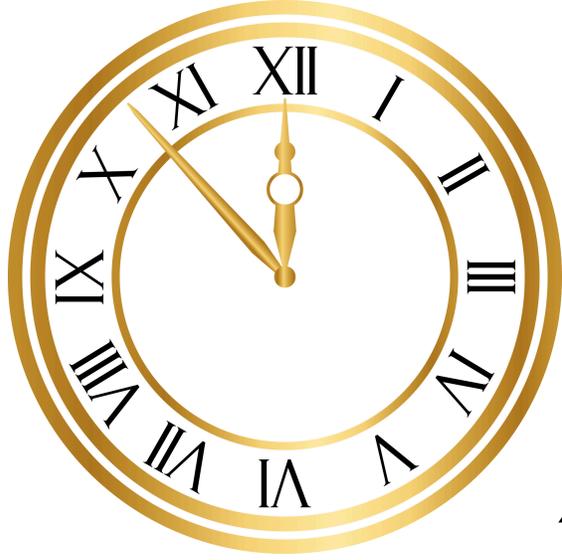
Professional is the lane that keeps the lights on right now. You don't have to love every part of it, but it's the engine that buys you time and options in the other two lanes.

How to use it in your life:

Ask: “What keeps this lane healthy without owning my entire life?”

Weekly moves might be:

- One deep work block on your most important project
- One relationship or client you maintain intentionally
- One step toward making the work more resilient (savings, systems, better terms).



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How to use the Three Lanes together

You're not trying to sprint in all three lanes every day. You're trying to see your week honestly:

- Is everything going into Professional while Planted and Portable starve?
- Are you hiding in Planted projects and neglecting income?
- Is Portable just "someday" instead of getting even one hour this week?

The 7-Day Roadmap gives you a simple goal:

- Most days, move at least one lane on purpose.
- Most weeks, touch all three.

