

HIS WORD TODAY — STEP 6 WORKBOOK

“Were entirely ready to have God remove all these defects of character.”

Key Scriptures: Psalm 51:10 • Philippians 1:6 • Romans 12:2

THE HEART OF STEP 6

Step 6 is the sacred turning point between honesty and surrender.

Step 5 brings us into the light.

Step 7 brings us to our knees.

Step 6 is the bridge between the two.

It is the moment we stop clinging to the old version of ourselves and become willing — entirely willing — to let God transform us.

This step is not about perfection.

It is about readiness.

It is about willingness.

It is about opening the door to the kind of change only God can produce.

Psalm 51:10 captures the heart of Step 6:

“Create in me a clean heart, O God, and renew a right spirit within me.”

Key Idea: *Readiness is a miracle — the desire to change is evidence that God is already working.*

Reflection

- Where do you sense God inviting you to deeper change?

- What part of you is tired of staying the same?

- What does “readiness” mean for you today?

Journaling 1

Complete the sentence:

“God, the areas I’m becoming willing to surrender are...”

1. STEP 6 BEGINS WITH A HEART THAT IS READY

The key word is **ready** — not perfect, not strong, not fully transformed.
Just ready.

Ready for God to work.

Ready to let go.

Ready to stop managing, controlling, and negotiating with our defects.

Readiness is not a feeling — it is a posture.

Philippians 1:6 reminds us:

“He who began a good work in you will carry it on to completion...”

God is the One who does the work.

Our part is willingness.

Key Idea: *Readiness is the soil where transformation grows.*

Reflection

- What are you willing to let God change?

- What fears or hesitations do you feel?

- Where do you sense God already beginning a good work?

Journaling 2

Write a prayer of willingness:

“God, I don’t know how to change this, but I’m willing for You to change me...”

2. STEP 6 REQUIRES US TO STOP MAKING PEACE WITH OUR DEFECTS

Some defects feel familiar — even useful.

- Anger feels protective
- Control feels safe
- People pleasing wins approval
- Isolation prevents hurt
- Resentment feels powerful
- Fear masquerades as responsibility
- Shame masquerades as humility

But Step 6 invites us to stop calling our defects “personality traits” and start seeing them as barriers to spiritual growth.

Romans 12:2 says:

“Do not be conformed to this world, but be transformed by the renewing of your mind...”

Transformation requires release.
Release requires readiness.
Readiness requires honesty.

Key Idea: *We cannot cling to what God is trying to remove.*

Reflection

- Which defects have you made peace with?

- What do you fear losing if you let them go?

- What would life look like without them

Journaling 3

Complete the sentence:

“The defect I’ve been defending is...”

3. STEP 6 IS ABOUT SURRENDER, NOT SELF-IMPROVEMENT

This is not a self-help step.

It is a God-help step.

We do not remove our defects.

We do not fix ourselves.

We do not perform spiritual surgery.

We simply become willing for God to do what only He can do.

David prayed:

“Create in me a clean heart...”

He didn’t say, “Watch me clean my heart.”

He said, “God, You do it.”

Self-improvement can change habits.

Only God can change hearts.

Self-effort can modify behavior.

Only God can renew the mind.

Self-discipline can restrain impulses.

Only God can remove defects at the root.

Key Idea: *Step 6 is not about trying harder — it’s about surrendering deeper.*

Reflection

- Where have you been trying to fix yourself?

- What would it look like to let God do the deeper work?

- What part of your heart needs renewal?

Journaling 4

Write a prayer of surrender:

“God, I release my attempts to fix myself...”

4. READINESS OPENS THE DOOR TO REAL CHANGE

When we become entirely ready:

- God softens what was hardened
- God uproots what was toxic
- God heals what was broken
- God reshapes what was distorted
- God strengthens what was weak
- God exposes what was hidden
- God restores what was lost
- God renews what was dead

Philippians 1:6 assures us God finishes what He starts.

Romans 12:2 assures us transformation is possible.

Psalms 51:10 assures us God can renew our hearts.

Key Idea: *God never turns away a willing heart.*

Reflection

- What transformation do you long for?

- Where do you need God to renew your mind?

- What would spiritual freedom look like for you?

Journaling 5

Complete the sentence:

“God, I’m ready. Do Your work in me...”

GROUP DISCUSSION QUESTIONS

1. What does “readiness” mean to you
2. Which defects have been hardest to let go of
3. How does Romans 12:2 speak to your journey
4. Where do you sense God beginning a good work
5. What does surrender look like in your daily life

PRACTICAL NEXT STEPS

- Pray Psalm 51:10 daily
- Identify one defect you are ready to surrender
- Share your Step 6 reflections with a trusted believer
- Practice releasing control in one area this week
- Write down one way you see God softening or reshaping your heart

CLOSING PRAYER

Father, I come to You with a willing heart.

I am ready for You to remove what I cannot change on my own.

Create in me a clean heart.

Renew my mind.

Transform my character.

I surrender my defects, my fears, and my attempts to control.

Do Your work in me.

I am ready.

Amen.