



The  
**Cornerstone  
to Recovery**  
Show

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## EPISODE 12

**"CARRY THE MESSAGE**

**CARRY THE BURDEN**

**CARRY THE COMFORT"**

<sup>14</sup> "You are the light of the world. A town built on a hill cannot be hidden. <sup>15</sup> Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. <sup>16</sup> In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

Matthew 5:14-16 NIV



## HIS WORD TODAY – EPISODE 12 WORKBOOK

“Having had a spiritual awakening as the result of these steps, we tried to carry this message to others and to practice these principles in all our affairs.” (“Breaking Down Step Twelve of AA Alcoholics Anonymous”)

**Key Scriptures:** Galatians 6:1–2 • 2 Corinthians 1:3–4 • Matthew 5:16

### THE HEART OF STEP 12

Step 12 is the overflow of everything God has done in us.

1. Step 1 humbled us.
2. Step 2 awakened hope.
3. Step 3 surrendered our will.
4. Steps 4–9 reshaped our character.
5. Steps 10–11 deepened our daily walk with God.

And now Step 12 sends us outward —

- to carry the message,
- to carry the comfort,
- to carry the light of Christ into the lives of others.

This step is not the end of the journey.

It is the beginning of a new way of living.

- A life of service.
- A life of compassion.
- A life where God’s work in us becomes God’s work through us.

Galatians 6:2 captures the heart of Step 12:

*“Carry each other’s burdens, and in this way you will fulfill the law of Christ.”*

**Key Idea:** A spiritual awakening is not complete until it becomes love in action.

### Reflection:

- Who has carried your burdens in your recovery journey?

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## 1. STEP 12 BEGINS WITH A SPIRITUAL AWAKENING

The key word is awakening — not achievement, not arrival, not perfection.

Awakening is the moment we realize:

- God has changed us.
- God is changing us.
- God will continue to change us.

This awakening is not emotional hype.

- It is spiritual clarity.
- It is the recognition that God has done something in us that we could not do ourselves.

2 Corinthians 1:3–4 reminds us:

*God comforts us so that we can comfort others with the comfort we have received.*

Awakening leads to purpose.

Purpose leads to service.

Service leads to joy.

**Key Idea:** A spiritual awakening is God opening our eyes so we can open our hearts to others.

### Reflection:

- What has God awakened in you through these steps?

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- How has God comforted you in ways that now equip you to comfort others?

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## 2. STEP 12 CALLS US TO CARRY THE MESSAGE

Carrying the message is not about preaching.

- It is about presence.
- It is about compassion.
- It is about showing up for the struggler, the newcomer, the one still in the storm.

Galatians 6:1–2 calls us to restore gently,

- to walk humbly,
- to carry burdens with tenderness and grace.

This is sponsorship.

This is service.

This is love in motion.

We carry the message by:

- Sharing our story
- Offering hope
- Listening without judgment
- Walking with someone through their pain
- Being the hands and feet of Jesus

**Key Idea:** Carrying the message means letting your healing become someone else’s hope.

### Reflection:

- Who in your life needs encouragement, support, or presence?

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- What part of your story might help someone else?

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### 3. STEP 12 TURNS OUR HEALING INTO SERVICE

God never wastes a wound.

- He redeems it.
- He transforms it.
- And then He uses it.

Your story becomes someone else’s survival guide.

Your healing becomes someone else’s hope.

Your testimony becomes someone else’s turning point.

Service is not about being strong.

- It is about being willing.
- It is about letting God use your life — not because you are perfect, but because you are available.

Matthew 5:16 says:

*“Let your light shine before others, that they may see your good deeds and glorify your Father in heaven.”*

Service is worship.

Service is gratitude.

Service is the natural overflow of a transformed heart.

**Key Idea:** God works through healed people to heal people.

**Reflection:**

- Where has God healed you in ways that could bless others?

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- What fears or hesitations do you feel about serving?

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## 4. STEP 12 IS A DAILY WAY OF LIVING

Step 12 is not a moment — it is a lifestyle.

It is practicing these principles in all our affairs:

- Humility
- Honesty
- Compassion
- Service
- Surrender
- Prayer
- Love

When we live this way:

- God strengthens what was weak
- God restores what was broken
- God multiplies what we give
- God uses our lives to bring comfort and hope
- God shines through us in ways we never expected

Step 12 is the ongoing rhythm of a transformed life —

- a life awakened,
- a life surrendered,
- a life poured out for others.

**Key Idea:** Step 12 is God’s work in you becoming God’s work through you.

### Reflection:

- What does living Step 12 daily look like for you?

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- Where do you sense God inviting you to grow in service or compassion?

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**GROUP DISCUSSION QUESTIONS:**

1. What does “spiritual awakening” mean to you?

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2. Who has carried your burdens, and how has that shaped you?

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3. How do Galatians 6:1–2 and 2 Corinthians 1:3–4 speak to your journey?

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4. Where do you sense God calling you to serve or show up?

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5. What does practicing these principles in all your affairs look like?

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**PRACTICAL NEXT STEPS:**

- Reach out to someone who is struggling and offer support
- Share a part of your story with someone who needs hope
- Pray for God to show you who to serve this week
- Practice one act of quiet, humble service each day
- Write down one way God used you to comfort or encourage someone

**CLOSING PRAYER**

Father, thank You for awakening my heart.

Thank You for the comfort, healing, and hope You have poured into my life.

Now use me to carry that same comfort to others.

Make me gentle, compassionate, and willing.

Let my story bring hope.

Let my life shine with Your love.

Let Your work in me become Your work through me.

I am available.

I am willing.

Send me.

Amen.