Acessory Recommendations

Hi,

Thanks for submitting your accessory request form.

Based on your current level (around 30 seconds average on 3x3 using beginner CFOP) and your goal of improving to sub-22, I've selected a set of accessories that will support structured practice, consistency tracking, and cube maintenance without unnecessary or overly advanced equipment.

Timers (2 recommendations)

1. SpeedStacks G5 Pro Timer
   This is a competition-standard timer used in official WCA-style environments. It provides accurate timing and a familiar setup for serious practice sessions. It is ideal if you want your training to feel similar to competition conditions.
2. QiYi Speedcubing Timer
   A more affordable alternative that still provides reliable timing for daily practice. It is simple, durable, and widely used by beginner and intermediate cubers who want consistent tracking without premium pricing.

Cube Bags (2 recommendations)

3. MoYu Cube Storage Bag (Medium)
   A soft protective bag designed for transporting a few cubes safely. Suitable for carrying your main cube, backup cube, and accessories to practice sessions.
4. QiYi M Bag V2
   A compact storage bag designed for light travel. Best for carrying 1–3 cubes and keeping them protected from scratches or damage during transport.

Lubes (6 recommendations)

At your level, lubes should focus on balancing speed and control rather than extreme performance setups.

5. DNM-37
   A fast, lightweight lube used to increase speed and reduce friction. Best used sparingly for core or piece contact points.
6. Angstrom Dignitas
   A medium-viscosity lube that improves smoothness and control. Helps reduce scratchiness and stabilises turning during F2L.
7. Cubicle Silk
   A smooth, control-focused lube that provides a soft turning feel. Useful for improving consistency and reducing lockups.
8. Weight 3 (Silicone-based)
   A balanced lube that adds slight control without slowing the cube too much. Good for beginners transitioning into more controlled turning.
9. Weight 5 (Heavy control lube)
   A thicker lube that significantly increases control and stability. Best used in small amounts for reducing overshooting and improving precision.
10. MoYu V2 Lube
    A general-purpose factory-style lube that provides a mild speed boost and smooth feel. Useful for maintenance and light setup adjustments.

Final Notes

At your stage, accessories will help improve comfort and consistency, but they will not replace structured training.

Your biggest improvements will still come from:

- Cross planning during inspection
- Reducing F2L pauses
- Improving lookahead
- Learning full 2-look OLL and PLL recognition

If you combine proper practice with the right setup, your progression from 30 seconds toward sub-25 will be significantly more stable and consistent.

Kind regards,
Speedcubing4U

Cube Recommendations

Hi,

Thanks for submitting your cubing preferences and current performance details.

Based on your current level and progression goals, I've put together a structured set of cube recommendations across 2x2, 3x3, 4x4, and 5x5. These options are selected to balance control, stability, and progression potential rather than pure speed.

3x3 Recommendations (Main Focus – 5 cubes)

Since 3x3 is your main event, these are prioritised for controllability and improvement:

1. MoYu RS3M 2020 MagLev
- Current cube, still highly suitable for improvement
- Stable, controllable, good for learning F2L flow
2. MoYu RS3M V5 Ball-Core
- Upgrade option with smoother turning
- Better corner stability for faster F2L transitions
3. GAN 356 M
- More premium feel with strong magnet control
- Useful for improving consistency and lookahead
4. QiYi X-Man Tornado V3 (Flagship version)
- Very adjustable tension system
- Excellent for advanced CFOP progression
5. MoYu WeiLong WRM V9
- High-end speed cube
- Best for competitive-level turning once sub-25 is consistent

---

2x2 Recommendations (2 cubes)

These focus on recognition and TPS control:

6. GAN 251 M Pro
- Smooth and stable turning
- Great for learning advanced 2x2 cases

7. MoYu RS2 M Evolution
- More budget-friendly option
- Strong magnetic feel for control and consistency

4x4 Recommendations (2 cubes)

Focus: reducing pops and improving stability

8. MoYu AoSu WRM
- High performance magnetic 4x4
- Strong for beginners transitioning to serious 4x4 solving
9. QiYi X-Man Ambition 4x4
- Very stable outer layers
- Good for reducing lockups during reduction method

5x5 Recommendation (1 cube)

10. MoYu AoChuang WRM 5x5
- Smooth turning with strong magnetic control
- Reliable for reduction method learning
- Good balance between speed and stability

Final Notes

At your current stage, upgrading cubes will not replace structured practice. Your biggest performance gains will still come from:

- F2L lookahead improvement
- Cross planning during inspection
- Learning full 2-look OLL and PLL
- Reducing pauses during solves

Cube upgrades help with feel and stability, but they do not fix inefficiency.

If you want, I can also provide:

- a ranked “best value vs best performance” list
- or a full beginner → competition cube progression path

Kind regards,
Cubing Support Team

Training Plan

1-Month 3x3 Training Plan (30s average → sub-22 goal)

Current level: ~30 seconds average
Method: Beginner CFOP
Cube: MoYu RS3M 2020 MagLev
Goal: Improve efficiency, reduce pauses, and build full solve flow

---

Core training rules

- Every solve must have a purpose (not random spamming)
- Pauses are errors, not normal behaviour
- Slow practice is required if it improves control
- Speed only matters after efficiency is fixed
- Cross should be planned during inspection whenever possible

---

Week 1 — Foundation and control

Goal: 30s → 28–29s
Focus: cross planning, F2L pauses, introduction to OLL

Daily structure (repeat every day)

1. Warm-up (10 minutes)

- 5 slow solves
- Focus on smooth turning and no rushing
- No attention to time

---

2. Cross training (15–20 minutes)

- Scramble and plan full cross during inspection
- Execute slowly and cleanly
- Avoid unnecessary rotations

Targets:

- Cross should become partially planned, not fully improvised
- Execution goal: around 6–8 seconds by end of week

---

3. F2L control practice (30–40 minutes)

- Solve F2L slowly with strict no-pause rule
- If you pause, stop and restart that solve
- Do one pair at a time when necessary

Focus:

- Learning to look ahead to the next pair while inserting current pair
- Reducing hesitation between steps

---

4. OLL introduction (20 minutes)

Start learning 2-look OLL:

- Edge orientation cases (dot, line, L-shape)
- Basic corner orientation cases

Method:

- Use Quizlet or Anki flashcards
- See case, say algorithm, execute
- Repeat until recognition becomes automatic

---

5. Timed solves (15–20 minutes)

- 8 to 12 full solves
- Focus on smooth execution, not best times

Week 1 outcome goals

- Cross becomes partially planned
- F2L pauses reduce slightly
- Basic OLL recognition begins
- Average improves toward 28–29 seconds

Week 2 — Flow development

Goal: 28s → 25–27s
Focus: F2L transitions and OLL recognition speed

Daily structure

Cross practice (15 minutes)

- Full inspection planning every solve
- Start planning first F2L pair occasionally

F2L flow training (40 minutes)

- Continuous solving only, no stopping
- If hesitation happens, slow down instead of pausing
- Focus on smooth transitions between pairs

OLL practice (25 minutes)

- Flashcard drilling (Quizlet or Anki)
- Recognition speed target: under 3 seconds per case
- Mix random cases for recall training

Timed solves (20 minutes)

- 10 to 15 solves
- Focus on eliminating pauses

Week 2 outcome goals

- Cross consistently planned
- F2L becomes smoother and less fragmented
- OLL recognition improves significantly
- Average approaches 26–27 seconds

Week 3 — Efficiency and speed control

Goal: 25–26s average
Focus: linking steps and improving last layer speed

Daily structure

Cross + first pair (30 minutes)

- Practice connecting cross directly into first F2L pair
- Reduces wasted transitions

F2L training (35 minutes)

- Slightly faster turning allowed
- No pauses allowed at any point
- Focus on continuous solving

OLL and PLL introduction (30 minutes)

- Continue OLL review
- Begin PLL recognition practice
- Train last layer as a full system

Practice method:

- Scramble → solve until last layer only → repeat

Timed solves (25 minutes)

- 12 to 15 solves
- Track all times and consistency

Week 3 outcome goals

- Faster and more consistent cross
- Reduced rotations in F2L
- OLL recognition becomes automatic
- PLL begins to be learned
- Average reaches 25–26 seconds

Week 4 — Consistency and performance

Goal: 24–26s average with occasional sub-22 solves
Focus: full solve flow and consistency under pressure

Daily structure

Cross practice (15 minutes)

- Must be fully planned in inspection
- Aim for fast execution under 5 seconds

F2L flow training (45 minutes)

- No stopping allowed under any condition
- Simulate full solve conditions
- Focus on smooth transitions and efficiency

Last layer training (30 minutes)

- 2-look OLL and PLL speed practice
- Improve recognition and execution speed

Timed solves (30 minutes)

- 15 to 20 full solves
- Competition-style solving (no resets, no breaks)

Week 4 outcome goals

- Average stabilises around 24–26 seconds
- Some solves reach 22–24 seconds
- Sub-22 becomes possible but not consistent

Expected progression over 1 month

- Week 1: ~28–29s
- Week 2: ~26–27s
- Week 3: ~25–26s
- Week 4: ~24–26s (occasional sub-22)

Important note

Most improvement will not come from algorithms, but from:

- reducing pauses in F2L
- planning cross during inspection
- improving lookahead

If those three improve properly, the time drops naturally.

EXAMPLE USUALLY 6 MONTHS

Coach Recommendation VIA Fiverr

Hi,

I've completed your coaching recommendation based on your current level, goals, and budget.

You mentioned that you're averaging around 30 seconds on 3x3 using beginner CFOP and aiming to reach a sub-22 average. You're also working on improving key areas such as F2L pauses, cross planning, and last layer recognition, which are exactly the right focus points for your level.

Based on this, I've selected a coach that fits your needs, particularly for structured improvement rather than general advice.

Recommended Coach

Based on your **$30 per 1-hour session budget**, this coach is a strong match for what you're looking for. Their coaching style focuses on:

- Identifying and breaking down weaknesses clearly
- Providing structured training plans rather than random tips
- Helping with F2L efficiency and lookahead
- Improving cross planning during inspection
- Supporting last layer development (2-look OLL and PLL)
- Building consistency instead of relying on occasional fast solves

---

Why This Coach Fits You

At your current stage, the biggest issue isn't your cube or turning speed — it's structure and efficiency. This coach is well suited to:

- Help you break out of the 30-second plateau
- Give you a clear progression path toward sub-25 and beyond
- Provide targeted drills instead of unfocused practice
- Keep your improvement consistent rather than random

Next Step

You can access your recommended coach here:
Your Fiverr Coach

I recommend reaching out to them with your goals and current averages so they can tailor their coaching to you from the start.

Thanks,
Speedcubing4U

This is your coaches link to book Your Fiverr Coach