



AL UMMAH MEDICAL CARE FOUNDATION

1 TUKUR ROAD, KABALAN DOKI KADUNA

PROFILE

Mobile; 08037865771, 08062512203 Email: info.alummahmch@gmail.com



CARE FOUNDATION

WHO ARE WE?

Al Ummah Medical Care Foundation tries to bring back our traditional model of Community health care in Nigeria. D iseases unfold differently in various communities according to social conditions. Our goal is to counteract the effects of poverty such as stress, anger and anxiety on general well being.

Al Ummah Medical Care Foundation made a beginning with As-Sabil Dispensary Clinic in 2010 under the aegis of Sabil International Charity Foundation. We metamorphosed into Al Ummah Medical Foundation in 2014 and have since been providing health care services to Kabalan Dokin Community and its environs in Kaduna State.

For at least 14years now, we have been providing medical services at subsidized rate, first aid treatment, women and children primary health care, antenatal care and family planning. We are committed to the shared purpose of ensuring that communities live under conditions that promote healthy living through our CLEAN HOUSE COMPETITION/ GASAR TSAPTA, encouraging families to participate in immunization for children, general advice on healthy living and personal hygiene We as well build community health capacity by providing scholarship program for Diploma in Community Health Care at Islamic Foundation College Tudun wada Kaduna.

OUR VISION

Health equality for a productive society



OUR MISSION

In line with the literal meaning of Al Ummah i.e. community, our mission is to promote and protect primary health care and provide social services to our local population.



Our Objectives and Strategies

We are committed to the following objectives and strategies

Objectives

- □By the year 2025, establish three more well equipped and functional health facilities in communities with poor health access.
- ☐By the year 2025, increase by 50% the percentage of children, two years of age, that are appropriately immunized (childhood immunization).

Objectives

- □By the year 2025, decrease by 30% the percentage of newborns with low birth weight (infant mortality) in our community
- □By the year 2025, increase by 40% the percentage of local residents especially the women and children who have a specific source of ongoing health care (overall access to health care).

Strategies

- ✓ Enhance community participation in primary health care and ownership
- ✓ Providing employment opportunities for the locals through our health facility
- ✓ Encouraging healthy living and environmental sanitation through medical outreach and competitions.
- ✓ Educate women and children on health and wellbeing.
- ✓Increase self confidence by bringing people together

Environmental Context



According to UNICEF, Nigeria's 40 million women of childbearing age suffer a disproportionally high level of health issues surrounding birth. Infant mortality currently stands at 69 per 1,000 live births while more than half of the under-five deaths -64 per cent result from malaria, pneumonia or diarrhea. As troubling as these statistics are, a closer look at our communities would reveal a grimmer picture. This is worsened by the fact that our communities today are faced with the problems of depressed local economy creating problems of rising level of poverty and ability to access basic health services.

The most common ailments in African children such as malaria, chest infection, diarrhea are often treated with off counter medications. Pregnant women need antenatal care to deliver safely, but all this is beyond the reach of so many in our society simply because they cannot afford to go to hospital or buy the medication in their local chemist. Another common danger is the pervasive abuse of medication whereby people just walk into pharmacies and ask for any type of medication without seeing a doctor or a health worker.

Al Ummah Medical Care Foundation was borne out of the quest to change the narrative having realized that we cannot keep kicking the can down the road. The foundation therefore takes up the cause to bring back the communal model of health care we used to have in our society hence the name Al-Ummah (Community) whereby we all work together and collaborate for our collective well being. The foundation made a wide stride in 2014 by establishing primary health care facility at Kabalan Doki.

Kabalan Doki is a relatively poor semi-urban area within Kaduna North Local Government Area. The community is situated between Gamji Park and Kaduna State Police College. It is small but highly populated with the landscape speckled with cramped mostly "room and parlour' type of homes. The small roads in the community lack drainage system and regular sanitation. This kind of environment bears a high risk of malaria outbreak, diarrhea, skin infections and the likes, especially among young children. But remarkably the people of Kabalan Doki are full of life and potentials which can only be harnessed with proper health care. That's what we are currently doing and planning to replicate in other communities to improve access to health services for everyone.



Our Framework of Action

Collaborative planning through community participation in primary health care and ownership and building capacity by providing scholarship in community health for young people.

Collaborative planning & building Capacity Eliminating/ Early reducing lack of Detection access to basic health care and Of Breast health disparities Cancer **AL UMMAH** MEDICAL CARE **FOUNDATION** Community Widespread Engagement behavior & Change change

Our health practitioner are trained in teaching self examination, informations for early detection of breast cancer. Advocacy for HPV vaccination in our communities.

Community engagement and change action such as "CLEAN HOUSE COMPETITION/ GASAR TSAPTA" a monthly competition that

TSAPTA" a monthly competition that encourages the people to clean their immediate environment introduced in 2013.

Widespread behavior change in healthy living

Eliminating lack of access to basic health care especially for women and children through our antenatal and women and children health care.

Al Ummah Dispensary

Opening Hours

Number of Staff

Monday – Thursday 10:00am -5: 00pm

Saturday/ Sunday 10:00am – 2: 00pm

Nurses 2
Office Secretary 1
Midwife 1

COMMUNITY PARTICIPATION IN PRIMARY HEALTH CARE

Most people in urban areas come from rural areas in search of better opportunities. Traditionally in Nigeria, village life fosters a better sense of community where it is said that it takes a community to raise a child. We have lost this sense of belonging and togetherness in urban areas where every man or woman is on their own. Al Ummah Medical Care Foundation embodies a reinvigoration of our traditional community values and it has become part of the community it serves. We provide employment for the community by sourcing our staff from the locals of the area, which helps create trust and job satisfaction. In the past seven years that we have provided health care services to the people of Kabalan Doki it has become apparent the community appreciates and values our presence so much so that our members of staff and other members of the community in many occasions have made significant contributions towards the sustainability of our clinic.



Our Services

- o Medication at subsized rate
- o Women and Children
 - Primary Healthcare
- o First aid treatment
- o Family Planning
- o Antenatal for up to 36 weeks
- o Referral to other hospitals
- o Linking with IEC

Medication at Subsidized Rate

Al Ummah Clinic provides low cost brand prescription medications for minor illnesses after consultation with our health workers. The average households in Kabala living from hand to mouth can easily fall into poverty when there is a minor ailment in the family. With this medication at subsidized rate, Al Ummah has been serving as beacon of hope for the less privileged families in this area and we have covered more than 3,000 households in the past 14 years.



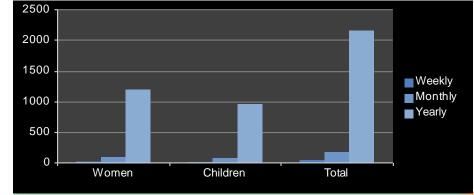
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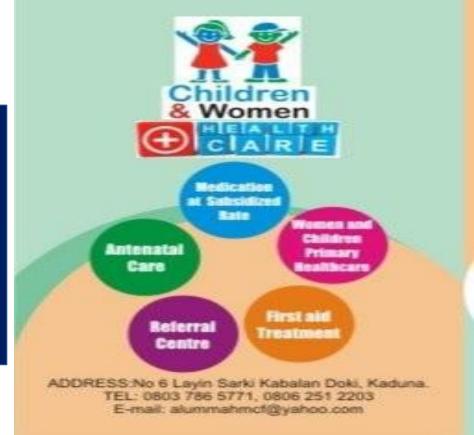
Women and Children Primary

	Weekly	Monthly	Yearly	
Women	30	120	1440	
Children	45	180	2160	
Total	80	300	3600	

We attend to about 30 women on average a week for ailments ranging from infections, diarrhoea, malaria typhoid and pre existing diseases such as diabetes and hypertension. Sometimes, we are presented with social problems that we refer to appropriate authority.

CHILDREN often present minor ailments like teething fever, diarrhoea, malaria infections and minor accidents. Our community health workers also give information on vaccinations and signs of infectious diseases.





Family Planning & Antenatal Care up to 36 Weeks

Al Ummah Clinic provides safety net for women in the community who cannot afford family planning and safe antenatal care. Language communication for cultural and religious norms is our hallmark in family plan with emphasis on spacing for a healthy family.

Our CHW can identify pregnant women in the community and improve uptake of ANC. This gives opportunity to prevent or diagnose conditions that can lead to complicated pregnancies.

During our weekly Antenatal Care, our midwife examines and advises on the wellbeing of both mother and child.

We also make referral for HIV testing to prevent transmission from mother to child.

Family Planning Medication

Depo Injection Noristarant Injection Mistporsit



Al Ummah Baby Boy One of many whose mother attended antenatal at our clinic in kabala.



5 &6

Referral to other Hospitals and Linking with IEC

Al Ummah links up with communication activities and intervention programs organized by government and international organizations to enforce health related behaviour in targeted communities.

Example of such programs include:

- □ Future Assured Malnutrition Program by Her Excellency, Hajia Aisha Muhammad Buhari in 2016.
- □International Midwife Day Workshop organized by Wellbeing Foundation.
- □Infromation, Education and Communication Materials from National Primary health Care Agency.

Some of our Past Programs

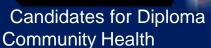


A Photo Session with the Guest Speak



healthy living and exercise 2016...







Clinic Day and Mosquito Net Distribution

Pictures from the Annual Awareness Talk 2021





The Guest Speaker, Dr. Ndanusa and the Kaduna State Commissioner for Health, Dr. Amina Beloni



Attendees at the event



AL UMMAH In the News

Al-Ummah Medical Care Annual Health Talk: Kaduna Health Commissioner stresses need to keep to COVID-19 protocols Published by Kamal Ololade Ahmed on The Shield Online

- Kaduna State Commissioner For Health, Dr. Amina Baloni has stressed the need to keep to the COVID-19 health protocols. She spoke at the Al-Ummah Medical Care Annual Health Talk which drew participants from the Kabala Doki community in Kaduna State and beyond.
- Dr. Baloni emphasized that Covid-19 is deadly because some people may not show any symptom and it mostly affects people with underlying sicknesses such as hypertensive and diabetic patients. While addressing common misconceptions about the virus the commissioner said, "Most people are saying Coronavirus is not a poor man's disease, it's for the rich. About 10,000 people have been infected in Kaduna State and almost 72 people dead. Someone might say the death of 70 people from 9 million is nothing, not until your family is affected before you know that losing a single life is painful."
- The Commissioner also stressed that what the health authorities have advised does not go against the religion. According to her, following the Qur'an and Sunnah, we are to stay where we are when there is disease outbreak. She therefore enjoined everyone to always put on the face mask, avoid social gatherings and stay indoors when having cold or fever.
- "Anybody that sees what is happening in India will know it is a very dangerous and disheartening situation. No more space in the hospitals, no drugs and no burial grounds. What is more disturbing than to see a dead body without a place to bury it?! So, I'm pleading we should be cautious and pray to the Almighty," she said.
- In his vote of thanks, the head of the Kabala Doki community appreciated the commissioner for her kind words and for taking out time from her tight schedule to grace the occasion. He intimated the Commissioner on the impacts Al- Ummah Medical Care Clinic has had on the community providing medication at subsidized rate, free antenatal care, girl child education scholarship and promoting environmental sanitation.
- He therefore appealed to her to give all necessary supports to the foundation in upgrading its clinic and improving the quality of its services.

Al Ummah Organic Gardening Project

Alummah Organic Garden Training

Having realized the health dangers associated with genetically modified seeds and animals as well as indiscriminate use of chemical fertilizers, Alummah Medical Care Foundation introduced organic garden training project in December 2021. The project is aimed at teaching youths a safe way of producing food and sustainable land use.

This project does not only empower young people in the community but also correct the widely held notion that organic farming cannot feed the large population we have in Nigeria.

√ Area of focus:

Community vegetable
Garden (Organic)

✓ Duration of training: 3 months

20 candidates were trained in all, 10 each in two cohorts.



More Pictures from the Organic Garden



Social Impact

Snapshot of Attendance in the First Quarter of 2019

Total Attendance

Male					Female								
Age Brack.	0-28 day s	29d - 11 m	12 m-5 9m	5-9 yrs	10-19 yrs	20 and above	0-28 day	29d-1 1m	12m- 59m	5-9yrs	10-19yr s	20 and above	Total
Jan.	4	15	20	35	20	-	5	15	20	30	15	11	190
Feb.	5	20	35	10	15	10	5	20	35	20	10	15	201
Mar.	6	20	20	20	10	10	25	25	25	25	15	20	206
Apr.	10	20	30	15	10	10	10	20	30	12	16	5	182
Total	25	75	105	80	55	30	45	80	110	87	56	51	779

Social Impacts II

Snapshot of Services Carried out in 2019

Antenatal Attendance

About 350
Antenatal
Attendance in 2019

Family Planning

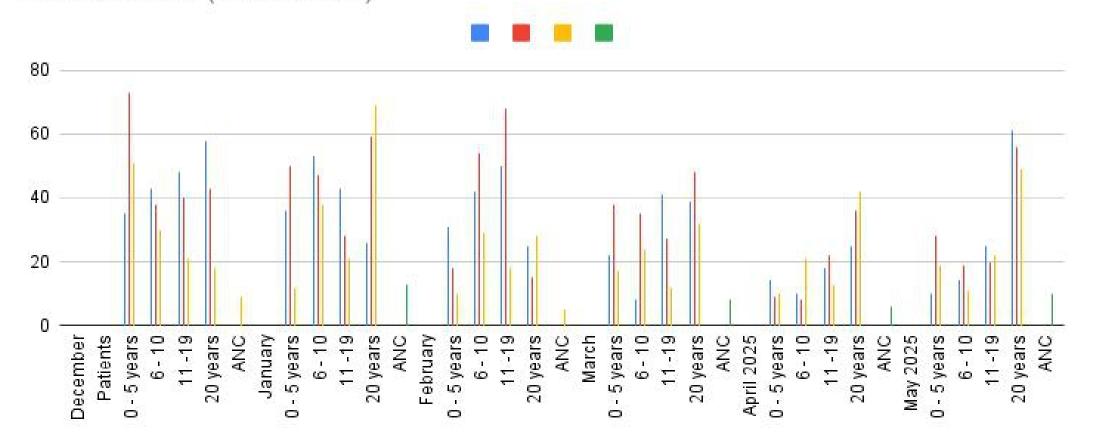
About 327
Clients were
counselled on
Family Planning
in 2019 alone

Laboratory

An Average of 585 laboratory tests were carried out ANC on Anemia, Proteinuria, HIV Rapid Antibody test and others

A CHART SHOWING SIX MONTHS ATTENDANCE BASIC HEALTH CARE CLINIC IN 2024

Al-Ummah Medical care Foundation 1 Tukur road Kabalan Doki, Kaduna. Record of attendance (6 MONTHS)



Maintenance & Running Cost

Average Monthly Running Cost

Medication	N200,000
Staff Salary	Ф
Midwife	N40,000
Electric Bill	N20,000
Others	N30,000
Total	N410,000

Maintenance of Dispensary Clinic

Monthly Purchase of Medication	
Monthly payment of Utility Bill	
Monthly and Weekly Payment of Staff	
Purchase of furniture and Equipment	
Family Planning Resources	
Collection of #200 per patients	

Official **Documents**



REGISTRATION NUMBER 72630 The Registrar - General of Corporate Affairs Commission

hereby certifies that

The Trustees of AL-UMMAH MEDICALCARE FOUNDATION incorporated on the day of October, 2014 have been changed by resolution dated 1st day of March, 2023 a

BAWA DANLAMI, BINTA JAAFAR, RAMATU MAGAJI, ZUBAIDA ABUBAKA UMMA YAR'ADUA, MUSA AISHA, MUSA ABBA, ALIYU JA'AFARU

Given under my hand at Abuja this 2nd day of March, 2023



A. G. Abubakar Registrar - General





TCC NO : 225364879270

OFFICE

MSTO CENTRAL AREA

: AL-UMMAH MEDICAL CARE

FOUNDATION : 72630 : 2014-10-02 20061679-0001

TIN FIRS ID : 2501110139270

: NO 1 PARIYA ROAD UNGUWAN RIMI. Business Address

Business Status : Yet To Commence Business

This is to certify that the above named company has rendered Income Tax, Value Added Tax, Information Technology Development Levy, Education Tax, as well as other tax returns and paid the assessed taxes in accordance with the relevant tax laws for all years including the past three assessment years as detailed hereunder.

	Assessment Year 2022	Assessment Year 2023	Assessment Year 2024
Revenue	NGN 0.00	NGN 0.00	NGN 0.00
Assessible Profit/Loss	NGN 0.00	NGN 0.00	NGN 0.00
Total Profit	NGN 0.00	NGN 0.00	NGN 0.00
Tax Payable	NGN 0.00	NGN 0.00	NGN 0.00
Tax Outstanding (If Any)	NGN 0 00	MGN 0 00	NGN 0 00

Source of Income Other Comments

TAX CLEARANCE

Name of Company

Date of Incorporatio

: Other personal service activities n.e.c.

This Certificate Expires on



JANADA OJORA Tax Controller

Name & Rank of Approving Officer

Disclaimer: The issuance of this Tax Clearance Certificate is based on self-assessment and compliance declarations by the Taxpayer. It does not preclude the service from conducting future audits or investigations that may result in additional tax assessments where under-declarations, omissions, or insistatements are identified.



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